

Commonwealth of Pennsylvania
Department of Human Services
Office of Mental Health and Substance Abuse Services
2021 External Quality Review Report
Beacon Health Options of Pennsylvania

April 2022



Corporate Headquarters 1979 Marcus Avenue Lake Success, NY 11042-1072 (516) 326-7767 ipro.org ISO 9001:2015 CERTIFIED

Table of Contents

Introduction	4
Overview	4
Objectives	4
I: Validation of Performance Improvement Projects	6
Objectives	6
Technical Methods of Data Collection and Analysis	7
Findings	8
II: Validation of Performance Measures	9
Objectives	9
Technical Methods of Data Collection and Analysis	12
Conclusions and Comparative Findings	14
Recommendations	28
III: Compliance with Medicaid Managed Care Regulations	30
Objectives	30
Description of Data Obtained	31
Determination of Compliance	33
Findings	33
IV: Validation of Network Adequacy	37
Objectives	37
Description of Data Obtained	37
Findings	37
V: Quality Studies	39
Objectives	39
Description of Data Obtained	
Findings	39
V: 2020 Opportunities for Improvement – MCO Response	42
Current and Proposed Interventions	
Quality Improvement Plan for Partial and Non-compliant PEPS Standards	
Root Cause Analysis and Quality Improvement Plan	
VII: 2021 Strengths, Opportunities for Improvement and Recommendations	
Strengths	
Opportunities for Improvement	77
Assessment of Quality, Timeliness, and Access	77
VIII: Summary of Activities	
Performance Improvement Projects	80
Performance Measures	
Structure and Operations Standards	
Quality Studies	
2020 Opportunities for Improvement MCO Response	80
2021 Strengths and Opportunities for Improvement	
References	
Appendices	
Appendix A. Required PEPS Substandards Pertinent to BBA Regulations	
Appendix B. OMHSAS-Specific PEPS Substandards	
Appendix C: Program Evaluation Performance Summary: OMHSAS-Specific Substandards for BHO Counties	92

List of Tables and Figures

Table 2.1: MY 2020 HEDIS FUH 7- and 30-Day Follow-Up Indicators (18–64 Years)	15
Figure 2.1: MY 2020 HEDIS FUH 7- and 30-Day Follow-Up Rates (18–64 Years)	16
Figure 2.2: Statistically Significant Differences in BHO Contractor MY 2020 HEDIS FUH Rates (18–64 Years)	17
Table 2.2: MY 2020 HEDIS FUH 7- and 30-Day Follow-Up Indicators (All Ages)	18
Figure 2.3: MY 2020 HEDIS FUH 7- and 30-Day Follow-Up Rates (All Ages)	19
Figure 2.4: Statistically Significant Differences in BHO Contractor MY 2020 HEDIS FUH Rates (All Ages)	20
Table 2.3: MY 2020 HEDIS FUH 7- and 30-Day Follow-Up Indicators (6–17 Years)	21
Figure 2.5: MY 2020 HEDIS FUH 7- and 30-Day Follow-Up Rates (6–17 Years)	22
Figure 2.6: Statistically Significant Differences in BHO Contractor MY 2020 HEDIS FUH Rates (6–17 Years)	23
Table 2.4: MY 2020 PA-Specific FUH 7- and 30-Day Follow-Up Indicators (All Ages)	24
Figure 2.7: MY 2020 PA-Specific FUH 7- and 30-Day Follow-Up Rates (All Ages)	25
Figure 2.8: Statistically Significant Differences in BHO Contractor MY 2020 PA-Specific FUH Follow-Up Rates (All Ag	
Table 2.5: MY 2020 REA Readmission Indicators	
Figure 2.9: MY 2020 REA Readmission Rates for BHO Primary Contractors.	27
Figure 2.10: Statistically Significant Differences in BHO Contractor MY 2020 REA Readmission Rates (All Ages)	28
Table 3.1: BHO HealthChoices Oversight Entities, Primary Contractors and Counties	
Table 3.2: Tally of Substandards Pertinent to BBA Regulations Reviewed for BHO	32
Table 3.3: Compliance with Standards, Including Enrollee Rights and Protections	33
Table 3.4: Compliance with Quality Assessment and Performance Improvement Program	35
Table 3.5: Compliance with Grievance System	36
Table 4.1: Compliance with Standards Related to Network Adequacy	38
Table 5.1: ICWC Quality Performance Compared to Targets and National Benchmarks	
Table 6.1: BHO Responses to Opportunities for Improvement	43
Table 6.2: BHO RCA and QIP for the FUH 7-Day Measure (All Ages)	
Table 6.3: BHO RCA and QIP for the FUH 30-Day Measure (All Ages)	66
Table A.1: Required PEPS Substandards Pertinent to BBA Regulations	83
Table B.1: OMHSAS-Specific PEPS Substandards	
Table C.1: Tally of OMHSAS-Specific Substandards Reviewed for BHO	92
Table C.2: OMHSAS-Specific Requirements Relating to Care Management	93
Table C.3: OMHSAS-Specific Requirements Relating to Complaints and Grievances	
Table C.4: OMHSAS-Specific Requirements Relating to Denials	
Table C.5: OMHSAS-Specific Requirements Relating to Executive Management	
Table C.6: OMHSAS-Specific Requirements Relating to Enrollee Satisfaction	

Healthcare Effectiveness Data and Information Set (HEDIS®) is a registered trademark of the National Committee for Quality Assurance (NCQA). The HEDIS Quality Compass® is a trademark of the NCQA. Tableau® is a registered trademark of Tableau Software.

Introduction

The final rule of the Balanced Budget Act (BBA) of 1997 requires that state agencies contract with an External Quality Review Organization (EQRO) to conduct an annual external quality review (EQR) of the services provided by contracted Medicaid Managed Care Plans (MCOs).¹ This EQR must include an analysis and evaluation of aggregated information on quality, timeliness and access to the health care services that an MCO furnishes to Medicaid recipients.

The PA Department of Human Services (DHS) Office of Mental Health and Substance Abuse Services (OMHSAS) contracted with IPRO as its EQRO to conduct the 2021 EQRs for HealthChoices (HC) Behavioral Health MCOs (BH-MCOs) and to prepare the technical reports. The subject of this report is one HC BH-MCO: Beacon Health Options of Pennsylvania (BHO). Subsequent references to MCO in this report refer specifically to this HC BH-MCO.

Overview

HealthChoices (HC) Behavioral Health (BH) is the mandatory managed care program which provides Medical Assistance recipients with behavioral health services in the Commonwealth of Pennsylvania (PA). OMHSAS determined that the county governments would be offered the right of first opportunity to enter into capitated agreements with the Commonwealth for the administration of the HealthChoices Behavioral Health (HC BH) Program. In such cases, the Department holds the HC BH Program Standards and Requirements (PS&R) Agreement with the HC BH Contractors, referred to in this report as "Primary Contractors." Primary Contractors, in turn, subcontract with a private-sector BH-MCO to manage the HC BH Program. Forty-three (43) of the 67 counties have signed agreements using the right of first opportunity and have subcontracted with a BH-MCO. Twenty-four (24) counties have elected not to enter into a capitated agreement and, as such, the DHS/OMHSAS holds agreements directly with two BH-MCOs to directly manage the HC BH Program in those counties.

In the interest of operational efficiency, numerous counties have come together to create HealthChoices Oversight Entities that coordinate the Primary Contractors while providing an oversight function of the BH-MCOs. In some cases, the HealthChoices Oversight Entity is the Primary Contractor and, in other cases, multiple Primary Contractors contract with a HealthChoices Oversight Entity to manage their HealthChoices Behavioral Health Program. In the BHO managed care network, Beaver, Fayette, and the Southwest Six counties (comprising Armstrong, Butler, Indiana, Lawrence, Washington, and Westmoreland Counties) hold contracts with BHO. The Oversight Entity for the Southwest Six counties is Southwest Behavioral Health Management, Inc. Northwest Behavioral Health Partnership, Inc. ([NWBHP] comprising Crawford, Mercer, and Venango Counties), also holds a contract with BHO. The Department contracts directly with BHO to manage the HC BH program for Greene County.

Objectives

The EQR-related activities that must be included in the detailed technical reports are as follows:

- validation of performance improvement projects
- validation of MCO performance measures
- review to determine plan compliance with structure and operations standards established by the State (42 Code of Federal Regulations [CFR] 438.358), and
- validation of MCO network adequacy

Scope of EQR Activities

In accordance with the updates to the CMS EQRO Protocols released in late 2019², this technical report includes seven core sections:

- I. Validation of Performance Improvement Projects
- II. Validation of Performance Measures
- III. Review of Compliance with Medicaid Managed Care Regulations
- IV. Validation of Network Adequacy
- V. Quality Studies
- VI. 2020 Opportunities for Improvement MCO Response
- VII. 2021 Strengths and Opportunities for Improvement
- VIII. Summary of Activities

For the MCO, information for Sections II and III of this report is derived from IPRO's validation of the MCO's performance improvement projects (PIPs) and performance measure (PM) submissions. The PM validation, as conducted by IPRO, included a repeated measurement of two PMs: Follow-up After Hospitalization for Mental Illness, and Readmission Within 30 Days of Inpatient Psychiatric Discharge. The information for compliance with Medicaid Managed Care Regulations in Section III of the report is derived from monitoring and reviews conducted by OMHSAS, as well as the oversight functions of the Primary Contractor against the Commonwealth's Program Evaluation Performance Summary (PEPS) Review Application and/or Readiness Assessment Instrument (RAI), as applicable. Section IV discusses the validation of MCO network adequacy in relation to existing Federal and State standards that are covered in the Review of Compliance with Medicaid Managed Care Regulations, Section III. Section V discusses the Quality Study for the Certified Community Behavioral Health Clinic federal demonstration and the Integrated Community Wellness Centers program. Section VI, 2020 Opportunities for Improvement – MCO Response, includes the MCO's responses to opportunities for improvement noted in the 2020 (MY 2019) EQR Technical Report and presents the degree to which the MCO addressed each opportunity for improvement. Section VII includes a summary of the MCO's strengths and opportunities for improvement for this review period (MY 2020), as determined by IPRO, and a "report card" of the MCO's performance as related to the quality indicators (QIs) included in the EQR evaluation for HC BH Quality Performance of the MCO. Lastly, Section VIII provides a summary of EQR activities for the MCO for this review period, an appendix that includes crosswalks of PEPS standards to pertinent BBA regulations and to OMHSAS-specific PEPS substandards, as well as results of the PEPS review for OMHSASspecific standards, followed by a list of literature references cited in this report.

I: Validation of Performance Improvement Projects

Objectives

Title 42 CFR § 438.330(d) establishes that state agencies require contracted MCOs to conduct PIPs that focus on both clinical and non-clinical areas. According to the CMS, the purpose of a PIP is to assess and improve the processes and outcomes of health care provided by an MCO.

In accordance with current BBA regulations, IPRO validates at least one performance improvement project (PIP) for the MCO. Under the existing HC BH agreement with OMHSAS, Primary Contractors, along with the responsible subcontracted entities (i.e., MCOs), are required to conduct a minimum of two focused studies per year. The Primary Contractors and MCOs are required to implement improvement actions and to conduct follow-up, including, but not limited to, subsequent studies or remeasurement of previous studies in order to demonstrate improvement or the need for further action.

CY 2021 saw the initial implementation stage of the new PIP project. During this stage, the PIP project was renamed "Prevention, Early Detection, Treatment, and Recovery (PEDTAR) for Substance Use Disorders" (SUD) in accordance with feedback received by the BH-MCOs and Primary Contractors during the first year of the PIP. The MCOs submitted their recalculated baselines which allowed for any recalibration of their measures and subsequent interventions as needed.

The Aim Statement for this PIP remained: "Significantly slow (and eventually stop) the growth of SUD prevalence among HC members while improving outcomes for those individuals with SUD, and also addressing racial and ethnic health disparities through a systematic and person-centered approach."

OMHSAS kept three common (for all MCOs) clinical objectives and one non-clinical population health objective:

- 1. Increase access to appropriate screening, referral, and treatment for members with an Opioid and/or other SUD;
- 2. Improve retention in treatment for members with an Opioid and/or other SUD diagnosis;
- 3. Increase concurrent use of Drug & Alcohol counseling in conjunction with Pharmacotherapy (Medication-Assisted Treatment); and
- 4. Develop a population-based prevention strategy with a minimum of at least two activities across the MCO/HC BH Contracting networks. The two "activities" may fall under a single intervention or may compose two distinct interventions. Note that while the emphasis here is on population-based strategies, this non-clinical objective should be interpreted within the PIP lens to potentially include interventions that target or collaborate with providers and health care systems in support of a specific population (SUD) health objective.

Additionally, OMHSAS identified the following core performance indicators for the PEDTAR PIP:

- 1. Follow-Up After High-Intensity Care for Substance Use Disorder (FUI) This Healthcare Effectiveness Data and Information Set (HEDIS®) measure measures "the percentage of acute inpatient hospitalizations, residential treatment or detoxification visits for a diagnosis of substance use disorder among members 13 years of age and older that result in a follow-up visit or service for substance use disorder." It contains two submeasures: continuity of care within 7 days, and continuity of care within 30 days of the index discharge or visit.
- 2. Substance Use Disorder-Related Avoidable Readmissions (SAR) This is a PA-specific measure that measures avoidable readmissions for HC members 13 years of age and older discharged from detox, inpatient rehab, or residential services with an alcohol and other drug dependence (AOD) primary diagnosis. The measure proposes to require 30 days of continuous enrollment (from the index discharge date) in the plan's HC program. The measure will measure discharges, not individuals (starting from Day 1 of the MY, if multiple qualifying discharges within any 30-day period, only the earliest discharge is counted in the denominator). The SUD avoidable readmissions submeasure is intended here to complement FUI and recognizes that appropriate levels of care for individuals with SUD will depend on the particular circumstances and conditions of the individual. Therefore, for this submeasure, "avoidable readmission" will include detox episodes only.
- 3. Mental Health-Related Avoidable Readmissions (MHR) This PA-specific measure will use the same denominator as SAR. The measure recognizes the high comorbidity rates of MH conditions among SUD members and is designed to assess screening, detection, early intervention, and treatment for MH conditions before they reach a critical stage. For this measure, "readmission" will be defined as any acute inpatient admission with a primary MH diagnosis, as

defined by the PA-specific FUH measure, occurring within 30 days of a qualifying discharge from AOD detox, inpatient rehab, or residential services.

- 4. Medication-Assisted Treatment for Opioid Use Disorder (MAT-OUD) This PA-specific performance indicator measures the percentage of HC BH beneficiaries with an active diagnosis of opioid use disorder (OUD) in the measurement period who received both BH counseling services as well as pharmacotherapy for their OUD during the measurement period. This PA-specific measure is based on a CMS measure of "the percentage of Medicaid beneficiaries ages 18–64 with an OUD who filled a prescription for or were administered or dispensed an FDA-approved medication for the disorder during the measure year." This measure will be adapted to include members age 16 years and older. BH counseling is not necessarily limited to addiction counseling.
- 5. Medication-Assisted Treatment for Alcohol Use Disorder (MAT-AUD) This PA-specific performance indicator measures the percentage of HC BH beneficiaries with an active diagnosis of moderate to severe Alcohol Use Disorder (AUD) in the measurement period who received both BH counseling services as well as pharmacotherapy for their AUD during the measurement period. This PA-specific measure mirrors the logic of MAT-OUD, except for members age 16 years and older with severe or moderate AUD. BH counseling is not necessarily limited to addiction counseling.

MCOs are expected to submit results to IPRO on an annual basis. In addition to running as annual measures, quarterly rates will be used to enable measurement on a frequency that will support continuous monitoring and adjustment by the MCOs and their Primary Contractors.

This PIP project will extend from January 2021 through December 2023, with initial PIP proposals submitted in 2020 and a final report due in September 2024. The report marks the 18th EQR review to include validation of PIPs. With this PIP cycle, all MCOs/Primary Contractors share the same baseline period and timeline.

Technical Methods of Data Collection and Analysis

The MCOs are required by OMHSAS to submit their projects using a standardized PIP template form, which is consistent with CMS protocols. These protocols follow a longitudinal format and capture information relating to:

- Project Topic
- Methodology
- Barrier Analysis, Interventions, and Monitoring
- Results
- Discussion

For the PEDTAR PIP, OMHSAS has designated the Primary Contractors to conduct quarterly PIP review calls with each MCO. The purpose of these calls will be to discuss ongoing monitoring of PIP activity, to discuss the status of implementing planned interventions, and to provide a forum for ongoing technical assistance, as necessary. Plans will be asked to provide up-to-date data on process measures and outcome measures prior to each meeting. Because of the level of detail provided during these meetings, rather than two semiannual submissions, MCOs will submit only one PIP interim report each September starting in 2021.

IPRO's validation of PIP activities is consistent with the protocol issued by CMS⁵ and meets the requirements of the Final Rule on the EQR of Medicaid MCOs. IPRO's review evaluates each project for compliance with the 8 review elements listed below:

- 1. Topic Rationale
- 2. Aim
- 3. Methodology
- 4. Identified Study Population Barrier Analysis
- 5. Robust Interventions
- 6. Results
- 7. Discussion and Validity of Reported Improvement
- 8. Sustainability

The first seven elements relate to the baseline and demonstrable improvement phases of the project. The last element relates to sustaining improvement from the baseline measurement. Each element carries a separate weight. Scoring for each element is based on full, partial, and non-compliance.

Findings

The MCO successfully submitted a PEDTAR PIP proposal in the fall of 2020 based on an initial baseline period of July 1, 2019, through June 30, 2020. Implementation began in early 2021. The MCO subsequently resubmitted a revised proposal based on the full CY 2020 data with goals, objectives, and interventions recalibrated as needed. IPRO reviewed all baseline PIP submissions for adherence to PIP design principles and standards, including alignment with the Statewide PIP aims and objectives as well as internal consistency and completeness. Clinical intervention highlights include education and readiness reviews for ASAM criteria implementation, incentivization for concurrent pharmacotherapy and counseling in SUD treatment, and improved treatment option education for members. For its population-based prevention strategy component, BHO is developing a community forum, educational anti-stigma campaign, and Mental Health First Aid community trainings.

II: Validation of Performance Measures

Objectives

In MY 2020, OMHSAS's HealthChoices Quality Program required MCOs to run three performance measures as part of their quality assessment and performance improvement (QAPI) program: the HEDIS Follow-Up After Hospitalization for Mental Illness (FUH), a PA-specific Follow-Up After Hospitalization for Mental Illness, and a PA-specific Readmission Within 30 Days of Inpatient Psychiatric Discharge studies were remeasured in 2020. IPRO validated all three performance measures reported by each MCO for MY 2020 to ensure that the performance measures were implemented to specifications and state reporting requirements (42 C.F.R. § 438.330(b)(2).

Follow-up After Hospitalization for Mental Illness

This performance measure assessed the percentage of discharges for members 6 years of age and older who were hospitalized for treatment of selected mental health disorders, who were seen on an ambulatory basis, or who were in day/night treatment with a mental health provider on the date of discharge up to 7 and 30 days after hospital discharge. The measure continues to be of interest to OMHSAS for the purpose of comparing county, Primary Contractor, and BH-MCO rates to available national benchmarks and to prior years' rates.

Measurement year (MY) 2002 was the first year follow-up rates were reported. Quality Indicator (QI) 1 and QI 2 utilize the HEDIS methodology for this measure. The PA-specific indicators were added to include services with high utilization in the HC BH Program that could not be mapped to any of the standard coding used in the HEDIS measure to identify follow-up office visits. Each year, the QI 1 and QI 2 specifications are aligned with the HEDIS Follow-Up After Mental Health Hospitalization measure. The PA-specific codes that are not included in the HEDIS measure are also reviewed for accuracy on an annual basis.

Typically, HEDIS FUH undergoes annual updates to its specifications. Among the updates in 2020 (MY 2019), the National Committee for Quality Assurance (NCQA) added the following reporting strata for FUH, ages: 6–17, 18–64, and 65 and over. These changes resulted in a change in the reporting of FUH results in this report, which are broken out by ages: 6–17, 18–64, and 6 and over (All Ages).

Measure Selection and Description

In accordance with DHS guidelines, IPRO created the indicator specifications to resemble HEDIS specifications. For each indicator, the criteria specified to identify the eligible population were: product line, age, enrollment, anchor date, and event/diagnosis. To identify the administrative numerator positives, date of service and diagnosis/procedure code criteria were outlined, as well as other specifications as needed. Indicator rates were calculated using only the BH-MCO's data systems to identify numerator positives (i.e., administratively).

This PM assessed the percentage of discharges for members 6 years of age and older who were hospitalized for treatment of selected mental health disorders, who were seen on an ambulatory basis, or who were in day/night treatment with a mental health provider on the date of discharge up to 7 and 30 days after hospital discharge.

There were four separate measurements related to Follow-Up After Hospitalization. All utilized the same denominator but had different numerators.

Eligible Population for HEDIS Follow-Up

The entire eligible population was used for all 25 Primary Contractors participating in the MY 2020 study. Eligible cases were defined as those members in the HC BH Program who met the following criteria:

- Members who had one (or more) hospital discharges from any acute care facility with a discharge date occurring between January 1 and December 1, 2020;
- A principal ICD-9- or ICD-10-CM diagnosis code indicating one of the specified mental health disorders;
- Six (6) years old and over as of the date of discharge; and
- Continuously enrolled from the date of hospital discharge through 30 days after discharge, with no gaps in enrollment.

Members with multiple discharges on or before December 1, 2020, greater than 30 days apart, with a principal diagnosis indicating one of the mental health disorders specified are counted more than once in the eligible population. If a

readmission or direct transfer followed a discharge for one of the selected mental health disorders to an acute mental health facility within 30 days after discharge, only the subsequent discharge is counted in the denominator, as long as the subsequent discharge is on or before December 1, 2020. The methodology for identification of the eligible population for these indicators was consistent with the HEDIS MY 2020 methodology for the Follow-Up After Hospitalization for Mental Illness measure.

HEDIS Follow-Up Indicators

Quality Indicator 1 (QI 1): Follow-Up After Hospitalization for Mental Illness Within 7 Days After Discharge (calculation based on industry standard codes used in HEDIS)

<u>Numerator</u>: An ambulatory visit with a mental health practitioner up to 7 days after hospital discharge with one of the qualifying industry standard ambulatory service codes. The date of service must clearly indicate a qualifying ambulatory visit with a mental health practitioner or day/night treatment with a mental health practitioner.

Quality Indicator 2 (QI 2): Follow-up After Hospitalization for Mental Illness Within 30 Days After Discharge (calculation based on industry standard codes used in HEDIS)

<u>Numerator</u>: An ambulatory visit with a mental health practitioner up to 30 days after hospital discharge with one of the qualifying industry standard ambulatory service codes. The date of service must clearly indicate a qualifying ambulatory visit with a mental health practitioner or day/night treatment with a mental health practitioner.

Eligible Population for PA-Specific Follow-Up

The entire eligible population was used for all 25 Primary Contractors participating in the MY 2020 study. Eligible cases were defined as those members in the HC BH Program who met the following criteria:

- Members who had one (or more) hospital discharges from any acute care facility with a principal diagnosis of mental illness occurring between January 1 and December 2, 2020;
- Six (6) years old and over as of the date of discharge; and
- Continuously enrolled from the date of hospital discharge through 30 days after discharge, with no gaps in enrollment.

Members with multiple discharges on or before December 2, 2020, greater than 30 days apart, with a principal diagnosis indicating one of the mental health disorders specified are counted more than once in the eligible population. If a readmission or direct transfer followed a discharge for one of the selected mental health disorders to an acute mental health facility within 30 days after discharge, only the subsequent discharge is counted in the denominator, as long as the subsequent discharge is on or before December 2, 2020. The PA-specific measure has been adjusted to allow discharges up through December 2, 2020, which allows for the full 30-day follow-up period where same-day follow-up visits may be counted in the numerator.

PA-Specific Follow-Up Indicators

Quality Indicator A (QI A): Follow-Up After Hospitalization for Mental Illness Within 7 Days After Discharge (calculation based on numerator 1 codes and additional PA-specific codes not used in HEDIS)

<u>Numerator</u>: An ambulatory visit with a mental health practitioner or peer support network on the date of discharge or up to 7 days after hospital discharge with one of the qualifying industry standard <u>or</u> one of the PA-specific ambulatory service codes provided. The date of service must clearly indicate a qualifying ambulatory visit with a mental health practitioner or day/night treatment with a mental health practitioner.

Quality Indicator B (QI B): Follow-Up After Hospitalization for Mental Illness Within 30 Days after Discharge (calculation based on numerator 1 codes and additional PA-specific codes not used in HEDIS)

<u>Numerator</u>: An ambulatory visit with a mental health practitioner or peer support network on the date of discharge or up to 30 days after hospital discharge with one of the qualifying industry standard <u>or</u> one of the PA-specific ambulatory service codes provided. The date of service must clearly indicate a qualifying ambulatory visit with a mental health practitioner or day/night treatment with a mental health practitioner.

Quality Indicator Significance

Mental health disorders also contribute to excess mortality from suicide, one of the leading preventable causes of death in the United States. In 2019, an estimated 47.6 million adults aged 18 or older (19.1%) had any mental illness in the past year while an estimated 11.4 million adults in the nation had serious mental illness in the past year, which corresponds to

4.6% of all U.S. adults.⁶ Additionally, patients with schizophrenia or bipolar disorder have elevated rates of preventable medical co-morbidities such as obesity, cardiovascular diseases, and diabetes, partly attributed to the epidemiology of the disorder, antipsychotic prescription patterns, reduced use of preventive services, and substandard medical care that they receive.⁷ Roughly one-third of adults with serious persistent mental illness (SPMI) in any given year did not receive any mental health services, showing a disparity among those with SPMI.⁸ Further research suggests that more than half of those with SPMI did not receive services because they could not afford the cost of care.⁹ Cost of care broke down as follows: 60.8% of patients' related expenses were attributed to loss of earnings, 31.5% were attributed to healthcare expenses, while 7.7% were attributed to payments for disability benefits.¹⁰ For these reasons, timely and appropriate treatment for mental illnesses is essential.

It has long been recognized that continuity of care is critical to positive outcomes and to prevent long-term deterioration in people with severe and persistent mental illness. As noted in *The State of Health Care Quality Report*, appropriate treatment and follow-up care can reduce the duration of disability from mental illnesses and the likelihood of recurrence. An outpatient visit within at least 30 days (ideally, 7 days) of discharge ensures that the patient's transition to home and/or work is supported and that gains made during hospitalization are maintained. These types of contacts specifically allow physicians to ensure medication effectiveness and compliance and to identify complications early on in order to avoid more inappropriate and costly use of hospitals and emergency departments. With the expansion of evidence-based practice in the recent decade, continuity has become a core principle in care delivery and in performance measurement for mental health services. One way to improve continuity of care is to provide greater readiness of aftercare by shortening the time between discharge from the hospital and the first day of outpatient contact.

The difficulty in engaging psychiatric patients after inpatient hospitalization, however, has been a long-standing concern of behavioral health care systems, with some researchers having estimated that 40–60% of patients fail to connect with an outpatient clinician. Over the course of a year, patients who have kept appointments have been shown to have a decreased chance of being re-hospitalized than those who do not follow up with outpatient care.

There are various measures of treatment efficacy, such as service satisfaction, functional status, and health outcomes. Among them, rehospitalization rates continue to be used as a reliable indicator of the effectiveness of inpatient treatment. Inpatient readmission is clearly a step backward in treatment and a costly alternative to effective and efficient ambulatory care. Timely follow-up care, therefore, is an important component of comprehensive care and is an effective means to control the cost and maximize the quality of mental health services. Additionally, mental illness continues to impact the PA population, including those with substance abuse concerns or substance use disorder (SUD). Measuring appropriate care transitions for members with mental illness therefore carries wider implications for the OMHSAS quality area related to SUD prevalence and outcomes.

As noted, timely follow-up after hospitalization for mental illness has been and remains a focus for OMHSAS and results are reviewed for potential trends each year. MY 2020 results will be examined in the context of the COVID-19 pandemic, which has been implicated in rising prevalence of mental illness. ²⁰ While factors such as those outlined in this section may persist and continue to impact follow-up rates, OMHSAS is exploring new and related areas of research as well as the factors that may impact optimal follow-up. OMHSAS will continue to discuss the development of new or enhanced initiatives with the goal of continual improvement of care.

Readmission Within 30 Days of Inpatient Psychiatric Discharge

In addition to Follow-Up After Hospitalization for Mental Illness, OMHSAS elected to retain and remeasure the Readmission Within 30 Days of Inpatient Psychiatric Discharge indicator for this year's EQR. As directed by OMHSAS, IPRO developed the PM for implementation in 2008. Although initiated in 2008, OMHSAS requested that the first study in this area be focused on MY 2006 data. OMHSAS required the BH-MCOs to perform another data collection and remeasurement of the PM for validation soon thereafter for MY 2007, and then for MY 2008. Remeasurements were conducted in 2010, 2011, and 2012 on MY 2009, 2010, and 2011 data, respectively. The MY 2020 study conducted in 2021 was the 12th remeasurement of this indicator. Four clarifications were made to the specifications for MY 2013. If a member was known to have multiple member IDs in the measurement year, BH-MCOs were required to combine the eligibility and claims data into a single ID prior to producing the data. BH-MCOs were reminded that denied claims must be included in this measure, and that they must use the original procedure and revenue code submitted on the claim.

Finally, clarification was issued on how to distinguish between a same-day readmission and a transfer to another acute facility. As with the Follow-Up After Hospitalization for Mental Illness measure, the rate provided are aggregated at the HC BH (Statewide) level for MY 2020. This measure continued to be of interest to OMHSAS for the purposes of comparing Primary Contractor and BH-MCO rates to the OMHSAS performance goal and to prior rates.

This study examined behavioral health services provided to members participating in the HC BH Program. For the indicator, the criteria specified to identify the eligible population were product line, age, enrollment, anchor date, and event/diagnosis. In order to identify the administrative numerator-positives, the date-of-service, and diagnosis/procedure code criteria were outlined, as well as were other specifications as needed. This measure's calculation was based on administrative data only.

This PM assessed the percentage of discharges for enrollees from inpatient acute psychiatric care that were followed by an inpatient acute psychiatric care readmission within 30 days of the previous discharge.

Eligible Population

The entire eligible population was used for all 67 counties and 25 Primary Contractors participating in the MY 2020 study. Eligible cases were defined as those members in the HC BH Program who met the following criteria:

- Members with one or more hospital discharges from any inpatient acute psychiatric care facility with a discharge date occurring between January 1 and December 2, 2020;
- A principal ICD-9- or ICD-10-CM diagnosis code indicating one of the specified mental health disorders;
- Enrolled on date of discharge from the first hospitalization event and on the date of admission of the second discharge event; and
- The claim was clearly identified as a discharge.

The numerator comprised members who were readmitted to inpatient acute psychiatric care within 30 days of the previous inpatient psychiatric discharge. One significant change to this specification is the extension of the end date for discharges from December 1st to December 2nd to accommodate the full 30 days before the end of the measurement year.

Technical Methods of Data Collection and Analysis

A cross-sectional quality improvement study design was employed. The source for all information was administrative data provided to IPRO by the BH-MCOs for each Primary Contractor participating in the current study. The source for all administrative data was the BH-MCOs' transactional claims systems. Each BH-MCO was also required to submit the follow-up rates calculated for the four indicators, along with their data files for validation purposes. The BH-MCOs were given the opportunity for resubmission, as necessary.

Performance Goals

At the conclusion of the validation process for MY 2011, OMHSAS began re-examination of the benchmarks. This discussion was based on several years of performance data from this measure, as well as the comparisons to the HEDIS percentiles. As a result of this discussion, OMHSAS adopted HEDIS percentiles as the goals for the HEDIS follow-up indicators. In 2020 (MY 2019), in part to better account for the growing population of members 65 years old and older, OMHSAS changed its benchmarking to the FUH All Ages (6+ years old) measure. OMHSAS established a 3-year goal for the State to meet or exceed the 75th percentile for the All Ages measure, based on the annual HEDIS Quality Compass® published percentiles for 7-day and 30-day FUH. This change in 2020 also coincided with a more proactive approach to goal-setting. BH-MCOs were given interim goals for MY 2020 for both the 7-day and 30-day FUH All Ages rates based on their MY 2019 results. These MY 2019 results were reported in the 2020 BBA report.

HEDIS percentiles for the 7-day and 30-day FUH All-Ages indicators have been adopted as the benchmarks for determining the requirement for a root cause analysis (RCA) and corresponding quality improvement plan (QIP) for each underperforming indicator. Rates for the HEDIS FUH 7-day and 30-day indicators that fall below the 75th percentile for each of these respective indicators will result in a request to the BH-MCO for an RCA and QIP. This process is further discussed in **Section VI**.

For REA, OMHSAS designated the PM goal as better than (i.e., less than) or equal to 10.0% for the participating BH-MCOs and counties. For this measure, lower rates indicate better performance.

Although not part of this report, OMHSAS sponsored in 2020 the rollout of an IPRO-hosted Tableau® server reporting platform, which allows users, including BH-MCOs and Primary Contractors, to interactively query data and produce reports on PMs. These reports include statistical or non-statistical summaries and comparisons of rates by various stratifications, including by demographics, such as race and ethnicity, as well as by participation status in the Medicaid Expansion program (Pennsylvania continued its Medicaid expansion under the Affordable Care Act in 2020). This interactive reporting provides an important tool for BH-MCOs and their HC Oversight Entities to set performance goals as well as monitor progress toward those goals.

Data Analysis

The quality indicators were defined as rates, based on a numerator of qualifying events or members and a denominator of qualifying events or members, defined according to the specifications of the measure. The HC Aggregate (Statewide) for each indicator was the total numerator divided by the total denominator, which represented the rate derived for the Statewide population of denominator-qualifying events or members. Year-to-year comparisons to MY 2019 rates were provided where applicable. Additionally, as appropriate, disparate rates were calculated for various categories in the current study. To compare rates, a z statistic for comparing proportions for two independent samples was used. To calculate the test statistic, the two proportions were averaged ("pooled") through the following formula:

$$\hat{p} = \frac{N1 + N2}{D1 + D2}$$

Where:

N1 = Current year (MY 2020) numerator,

N2 = Prior year (MY 2019) numerator,

D1 = Current year (MY 2020) denominator, and

D2 = Prior year (MY 2019) denominator.

The single proportion estimate was then used for estimating the standard error (SE). *Z*-test statistic was obtained by dividing the difference between the proportions by the standard error of the difference. Analysis that uses the *Z* test assumes that the data and their test statistics approximate a normal distribution. To correct for approximation error, the Yates correction for continuity was applied:

$$z - statistic = \frac{ABS(p1 - p2) - 0.5(\frac{1}{D1} + \frac{1}{D2})}{\sqrt{\hat{p}(1 - \hat{p})[\frac{1}{D1} + \frac{1}{D2}]}}$$

Where:

p1 = Current year (MY 2020) quality indicator rate, and

p2 = Prior year (MY 2019) quality indicator rate.

Two-tailed statistical significance tests were conducted at p = 0.05 to test the null hypothesis of:

$$H_0$$
: $p1 = p2$

Percentage point difference (PPD) as well as 95% confidence intervals for difference between the two proportions were also calculated. Confidence intervals were not calculated if denominators of rates contained fewer than 100 members.

Limitations

The tables and figures in this section present rates, confidence intervals, and tests of statistical significance for Primary Contractors. Caution should be exercised when interpreting results for small denominators. A denominator of 100 or greater is preferred for drawing conclusions from *z*-score tests of the PM results. In addition, the above analysis assumes that the proportions being compared come from independent samples. To the extent that this is not the case, the findings should be interpreted with caution.

Conclusions and Comparative Findings

The HEDIS follow-up indicators are presented for three age groups: ages 18 to 64, ages 6 and older, and ages 6 to 17. The 6+ years old ("All Ages") results are presented to show the follow-up rates for the overall HEDIS population, and the 6 to 17 years old age group results are presented to support the Children's Health Insurance Program Reauthorization Act (CHIPRA) reporting requirements. The results for the PA-specific follow-up indicators are presented for ages 6+ years old only.

The results are presented at the BH-MCO and Primary Contractor level. The BH-MCO-specific rates were calculated using the numerator (N) and denominator (D) for that particular BH-MCO (and Primary Contractor with the same contracted BH-MCO). The Primary Contractor-specific rates were calculated using the numerators and denominators for that particular Primary Contractor. For each of these rates, the 95% confidence interval (CI) is reported. The HC BH Aggregate (Statewide) rates were also calculated for the indicators.

BH-MCO-specific rates were compared to the HC BH Statewide rates to determine if they were statistically significantly above or below that value. Statistically significant BH-MCO differences are noted. Primary Contractor-specific rates were also compared to the HC BH Statewide rates to determine if they were statistically significantly above or below that value. Statistically significant Primary Contractor-specific differences are noted.

The HEDIS follow-up results for the All-Ages groups and 18-64 years old age group are compared to the HEDIS 2020 national percentiles to show BH-MCO and Primary Contractor progress with meeting the OMHSAS goal of follow-up rates at or above the 75th percentile. The HEDIS follow-up results for the 6 to 17 years old age group are not compared to HEDIS benchmarks.

I: HEDIS Follow-Up Indicators

(a) Age Group: 18-64 Years Old

Table 2.1 shows the MY 2020 results for both the HEDIS 7-day and 30-day follow-up measures for members aged 18 to 64 years old compared to MY 2019.

Table 2.1: MY 2020 HEDIS FUH 7- and 30-Day Follow-Up Indicators (18–64 Years)

			MY 20		ollow-Up Inc				Rate Comparison
				959	% CI		to M	Y 2019	
						MY 2019			to MY 2020 HEDIS
Measure	(N)	(D)	%	Lower	Upper	%	PPD ¹	SSD	Medicaid Percentiles
QI1 - HEDIS	FUH 7-0	Day Follo	w-up (18	-64 Years)					
Statewide	10454	28699	36.4%	35.9%	37.0%	35.9%	0.5	NO	Below 75th Percentile,
Statewide	10131	20033	30.470	33.370	37.070	33.370	0.5		Above 50th Percentile
вно	1688	4113	41.0%	39.5%	42.6%	37.4%	3.6	YES	Below 75th Percentile,
					,	071170	0.0		Above 50th Percentile
Beaver	198	501	39.5%	35.1%	43.9%	35.9%	3.6	NO	Below 75th Percentile,
					.0.070				Above 50th Percentile
NWBHP	298	733	40.7%	37.0%	44.3%	38.2%	2.4	NO	Below 75th Percentile,
									Above 50th Percentile
Fayette	146	396	36.9%	32.0%	41.7%	38.3%	-1.4	NO	Below 75th Percentile,
· ayette			00.570	32.070	121770	30.570			Above 50th Percentile
Greene	39	105	37.1%	27.4%	46.9%	35.7%	1.5	NO	Below 75th Percentile,
Greene		100	07.1270	271170	.0.370	03.770	1.0		Above 50th Percentile
SWBHM	1007	2378	42.3%	40.3%	44.4%	37.5%	4.9	YES	Below 75th Percentile,
					, .	07.070			Above 50th Percentile
QI2 - HEDIS	FUH 30	-Day Foll	ow-up (1	8-64 Years)					
Statewide	15978	28699	55.7%	55.1%	56.3%	55.8%	-0.1	NO	Below 75th Percentile,
- State Wide	23370	20033	33.770	33.170	30.370	33.070	0.1		Above 50th Percentile
вно	2565	4113	62.4%	60.9%	63.9%	59.1%	3.2	YES	Below 75th Percentile,
									Above 50th Percentile
Beaver	335	501	66.9%	62.6%	71.1%	57.4%	9.4	YES	At or Above 75th
									Percentile
NWBHP	435	733	59.3%	55.7%	63.0%	58.2%	1.2	NO	Below 75th Percentile,
									Above 50th Percentile
Fayette	235	396	59.3%	54.4%	64.3%	61.5%	-2.1	NO	Below 75th Percentile,
,									Above 50th Percentile
Greene	69	105	65.7%	56.2%	75.3%	55.0%	10.7	NO	At or Above 75th
									Percentile
SWBHM	1491	2378	62.7%	60.7%	64.7%	59.6%	3.1	YES	Below 75th Percentile,
·				, -	- , ,				Above 50th Percentile

¹ Due to rounding, a PPD value may slightly diverge from the difference between the MY 2020 and MY 2019 rates. MY: measurement year; HEDIS: Healthcare Effectiveness Data and Information Set; FUH: Follow-Up After Hospitalization; CI: confidence interval; N: numerator; D: denominator; PPD: percentage point difference; SSD: statistically significant difference; QI: quality indicator; BHO: Beacon Health Options; NWBHP: Northwest Behavioral Health Partnership, Inc.; SWBHM: Southwest Behavioral Health Management, Inc.

Figure 2.1 is a graphical representation of MY 2020 HEDIS FUH 7- and 30-Day follow-up rates in the 18 to 64 years old population for BHO and its associated Primary Contractors. The orange line indicates the MCO average.

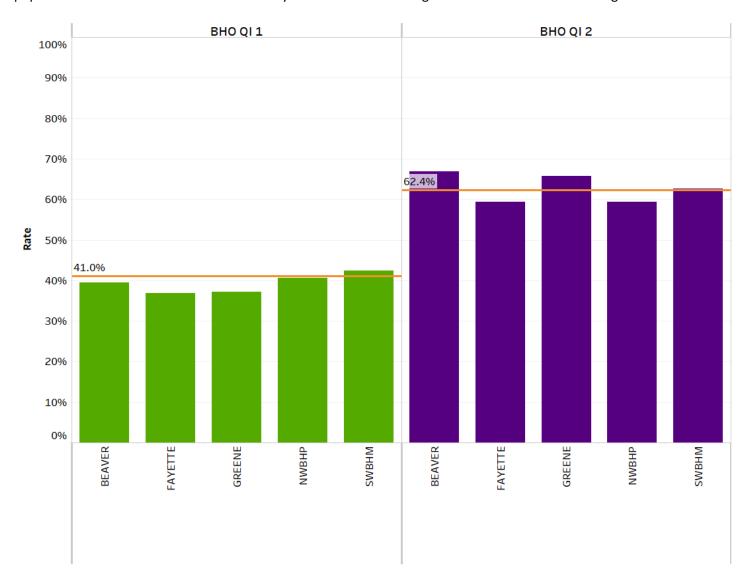


Figure 2.1: MY 2020 HEDIS FUH 7- and 30-Day Follow-Up Rates (18-64 Years).

Figure 2.2 shows the HC BH (Statewide) rates for this age cohort and the individual Primary Contractor rates that were statistically significantly higher (blue) or lower (red) than the HC BH (Statewide) rate.

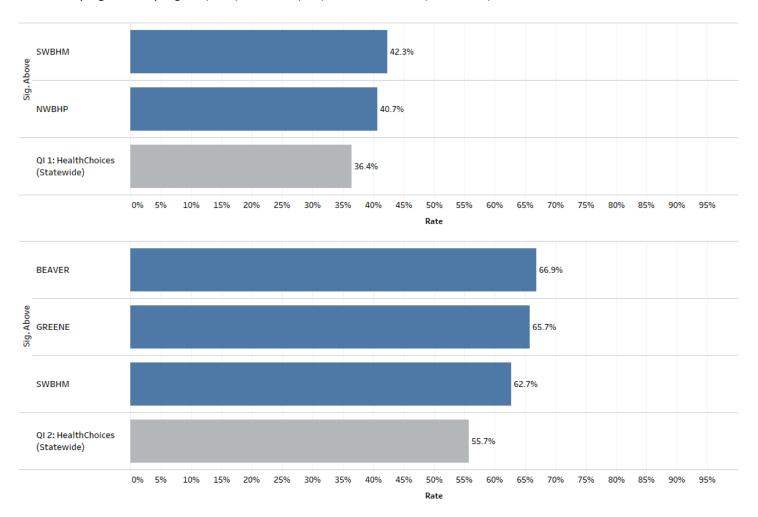


Figure 2.2: Statistically Significant Differences in BHO Contractor MY 2020 HEDIS FUH Rates (18–64 Years). BHO contractor MY 2020 HEDIS FUH rates for 18–64 years of age that are statistically significantly different than HC BH (Statewide) MY 2020 HEDIS FUH rates (18–64 years).

(b) Overall Population: 6+ Years Old

The MY 2020 HC Aggregate HEDIS and BHO are shown in Table 2.2.

Table 2.2: MY 2020 HEDIS FUH 7- and 30-Day Follow-Up Indicators (All Ages)

Table 2.2. M			MY 2020		1			1Y 2020 Ra	ate Comparison
				95%	6 CI		to MY	2019	
						MY			to MY 2020 HEDIS
Measure	(N)	(D)	%	Lower	Upper	2019 %	PPD^1	SSD	Medicaid Percentiles
QI1 - HEDIS	FUH 7-0	Day Follo	w-up (Over	all)					
Statewide	14501	36459	39.8%	39.3%	40.3%	39.8%	-0.0	NO	Below 75th Percentile,
Statewide	14301	30433	33.070	33.370	40.570	33.070	0.0	110	Above 50th Percentile
вно	2474	5492	45.0%	43.7%	46.4%	41.8%	3.2	YES	Below 75th Percentile,
2110	2171	3132	431070	13.770	10.170	11.070	3.2	123	Above 50th Percentile
Beaver	275	644	42.7%	38.8%	46.6%	42.0%	0.7	NO	Below 75th Percentile,
Deave.	273	0	,,	30.070	10.070	12.070	0.,		Above 50th Percentile
NWBHP	464	1040	44.6%	41.5%	47.7%	41.9%	2.7	NO	Below 75th Percentile,
1444 2111	101	1010	441070	11.570	17.770	11.570	2.,,		Above 50th Percentile
Fayette	209	518	40.3%	36.0%	44.7%	42.7%	-2.4	NO	Below 75th Percentile,
· ayette	203	310	10.070	30.070	1 117 70	121770			Above 50th Percentile
Greene	62	143	43.4%	34.9%	51.8%	39.6%	3.7	NO	Below 75th Percentile,
									Above 50th Percentile
SWBHM	1464	3147	46.5%	44.8%	48.3%	41.7%	4.8	YES	Below 75th Percentile,
						, ,			Above 50th Percentile
QI2 - HEDIS	FUH 30-	-Day Foll	ow-up (Ove	erall)					
Statewide	21673	36459	59.4%	58.9%	60.0%	60.3%	-0.9	YES	Below 50th Percentile,
		00.00					0.0		Above 25th Percentile
вно	3677	5492	67.0%	65.7%	68.2%	64.6%	2.4	YES	Below 75th Percentile,
		0.01							Above 50th Percentile
Beaver	447	644	69.4%	65.8%	73.0%	63.0%	6.4	YES	At or Above 75th
									Percentile
NWBHP	674	1040	64.8%	61.9%	67.8%	64.3%	0.5	NO	Below 75th Percentile,
	-								Above 50th Percentile
Fayette	329	518	63.5%	59.3%	67.8%	64.3%	-0.8	NO	Below 75th Percentile,
, , , , , ,									Above 50th Percentile
Greene	101	143	70.6%	62.8%	78.4%	60.4%	10.3	NO	At or Above 75th
_	- "								Percentile
SWBHM	2126	3147	67.6%	65.9%	69.2%	65.2%	2.3	YES	At or Above 75th
							the MAY 2020		Percentile

¹ Due to rounding, a PPD value may slightly diverge from the difference between the MY 2020 and MY 2019 rates. MY: measurement year; HEDIS: Healthcare Effectiveness Data and Information Set; FUH: Follow-up After Hospitalization; N: numerator; D: denominator; CI: confidence interval; PPD: percentage point difference; SSD: statistically significant difference; QI: quality indicator; BHO: Beacon Health Options; NWBHP: Northwest Behavioral Health Partnership, Inc.; SWBHM: Southwest Behavioral Health Management, Inc.

Figure 2.3 is a graphical representation of the MY 2020 HEDIS follow-up rates for BHO and its associated Primary Contractors. The orange line represents the MCO average.

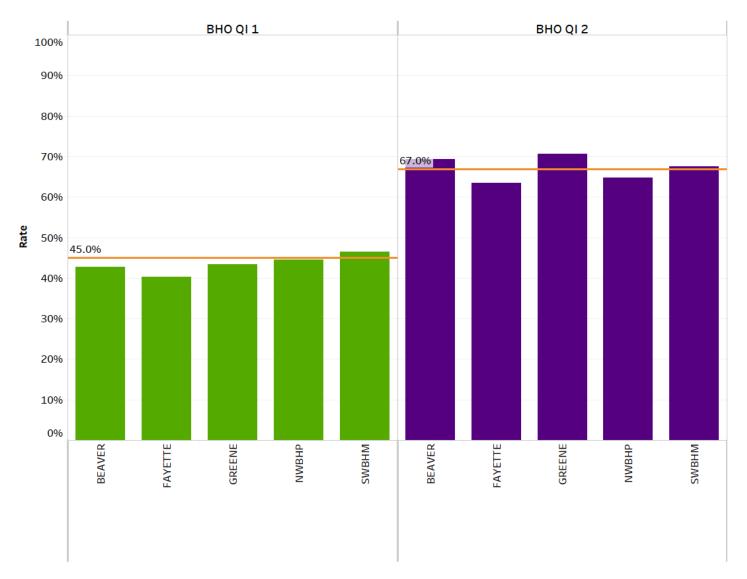


Figure 2.3: MY 2020 HEDIS FUH 7- and 30-Day Follow-Up Rates (All Ages).

Figure 2.4 shows the HC BH (Statewide) rates and the individual Primary Contractor rates that were statistically significantly higher (blue) or lower (red) than its statewide benchmark.

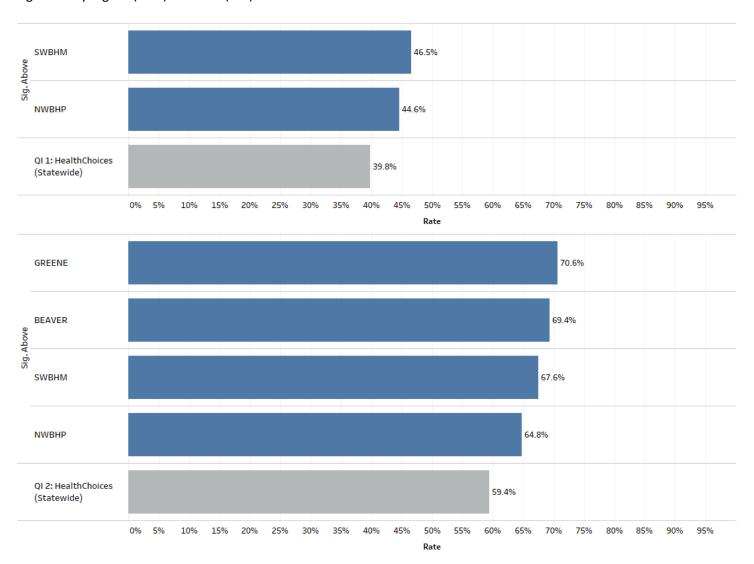


Figure 2.4: Statistically Significant Differences in BHO Contractor MY 2020 HEDIS FUH Rates (All Ages). BHO contractor MY 2020 HEDIS FUH rates for all ages that are statistically significantly different than HC BH (Statewide) MY 2020 HEDIS FUH rates (all ages).

(c) Age Group: 6-17 Years Old

Table 2.3 shows the MY 2020 results for both the HEDIS 7-day and 30-day follow-up measures for members aged 6–17 years compared to MY 2019.

Table 2.3: MY 2020 HEDIS FUH 7- and 30-Day Follow-Up Indicators (6–17 Years)

Table 2.5. MT 2			MY 2020				MY 2020 Rate Comparison	
				95%	6 CI		to MY	2019
Measure	(N)	(D)	%	Lower	Upper	MY 2019 %	PPD ¹	SSD
QI1 - HEDIS FU	H 7-Day Follo	w-up (6-17 Y	'ears)					
Statewide	3860	6993	55.2%	54.0%	56.4%	55.4%	-0.2	NO
вно	755	1244	60.7%	57.9%	63.4%	56.3%	4.4	YES
Beaver	75	123	61.0%	51.9%	70.0%	66.4%	-5.5	NO
NWBHP	161	290	55.5%	49.6%	61.4%	51.4%	4.1	NO
Fayette	59	105	56.2%	46.2%	66.2%	59.6%	-3.4	NO
Greene	22	34	64.7%	N/A	N/A	55.3%	9.4	N/A
SWBHM	438	692	63.3%	59.6%	67.0%	55.9%	7.4	YES
QI2 - HEDIS FU	H 30-Day Fol	low-up (6-17	Years)					
Statewide	5393	6993	77.1%	76.1%	78.1%	78.8%	-1.7	YES
вно	1054	1244	84.7%	82.7%	86.8%	82.5%	2.2	NO
Beaver	105	123	85.4%	78.7%	92.0%	85.9%	-0.5	NO
NWBHP	231	290	79.7%	74.8%	84.5%	79.6%	0.0	NO
Fayette	87	105	82.9%	75.2%	90.5%	77.2%	5.7	NO
Greene	30	34	88.2%	N/A	N/A	81.6%	6.7	N/A
SWBHM	601	692	86.8%	84.3%	89.4%	83.8%	3.0	NO

¹ Due to rounding, a PPD value may slightly diverge from the difference between the MY 2020 and MY 2019 rates.

MY: measurement year; HEDIS: Healthcare Effectiveness Data and Information Set; FUH: Follow-up After Hospitalization; CI: confidence interval; N: numerator; D: denominator; PPD: percentage point difference; SSD: statistically significant difference; BHO: Beacon Health Options; NWBHP: Northwest Behavioral Health Partnership, Inc.; SWBHM: Southwest Behavioral Health Management, Inc.; N/A: Confidence intervals were not calculated if denominators of rates contained fewer than 100 members.

Figure 2.5 is a graphical representation of the MY 2020 HEDIS follow-up rates in the 6 to 17 years old population for BHO and its associated Primary Contractors. The orange line indicates the MCO average.

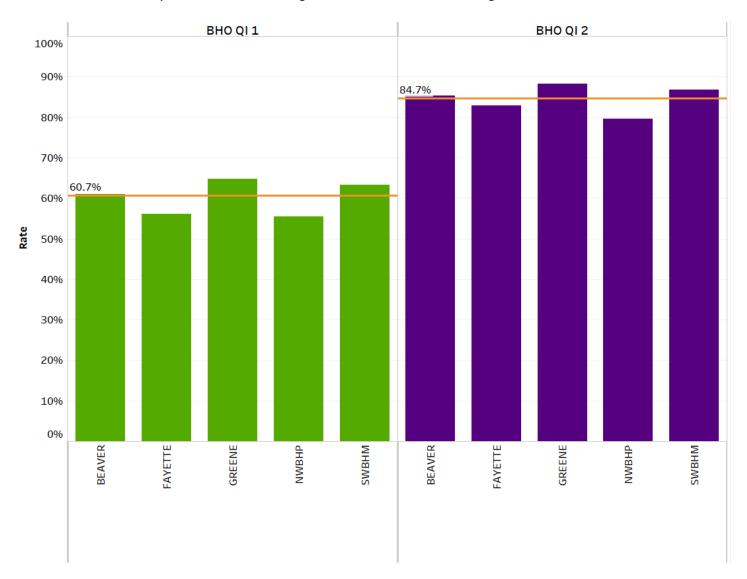


Figure 2.5: MY 2020 HEDIS FUH 7- and 30-Day Follow-Up Rates (6–17 Years).

Figure 2.6 shows the HC BH (Statewide) rates for this age cohort and the individual Primary Contractor rates that would have been statistically significantly higher (blue) or lower (red) than the statewide rates.

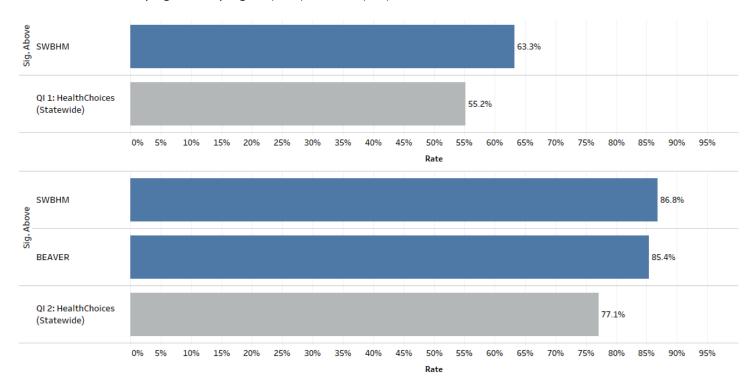


Figure 2.6: Statistically Significant Differences in BHO Contractor MY 2020 HEDIS FUH Rates (6–17 Years) BHO contractor MY 2020 HEDIS FUH rates for 6–17 years of age that are statistically significantly different than HC BH (Statewide) MY 2020 HEDIS FUH rates (6–17 Years).

II: PA-Specific Follow-up Indicators

(a) Overall Population: 6+ Years Old

Table 2.4 shows the MY 2020 PA-specific FUH 7- and 30-day follow-up indicators for all ages compared to MY 2019.

Table 2.4: MY 2020 PA-Specific FUH 7- and 30-Day Follow-Up Indicators (All Ages)

			MY 2020	, ,			20 Rate arison	
				95%	CI		to M	/ 2019
Measure	(N) (D) % Lower Upper					MY 2019 %	PPD ¹	SSD
QI A - PA-Spe	cific FUH 7-D	ay Follow-	up (Overall)					
Statewide	19124	36580	52.3%	51.8%	52.8%	52.9%	-0.6	NO
ВНО	3017	5519	54.7%	53.3%	56.0%	50.7%	3.9	YES
Beaver	357	649	55.0%	51.1%	58.9%	53.3%	1.7	NO
NWBHP	550	1044	52.7%	49.6%	55.8%	51.1%	1.6	NO
Fayette	247	523	47.2%	42.9%	51.6%	48.8%	-1.5	NO
Greene	78	143	54.5%	46.0%	63.1%	48.8%	5.8	NO
SWBHM	1785	3160	56.5%	54.7%	58.2%	50.5%	6.0	YES
QI B - PA-Spe	cific FUH 30-I	Day Follow	/-up (Overall)					
Statewide	24982	36580	68.3%	67.8%	68.8%	69.5%	-1.2	YES
ВНО	4020	5519	72.8%	71.7%	74.0%	70.0%	2.9	YES
Beaver	477	649	73.5%	70.0%	77.0%	67.4%	6.1	YES
NWBHP	736	1044	70.5%	67.7%	73.3%	71.1%	-0.6	NO
Fayette	356	523	68.1%	64.0%	72.2%	67.8%	0.3	NO
Greene	111	143	77.6%	70.4%	84.8%	65.7%	12.0	YES
SWBHM	2340	3160	74.1%	72.5%	75.6%	70.7%	3.4	YES

¹ Due to rounding, a PPD value may slightly diverge from the difference between the MY 2020 and MY 2019 rates. MY: measurement year; FUH: Follow-Up After Hospitalization; CI: confidence interval; N: numerator; D: denominator; PPD: percentage point difference; SSD: statistically significant difference; BHO: Beacon Health Options; NWBHP: Northwest Behavioral Health Partnership, Inc.; SWBHM: Southwest Behavioral Health Management, Inc.

Figure 2.7 is a graphical representation of the MY 2020 PA-specific follow-up rates for BHO and its associated Primary Contractors. The orange line indicates the MCO average.

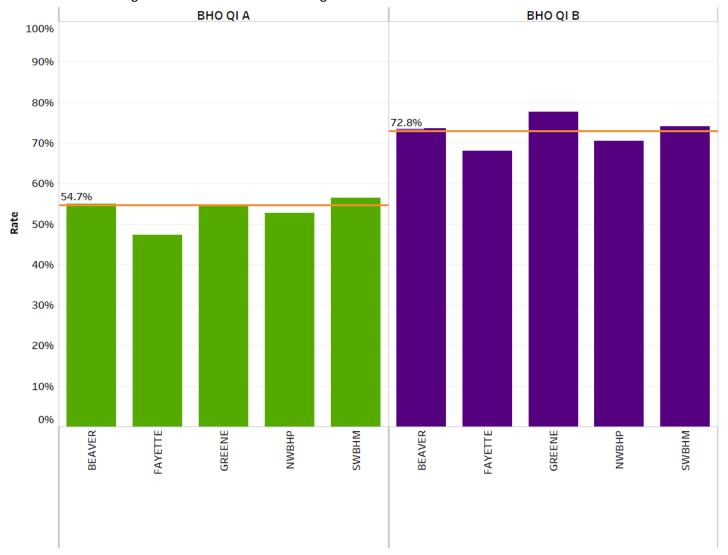


Figure 2.7: MY 2020 PA-Specific FUH 7- and 30-Day Follow-Up Rates (All Ages).

Figure 2.8 shows the HC BH (Statewide) rates and the individual Primary Contractor rates that were statistically significantly higher (blue) or lower (red) than the statewide benchmark.

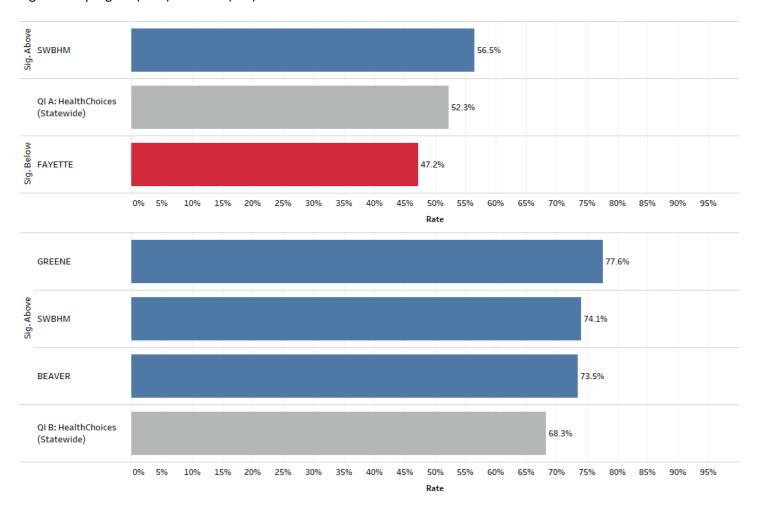


Figure 2.8: Statistically Significant Differences in BHO Contractor MY 2020 PA-Specific FUH Follow-Up Rates (All Ages). BHO Contractor MY 2020 PA-specific FUH rates for all ages that are statistically significantly different than HC BH (Statewide) MY 2020 PA-specific FUH rates (all ages).

III. Readmission Indicators

The results are presented at the BH-MCO and then Primary Contractor level. Year-to-year comparisons of MY 2020 to MY 2019 data are provided. Additionally, as appropriate, disparate rates were calculated for various categories in the current study. The significance of the difference between two independent proportions was determined by calculating the Z score. Statistically significant difference (SSD) at the 0.05 level between groups is noted, as well as the percentage point difference (PPD) between the rates.

Individual rates were also compared to the categorical average. Rates statistically significantly above or below the average are indicated.

Lastly, aggregate rates were compared to the OMHSAS-designated PM goal of 10.0%. Individual BH-MCO and Primary Contractor rates are *not* required to be statistically significantly below 10.0% in order to meet the PM goal (**Table 2.5**).

Table 2.5: MY 2020 REA Readmission Indicators

	MY 2020							20 Rate Parison
				9:	5% CI		to M'	Y 2019
Measure ¹	(N)	(D)	%	Lower	Upper	MY 2019 %	PPD ²	SSD
Inpatient Read	mission							
Statewide	6134	45174	13.6%	13.3%	13.9%	13.5%	0.1	NO
вно	774	6035	12.8%	12.0%	13.7%	11.6%	1.3	YES
Beaver	57	638	8.9%	6.6%	11.2%	11.8%	-2.9	NO
NWBHP	169	1179	14.3%	12.3%	16.4%	10.0%	4.4	YES
Fayette	62	563	11.0%	8.3%	13.7%	10.9%	0.2	NO
Greene	22	165	13.3%	7.8%	18.8%	13.6%	-0.2	NO
SWBHM	464	3490	13.3%	12.2%	14.4%	12.0%	1.3	NO

¹The OMHSAS-designated PM goal is a readmission rate at or below 10%.

MY: measurement year; REA: Readmission within 30 Days of Inpatient Psychiatric Discharge; CI: confidence interval; N: numerator; D: denominator; PPD: percentage point difference; SSD: statistically significant difference; BHO: Beacon Health Options; NWBHP: Northwest Behavioral Health Partnership, Inc.; SWBHM: Southwest Behavioral Health Management, Inc.

Figure 2.9 is a graphical representation of the MY 2020 readmission rates for BHO Primary Contractors compared to the OMHSAS performance goal of 10.0%. The orange line indicates the MCO average.

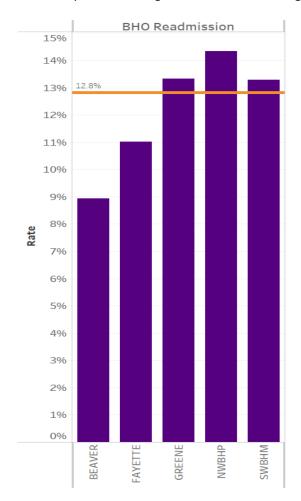


Figure 2.9: MY 2020 REA Readmission Rates for BHO Primary Contractors.

² Due to rounding, a PPD value may slightly diverge from the difference between the MY 2020 and MY 2019 rates.

Figure 2.10 shows the HC BH (Statewide) readmission rate and the individual BHO Primary Contractors that performed statistically significantly higher (red) or lower (blue) than the HC BH Statewide rate.

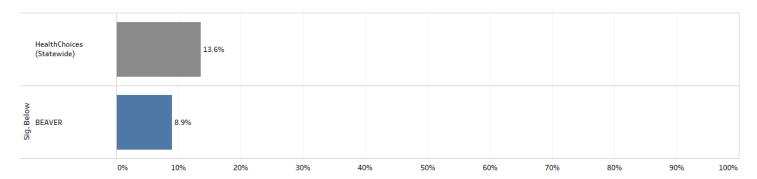


Figure 2.10: Statistically Significant Differences in BHO Contractor MY 2020 REA Readmission Rates (All Ages). BHO Contractor MY 2020 REA readmission rates for all ages that are statistically significantly different than HC BH (statewide) MY 2020 REA readmission rates (all ages).

Recommendations

As with most reporting years, it is important to note that there were some changes to the HEDIS MY 2020 specifications, including removal of the mental health provider requirement for specific types of follow-up visits, and the addition to the numerator of certain place of service types, including visits in behavioral healthcare settings and telehealth. MY 2020 also coincided with the COVID-19 pandemic, which likely negatively impacted the ability of payers and providers to ensure timely follow-up services after hospitalization. Understanding the precise nature and extent of that impact, however, will require more research. That said, efforts should continue to be made to improve Follow-Up After Hospitalization for Mental Illness performance, particularly for those BH-MCOs that performed below the HC BH Statewide rate. Following are recommendations that are informed by the MY 2020 review:

- The purpose of this remeasurement study is to inform OMHSAS, the Primary Contractors, and the BH-MCOs of the effectiveness of the interventions implemented between 2012 and 2020, which included actions taken as part of the previous PIP cycle, to promote continuous quality improvement with regard to timely follow-up care after psychiatric hospitalization. The information contained in this study should be used to further develop strategies for improving the likelihood that at-risk members will receive follow-up care. BH-MCOs are expected to demonstrate meaningful improvement in behavioral health follow-up rates in the next few years as a result of their interventions. To that end, the Primary Contractors and BH-MCOs participating in this study should identify interventions that are effective at improving behavioral health care follow-up. The Primary Contractors and BH-MCOs should continue to conduct additional root cause and barrier analyses to identify further impediments to receiving follow-up care and then implement action and monitoring plans to further increase their rates.
- It is essential to ensure that improvements are consistent, sustained across measurement years, and applicable to all groups. As previously noted, although not enumerated in this report, further stratified comparisons such Medicaid Expansion versus non-Medicaid Expansion were carried out in a separate 2021 (MY 2020) FUH "Rates Report" produced by the EQRO and made available to BH-MCOs in an interactive Tableau workbook. BH-MCOs and Primary Contractors should review their data mechanisms to accurately identify this population. Previous recommendations still hold. For example, it is important for BH-MCOs and Primary Contractors to analyze performance rates by racial and ethnic categories and to target the populations where these racial and ethnic disparities may exist. The BH-MCOs and Primary Contractors should continue to focus interventions on populations that exhibit lower follow-up rates. Further, it is important to examine regional trends in disparities. For instance, previous studies indicate that African Americans in rural areas have relatively low follow-up rates, which stands in contrast to the finding that overall follow-up rates are generally higher in rural areas than in urban areas. Possible reasons for racial-ethnic disparities include access, cultural competency, and community factors; these and other drivers should be evaluated to determine their potential impact on performance. The aforementioned 2021 (MY 2020) FUH Rates Report is one source BH-MCOs can use to investigate potential health disparities in FUH.
- BH-MCOs and Primary Contractors are encouraged to review the 2021 (MY 2020) FUH Rates Report in conjunction with the corresponding 2021 (MY 2020) inpatient psychiatric readmission Rates (REA) Report. The BH-MCOs and

Primary Contractors should engage in a focused review of those individuals who had an inpatient psychiatric readmission in less than 30 days to determine the extent to which those individuals either did or did not receive ambulatory follow-up/aftercare visit(s) during the interim period.

Several contractors turned in follow-up rates that met or exceeded the HEDIS 2021 75th percentile. Other BH-MCOs
could benefit from drawing lessons or at least general insights from their successes.

Continued efforts should be made to improve performance with regard to Readmission Within 30 Days of Inpatient Psychiatric Discharge, particularly for those BH-MCOs and Primary Contractors that did not meet the performance goal and/or performed below the HC BH Statewide rate.

MY 2020 saw a general increase (worsening) for the MCO in readmission rates after psychiatric discharge. BHO's year-over-year change was statistically significant. The Primary Contractor, Beaver, performed significantly below (better) than the HealthChoices Statewide with a readmission rate after psychiatric discharge less than 10%. Nevertheless, BHO's readmission rate after psychiatric discharge for the Medicaid Managed Care (MMC) population remains above 10%. As a result, many recommendations previously made remain pertinent. Additionally, OMHSAS continues to examine strategies that may facilitate improvement in this area. In consideration of preliminary PIP work conducted and the past PIP cycle, the recommendations may assist in future discussions.

In response to the 2020 study, the following general recommendations are applicable to all five participating BH-MCOs:

- The purpose of this remeasurement study is to inform OMHSAS, the Primary Contractors, and the BH-MCOs of the effectiveness of the interventions implemented between 2012 and 2020 to promote continuous quality improvement with regard to mental health discharges that result in a readmission. The information contained within this study should be used to further develop strategies for decreasing the likelihood that at-risk members will be readmitted. In 2019, the BH-MCOs concluded a PIP that focused on improving transitions to ambulatory care from inpatient psychiatric services. A new PIP starting in 2020 builds on the previous PIP by, among other things, including a performance indicator that measures MH-related readmissions within 30 days of a discharge for SUD. BH-MCOs are expected to bring about meaningful improvement in BH readmission rates for this subpopulation with comorbid BH conditions and for their HC BH members more generally. To that end, the Primary Contractors and BH-MCOs participating in this study should identify interventions that are effective at reducing BH readmissions. The Primary Contractors and BH-MCOs should continue to conduct additional root cause and barrier analyses to identify further impediments to successful transition to ambulatory care after an acute inpatient psychiatric discharge and then implement action and monitoring plans to further decrease their rates of readmission.
- The BH-MCOs and Primary Contractors should continue to focus interventions on populations that exhibit higher readmission rates (e.g., urban populations). Comparisons among demographic groups were carried out in a separate 2021 (MY 2020) REA "Rates Report" produced by the EQRO which is being made available to BH MCOs in an interactive Tableau workbook.
- BH-MCOs and Primary Contractors are encouraged to review the 2021 (MY 2020) REA Rates Report in conjunction
 with the aforementioned 2021 (MY 2020) FUH Rates Report. The BH-MCOs and Primary Contractors should engage in
 a focused review of those individuals who had an inpatient psychiatric readmission within 30 days to determine the
 extent to which those individuals either did or did not receive ambulatory follow-up/aftercare visit(s) during the
 interim period.

III: Compliance with Medicaid Managed Care Regulations

Objectives

This section of the EQR report presents a review by IPRO of the BH-MCO's compliance with the MMC structure and operations standards. In review year (RY) 2020, 67 Pennsylvania counties participated in this compliance evaluation.

Operational reviews are completed for each HC Oversight Entity. The Primary Contractor, whether contracting with an Oversight Entity arrangement or not, is responsible for their regulatory compliance to federal and state regulations and the HC BH PS&R Agreement compliance. The HC BH PS&R Agreement includes the Primary Contractor's responsibility for the oversight of BH-MCO's compliance.

Beaver, Fayette, and the Southwest Six counties (comprising Armstrong, Butler, Indiana, Lawrence, Washington, and Westmoreland Counties) hold contracts with BHO. The Oversight Entity for the Southwest Six counties is Southwest Behavioral Health Management, Inc. Behavioral Health Partnership, Inc. ([NWBHP] comprising Crawford, Mercer, and Venango Counties) also holds a contract with BHO. The Department contracts directly with BHO to manage the HC BH program for Greene County. In calendar year 2018, Cambria County moved from BHO to Magellan Behavioral Health (MBH). If a county is contracted with more than one BH-MCO in the review period, compliance findings for that county are not included in the Structure and Operations section for either BH-MCO for a 3-year period. **Table 3.1** shows the name of the HC Oversight Entity, the associated HC Primary Contractor(s), and the county(ies) encompassed by each Primary Contractor.

Table 3.1: BHO HealthChoices Oversight Entities, Primary Contractors and Counties

HealthChoices Oversight Entity	Primary Contractor	County
Beaver County Behavioral Health	Beaver County Behavioral Health	Beaver County
Northwest Behavioral Health	Northwest Behavioral Health Partnership, Inc.	Crawford County
Partnership, Inc. (NWBHP)	(NWBHP)	Mercer County
		Venango County
Fayette County Behavioral Health Administration (FMBHA)	Fayette County Behavioral Health Administration	Fayette County
PA Department of Human Services	Beacon Health Options of Pennsylvania, otherwise known as Greene County for this review	Greene County
Southwest Behavioral Health	Southwest Behavioral Health Management, Inc.	Armstrong County
Management, Inc. (Southwest Six)	(Southwest Six)	Indiana County
		Butler County
		Lawrence County
		Westmoreland County
		Washington County

BHO: Beacon Health Options

The findings in this section of the report are based on IPRO's assessment of data provided by OMHSAS resulting from the evaluation of BHO by OMHSAS monitoring staff within the past 3 review years (RYs 2020, 2019, and 2018). These evaluations are performed at the BH-MCO and HC Oversight Entity levels, and the findings are reported in OMHSAS's PEPS Review Application for 2020. OMHSAS opts to review compliance standards on a rotating basis due to the complexities of multi-county reviews. Some standards are reviewed annually, while others are reviewed triennially. In addition to those standards reviewed annually and triennially, some substandards are considered Readiness Review items only. Substandards reviewed at the time of the Readiness Review upon initiation of the HC BH Program contract are documented in the RAI. If the Readiness Review occurred within the 3-year time frame under consideration, the RAI was provided to IPRO. For those HC Oversight Entities and BH-MCOs that completed their Readiness Reviews outside of the current 3-year time frame, the Readiness Review substandards were deemed as complete. As necessary, the HC BH Program's PS&Rs are also used.

Description of Data Obtained

The documents informing the current report include the review of structure and operations standards completed by OMHSAS in August 2020 and entered into the PEPS Application as of March 2021 for RY 2020. Information captured within the PEPS Application informs this report. The PEPS Application is a comprehensive set of monitoring standards that OMHSAS staff reviews on an ongoing basis for each HC Oversight Entity/BH-MCO. Within each standard, the PEPS Application specifies the substandards or items for review, the supporting documents to be reviewed to determine compliance with each standard, the date of the review, the reviewer's initials, and an area in which to collect or capture additional reviewer comments. Based on the PEPS Application, an HC Oversight Entity/BH-MCO is evaluated against substandards that crosswalk to pertinent BBA regulations ("categories"), as well as against related supplemental OMHSAS-specific PEPS substandards that are part of OMHSAS's more rigorous monitoring criteria.

At the implementation of the PEPS Application in 2004, IPRO evaluated the standards in the PEPS Application and created a crosswalk to pertinent BBA regulations. For standards with substandards, all of the substandards within the standard informed the compliance determination of the corresponding BBA category. In 2009, as requested by OMHSAS, IPRO conducted a re-assessment of the crosswalk to distinguish the substandards required for fulfilling BBA requirements and those that are supplemental (i.e., state-specific) as part of OMHSAS's ongoing monitoring. In the amended crosswalk, the supplemental substandards no longer contribute to the compliance determination of the individual BBA categories. For example, findings for PEPS substandards concerning first-level complaints and grievances inform the compliance determination of the BBA categories relating to Federal and State Grievance Systems Standards. All of the PEPS substandards concerning second-level complaints and previously 2nd-level grievances are considered OMHSAS-specific substandards, and their compliance statuses are not used to make the compliance determination of the applicable BBA category.

In accordance with the updates to the CMS EQRO Protocols released in late 2019,²¹ IPRO updated the substandards crosswalk to reflect the changes to the organization and content of the relevant BBA provisions. The CMS updates included modifications to the BBA provisions, which are now required for reporting. The standards that are subject to EQR review are contained in 42 C.F.R. 438, Subparts D and E, as well as specific requirements in Subparts A, B, C, and F to the extent that they interact with the relevant provisions in Subparts D and E. In addition, findings for RY 2020 are presented here under the new rubric of the three "CMS sections": Standards, including enrollee rights and protections, Quality assessment and performance improvement (QAPI) program, and Grievance system. Substandard tallies for each category and section roll-up were correspondingly updated.

From time to time, standards or substandards may be modified to reflect updates to the Final Rule and corresponding BBA provisions. Standards or substandards that are introduced or retired are done so following the rotating 3-year schedule for all five BH-MCOs. This may, in turn, change the category tally of standards from one reporting year to the next. In 2020 (RY 2019), two Contractor-specific triennial substandards, 68.1.2 and 71.1.2, were added related to OMHSAS-specific provisions for complaints and grievances processes, respectively. Five MCO-specific substandards related to complaints and grievances provisions (four of which covered BBA provisions) were retired and replaced with eight new substandards related to complaints and grievances. Four of the substandards cover BBA provisions and four are OMHSAS-specific.

As was done for prior technical reports, review findings pertaining to the required BBA regulations are presented in this chapter. The review findings for selected OMHSAS-specific substandards are reported in **Appendix C**. The RY 2020 crosswalks of PEPS substandards to pertinent BBA regulations and to pertinent OMHSAS-specific PEPS substandards can be found in **Appendix A** and **Appendix B**, respectively.

Because OMHSAS's review of the HealthChoices Oversight Entities and their subcontracted BH-MCOs occurs over a 3-year cycle, OMHSAS has the flexibility to assess compliance with the review standards on a staggered basis, provided that all BBA categories are reviewed within that time frame. The 3-year period is alternatively referred to as the Active Review period. The PEPS substandards from RY 2020, RY 2019, and RY 2018 provided the information necessary for the 2020 assessment. Those triennial standards not reviewed through the PEPS system in RY 2020 were evaluated on their performance based on RY 2019 and/or RY 2018 determinations, or other supporting documentation, if necessary. For those HC Oversight Entities that completed their Readiness Reviews within the 3-year time frame under consideration,

RAI substandards were evaluated when none of the PEPS substandards crosswalked to a particular BBA category were reviewed.

For BHO, a total of 72 unique substandards were applicable for the evaluation of HC Oversight Entity/BH-MCO compliance with the BBA regulations for this review cycle or period (RYs 2018, 2019, 2020). In addition, 18 OMHSAS-specific substandards were identified as being related to, but are supplemental to, the BBA regulation requirements. Some PEPS substandards crosswalk to more than one BBA category, while each BBA category crosswalks to multiple substandards. In **Appendix C, Table C.1** provides a count of supplemental OMHSAS-specific substandards that are not required as part of BBA regulations but are reviewed within the 3-year cycle to evaluate the BH-MCO and the associated HC Oversight Entity against other state-specific Structure and Operations Standards.

Table 3.2 tallies the PEPs substandard reviews used to evaluate the HC Oversight Entity/BH-MCO compliance with the BBA regulations and includes counts of the substandards that came under active review during each year of the current period (RYs 2018–2020). Substandard counts under RY 2020 included both annual and triennial substandards; substandard counts under RYs 2019 and 2018 comprised only triennial substandards. By definition, only the last review of annual substandards is counted in the 3-year period. Because substandards may crosswalk to more than one category, the total tally of substandard reviews in **Table 3.2**, 94, differs from the unique count of substandards that came under active review (72).

Table 3.2: Tally of Substandards Pertinent to BBA Regulations Reviewed for BHO

'able 3.2: Tally of Substandards Pertinent to BBA Regulations Reviewed for BHO									
	Evaluate			ostandards l					
	Substan	idards ¹	Act	!					
BBA Regulations	Total	NR	2020	2019	2018				
CMS EQR Protocol 3 "sections": Standards, including enrollee rights a	nd protect	ions							
Assurances of adequate capacity and services	5		5						
(42 C.F.R. § 438.207)	5	-	5	-	-				
Availability of services (42 C.F.R § 438.206, 42 C.F.R. § 10(h))	24	-	14	4	6				
Confidentiality (42 C.F.R. § 438.224)	1	-	-	1	-				
Coordination and continuity of care (42 C.F.R. § 438.208)	2	-	2		-				
Coverage and authorization of services (42 C.F.R. Parts § 438.210(a-	4		4						
e), 42 C.F.R. § 441, Subpart B, and § 438.114)	4	-	4	-	_				
Health information systems (42 C.F.R. § 438.242)	1	-	-	1	-				
Practice guidelines (42 C.F.R. § 438.236)	6	-	2	4	-				
Provider selection (42 C.F.R. § 438.214)	3	-	-	-	3				
Subcontractual relationships and delegation (42 C.F.R. § 438.230)	8	-	-	8	-				
CMS EQR Protocol 3 "sections": Quality assessment and performance	improven	nent (QAF	l) program						
Quality assessment and performance improvement program (42	20		10	7					
C.F.R. § 438.330)	26	-	19	/	-				
CMS EQR Protocol 3 "sections": Grievance system									
Grievance and appeal systems (42 C.F.R. § 438 Parts 228, 402, 404,	14		1.1						
406, 408, 410, 414, 416, 420, 424)	14	-	14	-	-				
Total	94	-	60	25	9				

¹The total number of substandards required for the evaluation of HC Oversight Entity/BH-MCO compliance with the BBA regulations. Any PEPS substandards not reviewed indicate substandards that were deemed not applicable to the HC Oversight Entity/BH-MCO.

BBA: Balanced Budget Act; PEPS: Program Evaluation Performance Summary; BHO: Beacon Health Options; NR: substandards not reviewed; CMS: Centers for Medicare and Medicaid Services; EQR: external quality review; C.F.R: Code of Federal Regulations.

² The number of substandards that came under active review during the cycle specific to the review year. Because substandards may cross-walk to more than one category, the total tally of substandard reviews (94) differs from the unique count of substandards that came under active review (72).

Determination of Compliance

To evaluate HC Oversight Entity/BH-MCO compliance with individual provisions, IPRO grouped the required and relevant monitoring substandards by provision (category) and evaluated the Primary Contractors' and BH-MCO's compliance status with regard to the PEPS substandards. Each substandard was assigned a value of "met," "partially met," or "not met" in the PEPS Application submitted by the Commonwealth. If a substandard was not evaluated for a particular HC Oversight Entity/BH-MCO, it was assigned a value of "not determined." Compliance with the BBA provisions was then determined based on the aggregate results across the 3-year period of the PEPS items linked to each provision. If all items were met, the HC Oversight Entity/BH-MCO was evaluated as compliant; if some were met and some were partially met or not met, the HC Oversight Entity/BH-MCO was evaluated as partially compliant. If all items were not met, the HC Oversight Entity/BH-MCO was evaluated as non-compliant. A value of not applicable (N/A) was assigned to provisions for which a compliance review was not required. A value of null was assigned to a provision when none of the existing PEPS substandards directly covered the items contained within the provision, or if it was not covered in any other documentation provided. Finally, all compliance results within a given category were aggregated to arrive at a summary compliance status for the category. For example, compliance findings relating to provider network mix and capacity are summarized under Assurances of adequate capacity and services, 42 C.F.R. § 438.207.

The format for this section of the report was developed to be consistent with the categories prescribed by BBA regulations. This document groups the regulatory requirements under subject headings that are consistent with the three sections set out in the BBA regulations and described in "Protocol 3: Review of Compliance with Medicaid and CHIP Managed Care Regulations." Under each general section heading are the individual regulatory categories appropriate to those headings. IPRO's findings are therefore organized under Standards, including Enrollee Rights and Protections, Quality Assessment and Performance Improvement (QAPI) Program, and Grievance System.

This format reflects the goal of the review, which is to gather sufficient foundation for IPRO's required assessment of the HC Oversight Entity/BH-MCO's compliance with BBA regulations as an element of the analysis of their strengths and weaknesses. In addition, this level of analysis avoids any redundancy with the detailed level of review found in the PEPS documents.

Findings

Seventy-two (72) unique PEPS substandards were used to evaluate BHO and its Oversight Entities compliance with BBA regulations in RY 2020.

Standards, Including Enrollee Rights and Protections

The general purpose of the regulations included in this section is to ensure that each Primary Contractor/BH-MCO has written policies regarding enrollee rights, complies with applicable Federal and State laws that pertain to enrollee rights, and that the Primary Contractor/BH-MCO ensures that its staff and affiliated providers take into account those rights when furnishing services to enrollees. **Table 3.3** presents the MCO and Primary Contractor substandard findings by categories.

Table 3.3: Compliance with Standards, Including Enrollee Rights and Protections

	Category	МСО		Substandard Status		
Federal Category and CFR Reference	Substandard Count	Compliance Status	Primary Contractor	Fully Compliant	Partially Compliant	Not Compliant
Assurances of adequate capacity and services 42 C.F.R. § 438.207		Compliant	All BHO Primary Contractors	1.1, 1.2, 1.4, 1.5, 1.6	-	-
Availability of Services 42 C.F.R § 438.206, 42 C.F.R. § 10(h)		Partial	All BHO Primary Contractors	1.1, 1.2, 1.3, 1.4, 1.5, 1.6, 1.7, 23.1, 23.2, 23.3, 23.4, 23.5, 24.1, 24.2, 24.3, 24.4, 24.5, 24.6, 93.1, 93.2, 93.3, 93.4	28.1, 28.2	-

	Category	мсо		Sul	ostandard Stat	us
Federal Category and CFR Reference	Substandard Count	Compliance Status	Primary Contractor	Fully Compliant	Partially Compliant	Not Compliant
Confidentiality 42 C.F.R. § 438.224	1	Compliant	All BHO Primary Contractors	120.1	-	-
Coordination and continuity of care 42 C.F.R. § 438.208	2	Partial	All BHO Primary Contractors	-	28.1, 28.2	-
Coverage and authorization of services 42 C.F.R. Parts § 438.210(a–e), 42 C.F.R. § 441, Subpart B, and § 438.114	4	Partial	All BHO Primary Contractors	72.1, 72.2	28.1, 28.2	-
Health information systems 42 C.F.R. § 438.242	1	Compliant	All BHO Primary Contractors	120.1	-	-
Practice guidelines 42 C.F.R. § 438.236	6	Partial	All BHO Primary Contractors	93.1, 93.2, 93.3, 93.4	28.1, 28.2	-
Provider selection 42 C.F.R. § 438.214	3	Compliant	All BHO Primary Contractors	10.1, 10.2, 10.3	-	-
Subcontractual relationships and delegation 42 C.F.R. § 438.230	8	Compliant	All BHO Primary Contractors	99.1, 99.2, 99.3, 99.4, 99.5, 99.6, 99.7, 99.8	-	-

MCO: managed care organization; CFR: Code of Federal Regulations; BHO: Beacon Health Options.

There are nine (9) categories within Standards, including Enrollee Rights and Protections. BHO was compliant with 5 categories and partially compliant with 4 categories.

For this review, 54 PEPS substandards were crosswalked to categories within Compliance with Standards, including Enrollee Rights and Protections. BHO and its Primary Contractors were reviewed on all 54 substandards. BHO and its Primary Contractors were compliant in 46 instances and partially compliant in 8 instances. Some PEPS substandards apply to more than one BBA Category. As a result, one partially compliant or non-compliant rating for an individual PEPS substandard could result in several BBA Categories with partially compliant or non-compliant ratings.

Availability of Services

BHO was partially compliant with Availability of Services due to partial compliance with Substandard 1 and Substandard 2 of PEPS Standard 28 (RY 2020).

Standard 28: Availability of Services: BH-MCO has a comprehensive, defined program of care that incorporates longitudinal disease management.

Substandard 1: Clinical/chart reviews reflect appropriate consistent application of medical necessity criteria and active care management that identify and address quality of care concerns.

Substandard 2: The medical necessity decision made by the BH-MCO Physician/Psychologist Advisor is supported by documentation in the denial record and reflects appropriate application of medical necessity criteria.

Coordination and Continuity of Care

BHO was partially compliant with Coordination and Continuity of Care due to partial compliance with Substandard 1 and Substandard 2 of PEPS Standard 28 (RY 2020).

Standard 28: See Standard description and determination of compliance under Availability of Services.

Substandard 1: See substandard description and determination of compliance under Availability of Services.

Substandard 2: See substandard description and determination of compliance under Availability of Services.

Coverage and Authorization of Services

BHO was partially compliant with Coverage and Authorization of Services due to partial compliance with Substandard 1 and Substandard 2 of PEPS Standard 28 (RY 2020).

Standard 28: See Standard description and determination of compliance under Availability of Services.

Substandard 1: See substandard description and determination of compliance under Availability of Services.

Substandard 2: See substandard description and determination of compliance under Availability of Services.

Practice Guidelines

BHO was partially compliant with Practice Guidelines due to non-compliance with Substandard 1 and Substandard 2 of PEPS Standard 28 (RY 2020).

Standard 28: See Standard description and determination of compliance under Availability of Services.

Substandard 1: See substandard description and determination of compliance under Availability of Services.

Substandard 2: See substandard description and determination of compliance under Availability of Services.

Quality Assessment and Performance Improvement (QAPI) Program

The general purpose of the regulations included under this subpart is to ensure that all services available under the Commonwealth's MMC program, the HC Program, are available and accessible to MCO enrollees. The PEPS documents for each Primary Contractor include an assessment of the Primary Contractors/BH-MCO's compliance with regulations found in Subpart D. **Table 3.4** presents the findings by categories consistent with the regulations.

Table 3.4: Compliance with Quality Assessment and Performance Improvement Program

Federal Category	Category	мсо		Substandard Status		
and CFR reference	Substandard Count	Compliance Status	Primary Contractor	Fully Compliant	Partially Compliant	Not Compliant
Quality assessment and performance improvement program 42 C.F.R. § 438.330	26	Compliant	All BHO Primary Contractors	91.1, 91.2, 91.3, 91.4, 91.5, 91.6, 91.7, 91.8, 91.9, 91.10, 91.11, 91.12, 91.13, 91.14, 91.15, 93.1, 93.2, 93.3, 93.4, 98.1, 98.2, 98.3, 104.1, 104.2, 104.3, 104.4	-	-

MCO: managed care organization; CFR: Code of Federal Regulations; BHO: Beacon Health Options.

For this review, 26 substandards were crosswalked to Quality Assessment and Performance Improvement Program. All 26 substandards were reviewed for BHO and its Primary Contractors. BHO and its Primary Contractors were compliant with all 26 substandards.

Grievance System

The general purpose of the regulations included under this subpart is to ensure that enrollees have the ability to pursue grievances. The PEPS documents include an assessment of the Primary Contractor/BH-MCO's compliance with regulations found in Subpart F. **Table 3.5** presents the findings by categories consistent with the regulations.

Table 3.5: Compliance with Grievance System

Federal Category	Category	MCO		Substandard Status		
and CFR reference	Substandard Count	Compliance Status	Primary Contractor	Fully Compliant	Partially Compliant	Not Compliant
Grievance and appeal systems 42 C.F.R. § 438 Parts 228, 402, 404, 406, 408, 410, 414, 416, 420, 424	14	Partial	All BHO Primary Contractors	68.1, 68.2, 68.3, 68.4, 68.7, 71.1, 71.2, 71.3, 71.4, 71.7, 71.9, 72.1, 72.2	-	68.9

MCO: managed care organization; CFR: Code of Federal Regulations; BHO: Beacon Health Options.

For this review, 14 substandards were crosswalked to Grievance System. All 14 substandards were reviewed for BHO and its Primary Contractors were compliant with 13 substandards and non-compliant with 1 substandard.

Grievance and Appeal Systems

BHO was partially compliant with Grievance and Appeal System due to non-compliance with Substandard 9 of PEPS Standard 68 (RY 2020).

Standard 68: Complaint (and BBA fair hearing) rights and procedures are made known to IEAP, members, BH-MCO staff, and the provider network through manuals, training, handbooks, etc.

Substandard 9: Complaint case files include documentation of any referrals of Complaint issues to Primary Contractor/BH-MCO committees for further review and follow-up. Evidence of subsequent corrective action and follow-up by the respective Primary Contractor/BH-MCO Committee must be available to the Complaint staff, either by inclusion in the Complaint case file or reference in the case file to where the documentation can be obtained for review.

IV: Validation of Network Adequacy

Objectives

As set forth in 42 CFR §438.358, validation of network adequacy is a mandatory EQR activity. The purpose of this section is to assess the BH-MCO's network adequacy in accordance with standards established under 42 CFR § 438.68(b) (1)(iii) and 457.1218.

Description of Data Obtained

For the 2020 review year, the BH-MCO's network adequacy was assessed based on compliance with certain federal and OMHSAS-specific standards that were crosswalked to standards falling directly or indirectly under 42 CFR § 438.68(b) (1)(iii) and 457.1218. Compliance status was determined as part of the larger assessment of compliance with MMC regulations. As of MY 2020, EQR validation protocols for assessing network adequacy had not been published by CMS. Since the publication of the 2020 Medicaid and CHIP Managed Care Final Rule, OMHSAS is actively reviewing its network adequacy monitoring program to ensure all relevant requirements are covered in the annual validation activity going forward. For behavioral health, those requirements include: quantitative network adequacy standards, ensuring timely access to services, ensuring provider accessibility, allowing access to out-of-network providers, documenting an MCO's capacity to serve all enrollees, and adhering to the 2008 Mental Health Parity and Addictions Equity Act (MHPAEA) regulations on treatment limitations.²³

Findings

Table 4.1 describes the RY 2020 compliance status of BHO with respect to network adequacy standards that were in effect in 2020. Definitions for most standards may be found in **Section III**, Compliance with Medicaid Managed Care Regulations. The following standards are specific to validation of network adequacy (any substandards for which the MCO is not fully compliant are defined further below):

Standard 11: BH-MCO has conducted orientation for new providers and ongoing training for network.

Standard 59: BM-MCO has implemented public education and prevention programs, including behavioral health educational materials.

Standard 78: Evidence exists of the County's oversight of functions and activities delegated to the BH-MCO including: a. County Table of Organization showing a clear organization structure for oversight of BH-MCO functions. b. In the case of a multi-county contract, the Table of Organization shows a clear relationship among and between Counties' management structures, as it relates to the BH-MCO oversight. c. The role of the Single County Authority (SCA) in oversight is clear in the oversight structure. d. Meeting schedules and attendee minutes reflect County oversight of the BH-MCO (e.g., adequate staff with appropriate skills and knowledge that regularly attend meetings and focus on monitoring the contract and taking appropriate action, such as CAPs. e. Documentation of the County's reviews and/or audits of quality and accuracy of the major BH-MCO functions, including: 1) Care Management, 2) Quality Assurance (QA), 3) Financial Programs, 4) MIS, 5) Credentialing, 6) Grievance System, 7) Consumer Satisfaction, 8) Provider Satisfaction, 9) Network Development, Provider Rate Negotiation, and 10) Fraud, Waste, and Abuse (FWA).

Standard 100: Utilization Management and Quality Management: Provider Satisfaction: The Primary Contractor, either directly or via a BH-MCO or other subcontractor, must have systems and procedures to assess provider satisfaction with network management. The systems and procedures must include, but not be limited to, an annual provider satisfaction survey. Areas of the survey must include claims processing, provider relations, credentialing, prior authorization, service management and quality management.

Table 4.1: Compliance with Standards Related to Network Adequacy

		мсо		Substandard Status		
Standard	Substandard	Compliance		Fully	Partially	Not
Description	Count	Status	Primary Contractors	Compliant	Compliant	Compliant
Standard 1	7	Compliant	All BHO Primary	1.1, 1.2, 1.4,	-	-
			Contractors	1.5, 1.6, 1.7		
Standard 10	3	Compliant	All BHO Primary	10.1, 10.2,	-	-
			Contractors	10.3		
Standard 11	3	Compliant	All BHO Primary	11.1, 11.2,	-	-
			Contractors	11.3		
Standard 23	5	Compliant	All BHO Primary	23.1, 23.2,	-	-
			Contractors	23.3, 23.4,		
				23.5		
Standard 24	6	Compliant	All BHO Primary	24.1, 24.2,	-	-
			Contractors	24.3, 24.4,		
				24.5, 24.6		
Standard 59	1	Compliant	All BHO Primary Contractors	59.1	-	-
Standard 78	5	Compliant	Beaver,	78.1, 78.2,	-	-
			Crawford/Mercer/Venango,	78.3, 78.4,		
			Fayette, and Southwest Six	78.5		
			Greene (N/A)	-	-	-
Standard 91	15	Compliant	All BHO Primary	91.1, 91.2,	-	-
			Contractors	91.3, 91.4,		
				91.5, 91.6,		
				91.7, 91.8,		
				91.9, 91.10,		
				91.11, 91.12,		
				91.13, 91.14, 91.15		
Standard 93	4	Compliant	All BHO Primary	93.1, 93.2,	_	-
	· ·		Contractors	93.3, 93.4		
Standard 99	8	Compliant	All BHO Primary	99.1, 99.2,	-	-
			Contractors	99.3, 99.4,		
				99.5, 99.6,		
				99.7, 99.8		
Standard 100	1	Compliant	All BHO Primary	100.1	-	-
			Contractors			

MCO: managed care organization; CFR: Code of Federal Regulations; BHO: Beacon Health Options.

For this review, 58 substandards were crosswalked to Network Adequacy. All 58 substandards were reviewed for BHO and its Primary Contractors, except for Greene County, which was exempt from review on Standard 78. BHO and these Primary Contractors were compliant with all 58 substandards. Greene County opted out of the County's first right of opportunity to oversee the MCO-delegated functions and activities falling under Standard 78; instead OMHSAS contracted directly with BHO on the select functions and activities. Greene County was found compliant with the remaining 53 substandard requirements related to network adequacy.

V: Quality Studies

Objectives

The purpose of this section is to describe quality studies performed in 2020 for the HealthChoices population. The studies are included in this report as optional EQR activities that occurred during the Review Year.²⁴

Integrated Community Wellness Centers

In 2019, PA DHS made the decision to discontinue participation in the CCBHC Demonstration but to continue and build on the CCBHC model in a PA DHS-administered Integrated Community Wellness Centers (ICWC) program under an MMC agreement with CMS. The purpose of the CCBHC Demonstration was to develop and test an all-inclusive (and all-payer) prospective payment system model for community clinics to integrate behavioral and physical health care services in a more seamless manner. The model is centered on the provision of nine core services. Crisis services, behavioral health screening, assessment and diagnosis, treatment planning, and outpatient mental health and substance use services, along with outpatient clinic primary care screening and monitoring, are provided or managed directly by the ICWC clinics. The other services, including targeted case management, peer support, psychiatric rehabilitation services, and intensive community-based mental health care to members of the armed forces and veterans may be provided through a contract with a Designated Collaborating Organization (DCO). To receive CCBHC certification, clinics also had to provide a minimum set of evidence-based practices (EBP), which was selected based on community needs assessments and centered on recovery-oriented care and support for children, youth, and adults. Under ICWC, the same nine core services of the CCBHC model are provided under PA's HealthChoices MMC program using a similar bundled payment arrangement with clinics certified to participate as ICWC clinics. For the first year of ICWC, 2020, the original seven clinics—Berks Counseling Center (located in Reading, PA), CenClear (with a clinic site in Clearfield, PA, and in Punxsutawney, PA), the Guidance Center (located in Bradford, PA), Northeast Treatment Centers (located in Philadelphia, PA), Pittsburgh Mercy (located in Pittsburgh, PA), and Resources for Human Development (located in Bryn Mawr, PA)—were invited to participate in the new program. Although none of the participating clinics are in BHO's network, discussion of ICWC is included in this report to account for any possible utilization of ICWC services among BHO's members.

Description of Data Obtained

Like CCBHC, ICWC features a process measure Dashboard, hosted by the EQRO. Clinics enter monthly, quarterly, and year-to-date (YTD) data into a REDCap project which feeds, on a weekly basis, a server-based Tableau workbook where clinics are able to monitor progress on the implementation of their ICWC model. Using the Dashboard, clinics in 2020 tracked and reported on clinical activities in a range of quality domains reflecting the priorities of the initiative: clinic membership, process, access and availability, engagement, evidence-based practices, and client satisfaction. The Tableau workbook also featured a comparative display that showed clinic and statewide results on each process measure.

Findings

In 2020, the number of individuals receiving at least one core service dropped slightly to just over 17,700 from just over 19,400 in 2019 (the second year of the CCBHC Demonstration). The unweighted average (across all the clinics) number of days until initial evaluation was 8 days. In the area of depression screening and follow-up, more than 94% of positive screenings resulted in the documentation of a follow-up plan the same day. More than 3,700 individuals within the ICWC program received drug and alcohol outpatient or intensive outpatient treatment during the period.

Process measures reflect important progress in increasing both the access and quality of community-based care for individuals with behavioral health conditions, but the ICWC quality measures are designed to more meaningfully measure the impact of these efforts. Under the CMS-approved ICWC preprint, a subset of the measures is reported to CMS on an annual calendar year basis, along with HEDIS Follow-Up After High Intensity Care for Substance Use Disorder (FUI). **Table 5.1** summarizes how the ICWC clinics performed on quality measures compared to applicable performance targets and national benchmarks.

Table 5.1: ICWC Quality Performance Compared to Targets and National Benchmarks

Table 5.1: ICWC Quality Performance Con	Comparison				
	ICWC	ICWC 2020			
	Weighted	Performance	National		
Measure	Average	Target	Benchmark	Benchmark Description	
Follow-Up After High-Intensity Care for		N/A (baseline		HEDIS 2021 Quality	
Substance Use Disorder (FUI) – 7 day	9.9%	year)	32.45%	Compass 50th percentile	
Follow-Up After High-Intensity Care for		N/A (baseline		HEDIS 2021 Quality	
Substance Use Disorder (FUI) – 30 day	20.1%	year)	53.75%	Compass 50th percentile	
Follow-Up Care for Children Prescribed				HEDIS 2021 Quality	
ADHD Medication (ADD) - Initiation	74.6%	80.2%	43.0%	Compass 50th percentile	
Follow-Up Care for Children Prescribed				HEDIS 2021 Quality	
ADHD Medication (ADD) - Continuation	81.5%	89.6%	54.7%	Compass 50th percentile	
Follow-Up After Emergency				·	
Department Visit for Alcohol and Other	24 50/	26.70/	42.70/	HEDIS 2021 Quality	
Drug Abuse or Dependence (FUA) - 7	21.5%	26.7%	12.7%	Compass 50th percentile	
day				·	
Follow-Up After Emergency					
Department Visit for Alcohol and Other	22.70/	20.00/	10.20/	HEDIS 2021 Quality	
Drug Abuse or Dependence (FUA) - 30	33.7%	38.8%	19.3%	Compass 50th percentile	
day					
Follow-Up After Emergency				LIEDIS 2021 Ovelity	
Department Visit for Mental Illness	100%	53.4%	39.1%	HEDIS 2021 Quality	
(FUM) - 7 day				Compass 50th percentile	
Follow-Up After Emergency				HEDIS 2021 Quality	
Department Visit for Mental Illness	100%	64.2%	55.2%	Compass 50th percentile	
(FUM) - 30 day				Compass Sour percentile	
Initiation and Engagement of Alcohol				HEDIS 2021 Quality	
and Other Drug Abuse or Dependence	19.0%	28.2%	43.5%	Compass 50th percentile	
Treatment (IET), ages 18-64 - Initiation				Compass Som percentile	
Initiation and Engagement of Alcohol					
and Other Drug Abuse or Dependence	4.0%	18.8%	14.2%	HEDIS 2021 Quality	
Treatment (IET), ages 18-64 -	1.670	20.070	111270	Compass 50th percentile	
Engagement					
Follow-Up After Hospitalization for				HEDIS 2021 Quality	
Mental Illness, ages 21 and older (FUH-	12.0%	30.2%	31.4%	Compass 50th percentile	
A) - 7 day				, , , , , , , , , , , , , , , , , , , ,	
Follow-Up After Hospitalization for				HEDIS 2021 Quality	
Mental Illness, ages 21 and older (FUH-	20.0%	41.6%	52.9%	Compass 50th percentile	
A) - 30 day				' '	
Follow-Up After Hospitalization for	40.404	42.00	45 501	HEDIS 2021 Quality	
Mental Illness, ages 6-20 (FUH-C) - 7	18.1%	43.8%	45.5%	Compass 50th percentile	
day				'	
Follow-Up After Hospitalization for	26.227	FF 60.1	70.001	HEDIS 2021 Quality	
Mental Illness, ages 6-20 (FUH-C) - 30	26.3%	55.6%	70.0%	Compass 50th percentile	
day Antidon research Madiestics				·	
Antidepressant Medication	58.0%	48.8%	53.6%	HEDIS 2021 Quality	
Management (AMM) - Acute				Compass 50th percentile	
Antidepressant Medication	81.5%	89.5%	45.7%	HEDIS 2021 Quality	
Management (AMM) - Continuation				Compass 50th percentile	

			Comparison		
Measure	ICWC Weighted Average	ICWC 2020 Performance Target	National Benchmark	Benchmark Description	
Adherence to Antipsychotic Medications for Individuals with Schizophrenia (SAA)	56.1%	57.3%	62.1%	HEDIS 2021 Quality Compass 50th percentile	
Diabetes Screening for People with Schizophrenia or Bipolar Disorder Who Are Using Antipsychotic Medications (SSD)	72.2%	85.0%	82.1%	HEDIS 2021 Quality Compass 50th percentile	
Plan All-Cause Readmissions Rate (PCR)	25%	6.9%	9.9%	HEDIS 2021 Quality Compass 50th percentile	
Child and Adolescent Major Depressive Disorder (MDD): Suicide Risk Assessment (SRA-BH-C)	52.2%	16.2%	17.1%	MIPS 2021 (eCQM)	
Adult Major Depressive Disorder (MDD): Suicide Risk Assessment (SRA-A)	39.7%	26.3%	12.2%	MIPS 2021 (eCQM)	
Screening for Depression and Follow- Up Plan (CDF-BH)	36.0%	37.7%	50.2%	MIPS 2021 (CQM)	
Depression Remission at Twelve Months (DEP-REM-12)	9.4%	N/A	4.9%	MIPS 2021 (eCQM)	
Body Mass Index (BMI) Screening and Follow-Up Plan	35.7%	51.0%	49.2%	MIPS 2021 (eCQM)	
Weight Assessment for Children/Adolescents: Body Mass Index Assessment for Children/Adolescents (WCC-BH)	51.0%	64.5%	68.4%	HEDIS 2021 Quality Compass 50th percentile	
Tobacco Use: Screening and Cessation Intervention (TSC)	70.5%	56.0%	60.4%	MIPS 2021 (CQM)	
Unhealthy Alcohol Use: Screening and Brief Counseling (ASC)	69.2%	51.1%	68.4%	MIPS 2021 (CQM)	

ICWC: integrated community wellness center; HEDIS: Healthcare Effectiveness Data and Information Set; N/A: not applicable; ADHD: attention deficit/hyperactivity disorder; MIPS: Merit-Based Incentive Pay System; eCQM: electronic clinical quality measure; CQM: clinical quality measure.

Measures where the ICWCs surpassed targets include: FUM, AMM (Acute), PCR, SRA-BH-C, SRA-A, TSC, and ASC.

V: 2020 Opportunities for Improvement - MCO Response

Current and Proposed Interventions

The general purpose of this section is to assess the degree to which each BH-MCO has effectively addressed the opportunities for improvement cited by IPRO in the 2020 (MY 2019) EQR Technical Report and in the 2021 (MY 2020) FUH All-Ages Goal Report.

The request for MCO response to the opportunities for improvement related to PEPS deficiencies was distributed in June 2021. The 2021 EQR Technical Report is the 14th report to include descriptions of current and proposed interventions from each BH-MCO that address the prior year's deficiencies.

The BH-MCOs are required by OMHSAS to submit descriptions of current and proposed interventions using the Opportunities for Improvement form developed by IPRO to ensure that responses are reported consistently across the Pennsylvania Medicaid BH-MCOs. These activities follow a longitudinal format and are designed to capture information relating to:

- follow-up actions that the BH-MCO has taken through June 30, 2021, to address each recommendation;
- future actions that are planned to address each recommendation;
- when and how future actions will be accomplished;
- the expected outcome or goals of the actions that were taken or will be taken; and
- the BH-MCO's process(es) for monitoring the action to determine the effectiveness of the actions taken.

The documents informing the current report include the MCO responses submitted to IPRO in October 2021 to address partial and non-compliant PEPS standards findings, as well as any additional relevant documentation provided by the BH-MCO.

The request for MCO response to the opportunities for improvement related to MY 2020 underperformance in the HEDIS FUH All-Ages measures were distributed, along with the MY 2020 results, in January 2022. The Root Cause Analysis and Quality Improvement Plan form similarly provides for a standardized format for BH-MCOs to describe root causes of underperformance and propose a detailed quality improvement plan to address those factors, complete with a timeline of implementation, monitoring, and reporting activities. BH-MCOs submitted their responses by March 15, 2022.

Quality Improvement Plan for Partial and Non-compliant PEPS Standards

All actions targeting opportunities for improvement with the structure and operational standards are monitored for effectiveness by OMHSAS. Based on the OMHSAS findings for RY 2019, BHO began to address opportunities for improvement related to compliance categories within the following two CMS sections pertaining to compliance with Medicaid Managed Care regulations. Within Compliance with Standards, including Enrollee Rights and Protections, BHO was partially compliant with the following BBA categories: Availability of Services, Coordination and continuity of care, Coverage and authorization of services, and Practice Guidelines. Within Compliance with Grievance System, BHO was partially compliant with Grievance and appeal systems. Proposed actions and evidence of actions taken by BHO were monitored through action plans, technical assistance calls, monitoring meetings, and quality and compliance reviews. OMHSAS will continue these monitoring activities until sufficient progress has been made to bring BHO into compliance with the relevant Standards.

Table 6.1 presents BHO's responses to opportunities for improvement cited by IPRO in the 2020 (MY 2019) EQR Technical Report, detailing current and proposed interventions. Objects embedded within the tables have been removed as exhibits but are available upon request.

Table 6.1: BHO Responses to Opportunities for Improvement

Reference Number	Opportunity for Improvement	Date(s) of Follow-up Action(s) Taken/Planned	MCO Response
	iance with standards	Date(s) of follow-up action(s) taken	Address within each category accordingly.
·	e Commonwealth in	through 6/30/21 /Ongoing/None	riadiciss within each eacegory accordingly.
•	RY) 2017, RY 2018, and	Date(s) of future action(s)	Address within each category accordingly.
RY 2019 found B	eacon to be partially	planned/None	Address within each category accordingly.
compliant with to	wo out of three	planned, None	
sections in CMS I			
•	liance with Medicaid		
	ed Care Regulations.	5 . () (())	
BHO 2020.01	Within CMS EQR Protocol 3: Enrollee	Date(s) of follow-up action taken	CMS EQR Protocol 3: Enrollee Rights and Protections – Availability of
		through 6/30/21 /Ongoing	Services (PEPS Standard 28.1) – Clinical/chart reviews reflect appropriate consistent application of medical necessity criteria and active care
	Rights and Protections		management that identify and address quality of care concerns. (PEPS =
	Regulations, BHO		Program Evaluation Performance Summary)
	was partially		,
	compliant on four		Beacon – PA Response: Active Care Management Review (ACMR) Tool:
	out of nine	May 1, 2021 for the use of the ACMR	Beacon-PA has initiated the use of the ACMR tool to evaluate active care
	categories. The	tool	management within the clinical records as of 5/1/21. All staff were trained
	partially compliant		on the ACMR tool and rationale prior to use. Once a record is reviewed,
	categories are:	June 1, 2021 and annually for IRR	those results are shared with the staff to enhance the documentation
	1 Availability	testing	reflection of application of Medical Necessity Criteria (MNC) and addressing
	 Availability of Services 	December, 2019 for "UM Redesign"	any quality of care (QOC) issues. A sample of the ACMR tool discussed with Mercer Consulting during the triennial review is being included.
	Of Services	December, 2015 for Olvi Redesign	iviercer consulting during the thermial review is being included.
	2. Coordination	Annual Quality of Care Concerns	IRR Testing: Beacon-PA completed the annual interrater reliability testing
	and	training	(IRR) with a performance target of 90% (up from 80% in previous years).
	Continuity of		Only one staff fell below the target (88%) demonstrating enhanced
	Care	February 2021 – PEPS RY2017 –	consistency across the clinical team in the application of MNC.
	_	completion and closure of Corrective	
	3. Coverage	Action Plan (CAP)	UM Redesign: Development of "UM Redesign" where an automated
	and	March / April 2021 A CAAD	algorithm assessing MNC and if a risk factor is identified, then pended to a
	Authorizatio n of Services	March/April 2021 – ACMR case presentations with Mercer	Pennsylvania clinician for HLOC of Substance Use Disorder (SUD) services. This allows for consistent application of MNC across requests and providers.
	ii oi services	Consulting for the triennial review	During the triennial review with Mercer Consulting and the Office of Mental
	4. Practice	consulting for the thenman review	Health and Substance Abuse Services (OMHSAS), the presentation for UM
	Guidelines		Redesign, entitled "Reimagining Care Management," was offered as part of
			the onsite review. A copy of that presentation is being submitted.

Reference Number	Opportunity for Improvement	Date(s) of Follow-up Action(s) Taken/Planned	MCO Response
Number	improvement	Taken/Planneu	(Standard 28.1 continued)
			1.
			Quality of Care Training: Beacon-PA has developed Quality of Care Concern training for all clinical care management staff. All staff will continue to
			receive quality of care concern training on an annual basis. Current training
			and course completion record for CY2020 is attached.
			·
			PEPS RY2017: Beacon-PA was notified in February 2021 that OMHSAS
			completed their review of the PEPS RY2017 corrective action plan (CAP) for
			Standard 28 related to longitudinal care management. Based on their review
			the CAP for Standard 28 was considered completed and closed.
			Documentation related to the closure of the CAP for Standard 28 is
			attached.
			ACMR Case Presentations: The Triennial PEPS Review was conducted by
			OMHSAS and Mercer Consulting from March 30 – April 1, 2021. Part of the
			process leading up to the "virtual" onsite review included Active Care
			Management Case Presentations. Four cases across different levels of care
			(from the sample requested by Mercer) were selected for review with the
			Beacon-PA clinical care management team. The findings from Mercer, based
			on the ACMR presentations, noted that Beacon-PA, in collaboration with the
			primary contractors, proactively identified a number of opportunities to
			enhance longitudinal care management based on the results of the ACMR.
			The presentation summarizing the cases selected for the ACMR portion of
			the triennial review is being submitted.
			(Standard 28.1 continued)
			Recommendations for follow-up include activities from the triennial review
			related to: Education for staff, education for providers, enhanced
			documentation, care manager preparation, reinforcing triggers for peer
			consult, use of clinical rounds, complex case referrals, system efficiencies,
			staffing, quality of care (QOC) reporting, and policy updates. These items will
			be addressed in the Beacon-PA response to OMHSAS as part of the
			corrective action process.
		Date(s) of future action planned:	Beacon –PA Response: PEPS Standard 28.1
		June 1, 2021 – annual IRR Testing	Annual IRR testing will continue.
		Annual Quality of Care Concern training (Dec 2021)	Annual Quality of Care Concern training

Reference Number	Opportunity for	Date(s) of Follow-up Action(s)	MCO Pornonco
Number	Improvement	Taken/Planned Development of a corrective action	MCO Response
		work plan based on the 2020	Address findings and recommendations from the Mercer triennial review. This will require the development of a corrective action work plan.
		triennial review findings - October	This will require the development of a corrective action work plan.
		2021 and ongoing through	
		completion	
		Date(s) of follow-up action taken	CMS EQR Protocol 3: Enrollee Rights and Protections – Coordination and
		through 6/30/21 /Ongoing	Continuity of Care (PEPS Standard 28.1) - Clinical/chart reviews reflect
			appropriate consistent application of medical necessity criteria and active
			care management that identify and address quality of care concerns.
		Also, see above under Availability	Beacon – PA Response:
		of Services	Beacon-PA Clinical Department conducts monthly audits on documentation
			standards to reflect recovery principles, active and longitudinal care
			management strategies and appropriate medical necessity decision making.
			The results of these audits are used for monitoring and demonstration of adherence to care management processes, individual performance
			evaluations and consistency in application of criteria and/or program
			requirements.
		April 2019 and ongoing for	(Standard 28.1 continued)
		Complex Care Management	
		a compress con a small german	To ensure members have continuity of care, particularly in circumstances of
		October 2019 and ongoing for	acute need and the presence of Social Determinants of Health (SDoH) needs
		Specialty SUD Team	or barriers, we have developed several specialty care management
		,	protocols. These include Complete Care Coordination (C3), Complex Care
		2019 and ongoing for rebranding	Management, and Substance Use Disorder (SUD) Specialized Care
		of Value Recovery Coordination	Management. By engaging the member and stakeholders of formal and informal supports in development of a longitudinal care plan we support
		(VRC) to Complete Care	increased community tenure and continuity of treatment.
		Coordination (C3)	moreased sommanicy terraine and continuity of deatment.
			Also, refer to response above for Availability of Services, Substandard 28.1
		Date(s) of future action planned:	Beacon –PA Response: Refer to response above for Availability of Services
		See above under Availability of	
		Services	
		Date(s) of follow-up action taken	CMS EQR Protocol 3: Enrollee Rights and Protections – Coverage and
		through 6/30/21 /Ongoing	Authorization of Services (PEPS Standard 28.1) – Clinical/chart reviews

Reference Number	Opportunity for Improvement	Date(s) of Follow-up Action(s) Taken/Planned	MCO Response
			reflect appropriate consistent application of medical necessity criteria and
		See above for Availability of Services,	active care management that identify and address quality of care concerns.
		and Coordination and Continuity of	
		Care	Beacon – PA Response: Refer to response above for Availability of Services,
			and Coordination and Continuity of Care, Substandard 28.1
		Date(s) of future action planned:	Beacon –PA Response: Refer to response above for Availability of Services,
		See above for Availability of Services,	and Coordination and Continuity of Care
		and Coordination and Continuity of	
		Care	
		Date(s) of follow-up action taken through 6/30/21 /Ongoing	CMS EQR Protocol 3: Enrollee Rights and Protections – Coverage and Authorization of Services (PEPS Standard 72.2) – The content of the notices adhere to OMHSAS requirements (e.g. easy to understand and free from medical jargon; contains explanation of member rights and procedures for filing a grievance, requesting a DPW Fair Hearing, and continuation of services; contains name of contact person; contains specific member demographic information; contains specific reason for denial; contains detailed description of requested services, denied services, and any approved service if applicable; contains date denial decision will take effect).
		Transition of denial letter writing and monitoring to the clinical technical writing team began in July 2020. This remains ongoing. February 2021 – PEPS RY2018 – completion and closure of CAP	Beacon-PA Response: Clinical Writing Team: Beacon-PA has established a dedicated clinical technical writing team to ensure denial letter content is in compliance with current, approved denial letter standards. The Beacon-PA clinical denial writers ensure denial letter notifications are written in a manner that meet regulatory language requirements. Monitoring of this process focuses on adherence to OMHSAS requirements for the content of denial letters. This includes use of language to ensure that denial letter rationales are easy to understand and free from medical jargon. With this transition of denial letters to the dedicated clinical writing team, the Peer Advisor (PA) meetings now include discussion of the PA denial notes and not the denial letters themselves. Beacon-PA will ensure the letter writing team, and peer advisors, are updated on any recommendations or changes in processes issued from OHMSAS related to denials.
			Some of the specific steps undertaken by the clinical writing team includes: • Real time review of the denial letters by the team's quality analyst who provides immediate feedback to the writer.

Reference	Opportunity for	Date(s) of Follow-up Action(s)	MCO Domono
Number	Improvement	Taken/Planned	 Monthly audits based on a sample of notification letters for each primary contractor. Monthly feedback meetings Monitoring tool results. The Denial Letter Audit Tool (attached) was revised to reflect changes in certain levels of care. The revised tool was reviewed and approved by the primary contractors and OMHSAS. PEPS RY2018: Beacon-PA was notified in February 2021 that OMHSAS completed their review of the PEPS RY2018 corrective action plan (CAP) for Standard 72 related to denial letters. Based on their review, the CAP for Standard 72 was considered completed and closed, with one finding carried over into the summary for RY2019. Documentation related to the closure of the CAP for Standard 72 is attached. Although the findings in this CAP were addressed, the transition to the clinical technical writing team was implemented and this was noted in the CAP for RY2019.
		Date(s) of future action planned:	Beacon –PA Response:
		Ongoing for monitoring of denial notices	Update action steps for the RY2019 CAP and submit to OMHSAS. Continued monitoring of denial letters by the clinical writing team as noted above.
		July 2021 – submit updated CAP documentation for RY2019 for OMHSAS review and approval	Adhere to any changes in OMHSAS requirements or recommendations related to denial letters.
		Date(s) of follow-up action taken through 6/30/21 /Ongoing	CMS EQR Protocol 3: Enrollee Rights and Protections – Practice Guidelines (PEPS Standard 28.1) – Clinical/chart reviews reflect appropriate consistent application of medical necessity criteria and active care management that identify and address quality of care concerns.
		See above for Availability of Services, and Coordination and Continuity of Care	Beacon – PA Response: Refer to response above for Availability of Services, and Coordination and Continuity of Care, Substandard 28.1
		Date(s) of future action planned: See above for Availability of Services, and Coordination and Continuity of Care	Beacon –PA Response: See above for Availability of Services, and Coordination and Continuity of Care

Reference Opportunity for Number Improvement	Date(s) of Follow-up Action(s) Taken/Planned	MCO Response
	Date(s) of Follow-up Action(s) Taken/Planned Date(s) of follow-up action taken through 6/30/21 /Ongoing September, 2018 and ongoing for revised monitoring of complaint acknowledgement and decision letters February 2021 – PEPS RY2017 – completion and closure of CAP March/April 2021 for triennial review of complaint case files by OMHSAS	CMS EQR Protocol 3: Compliance with Grievance System – Grievance and Appeal Systems (PEPS Standard 68.3) – 100% of Complaint Acknowledgement and Decision letters reviewed adhere to the established time lines. The required letter templates are utilized 100% of the time. Beacon-PA Response: The Beacon-PA CAP for PEPS RY2017 included action steps to address findings from the OMHSAS review. The action steps included: OMHSAS review and approval of the Complaint Checklist to ensure it met Appendix H requirements. Revisions to the Complaint Checklist to ensure the correct letter template was utilized Review by a Beacon-PA Quality Analyst as an additional quality check Included in the action steps to address the RY2017 CAP there was a process implemented for review of each letter prior to the letter before being sent
	OMHSAS	Included in the action steps to address the RY2017 CAP there was a process implemented for review of each letter prior to the letter before being sent as an additional quality check. This includes verification that correct templates were used and adherence to timeframes. A sample of a completed Complaint Checklist is being provided. PEPS RY2017: Beacon-PA was notified in February 2021 that OMHSAS completed their review of the PEPS RY2017 corrective action plan (CAP) for Standard 68.3 related to the complaint process. Based on their review, the CAP for Standard 68.3 was considered completed and closed. (Standard 68.3 continued) Comments from OMHSAS' final summary of the RY2017 CAP noted that further review would be conducted during the next triennial review. The findings from the 2020 triennial report noted: "OMHSAS reviewed 43 complaint cases in total: 41 - 1st Level Complaints and 2 - 2nd Level Complaints. The correct letter templates were used consistently for Acknowledgement and Decision letters. One hundred percent of the submitted Complaint Case Acknowledgement and Decision letters adhered to the established timelines in Appendix H." There were no additional recommendations or required corrective actions indicated in the 2020

Reference Number	Opportunity for Improvement	Date(s) of Follow-up Action(s) Taken/Planned	MCO Response
		Date(s) of future action planned/None No additional actions at this time.	Beacon-PA Response: Beacon-PA QM will continue to implement current monitoring practices, and will adhere to any changes in requirements as needed.
		Date(s) of follow-up action taken through 6/30/21 /Ongoing	CMS EQR Protocol 3: Compliance with Grievance System – Grievance and Appeal Systems (PEPS Standard 68.4) – Complaint Acknowledgement and Decision letters must be written in clear, simple language that includes each issue identified in the Member's Complaint and a corresponding explanation and reason for the decision(s).
		December, 2018 and ongoing for revised documentation standards and monitoring of complaint processes February 2021 – PEPS RY2017 –	Beacon-PA Response: Revised documentation and monitoring of complaint process: For PEPS RY2017, OMHSAS recommended that Beacon-PA work to ensure that all of the member's complaint issues and reasons for decisions were clearly documented. As a result Beacon-PA updated the Complaint Checklist, Complaint Log, Complaint Review Committee forms, and Member Signature Form to include the elements necessary to comply with the OMHSAS
		completion and closure of CAP	recommendations (there was no CAP required). Please note: although indicated in the EQR summary, there was no review of Standard 68 in RY2018.
		March/April 2021 for triennial review of complaint case files by OMHSAS	Included in the action steps to address the RY2017 CAP there was a process implemented for review of each letter prior to the letter before being sent as an additional quality check. This includes review of each letter for clear language and that each issue in the complaint was addressed. See sample of a completed Complaint Checklist provided for Standard 68.3 above.
			PEPS RY2017: Beacon-PA was notified in February 2021 that OMHSAS completed their review of the PEPS RY2017 response for Standard 68.4 related to the complaint process. Based on their review, the response for Standard 68.4 was considered completed and closed.
			(Standard 68.4 continued) Comments from OMHSAS' final summary of the RY2017 CAP noted that further review would be conducted during the next triennial review. The findings from the 2020 triennial report noted: "Upon OMHSAS' review of the
			Complaint Acknowledgement and Decision letters, all letters were clear, understandable, and identified complaint issues and the reasons for the corresponding decisions. The Complaint issues in the Decision Letter did correspond to the issues in the Acknowledgement Letter. Review of the

Reference	Opportunity for	Date(s) of Follow-up Action(s)	
Number	Improvement	Taken/Planned	MCO Response
			complaint cases indicated that a thorough and impartial investigation occurred."
		Date(s) of future action	
		planned/None	Beacon-PA Response: Beacon-PA Quality Management (QM) will continue
		No additional actions at this time.	to implement current documentation standards and monitoring practices, and will adhere to any changes in requirements as needed.
		Date(s) of follow-up action taken	
		through 6/30/21 /Ongoing	CMS EQR Protocol 3: Compliance with Grievance System – Grievance and Appeal Systems (PEPS Standard 68.4, RY2017 RY 2018) – The complaint case file includes documentation of the steps taken by the BH-MCO to investigate a complaint. All contacts and findings related to the involved parties are documented in the case file.
		December, 2018 and ongoing for	Beacon-PA Response:
		revised documentation standards	Revised documentation and monitoring of complaint process: All contacts
		and monitoring of complaint	with members and providers, as part of the complaint investigation, are
		processes	entered into ServiceConnect at the time of the contact. After all steps of the complaint are completed, the Inquiry Summary from ServiceConnect is saved in the complaint file. The QM analyst who completes the final audit of the file references the Inquiry Summary to ensure that all noted contacts and requested materials are present in the file. Any documentation or documents received from the member, provider, or internal review are saved in the complaint file under Supporting Documentation. These documents are then used to summarize the investigation in the CRC Summary Form. Any time that there is a discrepancy between what is noted in the Inquiry Summary or CRC Summary form and the attached documentation, the discrepancy is noted in the final complaint audits and the Complaint Investigator is contacted to save any missing information in the complaint file. When the missing information is added to the file, the QM Analyst updates the complaint audit tool to demonstrate that the issue has been corrected.
		March/April 2021 for triennial review of complaint case files by OMHSAS	Comments from OMHSAS' final summary of the RY2017 CAP noted that further review would be conducted during the next triennial review. The findings from the 2020 triennial report noted: "Beacon Health Options (BHO) Complaint case files contained adequate Member and Provider contacts; investigation notes and evidence; a Complaint review summary and identification of all Complaint review committee participants. BHO quality staff investigating the Complaint were especially persistent in their outreach to Members who were not returning phone calls in a timely manner. Case

Reference Number	Opportunity for Improvement	Date(s) of Follow-up Action(s) Taken/Planned	MCO Response
			notes established a timeline/record of the steps taken throughout the
			process. Further, sign-in sheets were available for complaint cases reviewed
			and identified committee participants' names, affiliation, job titles and
			roles."
			Also, refer to response above for PEPS Standard 68.4
		Date(s) of future action	Beacon-PA Response: Beacon-PA QM will continue to implement current
		planned/None	documentation standards and monitoring practices, and will adhere to any
		No additional actions at this time.	changes in requirements as needed.
		Date(s) of follow-up action taken	CMS EQR Protocol 3: Compliance with Grievance System – <i>Grievance and</i>
		through 6/30/21 /Ongoing	Appeal Systems (PEPS Standard 68.9) – Complaint case files include
			documentation of any referrals of Complaint issues to Primary
			Contractor/BH-MCO committees for further review and follow-up. Evidence
			of subsequent corrective action and follow-up by the respective Primary
			Contractor/BH-MCO Committee must be available to the Complaint staff,
			either by inclusion in the Complaint case file or reference in the case file
			where the documentation can be obtained for review.
		May 2021 for revised Complaint	Beacon-PA Response:
		Resolution Committee (CRC)	CRC Summary Form: In March 2021, the CRC Summary Form was updated to
		Summary Forms, and ongoing	delineate between follow-up recommendations and suggestions from the
			CRC, as historically we have documented all follow-up recommendations in
		May 2021 for revised Complaint	the same place, regardless of whether or not there would be evidence of completion. The difference is that follow-up recommendations require a
		Follow-up Checklist, and ongoing	provider/Beacon-PA response whereas suggestions do not (for example, a
		Tollow-up checklist, and ongoing	suggestion would be to follow the policy whereas a recommendation would
			be to develop a policy and submit to us). Any referrals to a Primary
		May 2021 for revised Complaint	Contractor/BH-MCO Committee would be considered a follow-up
		Audit Tool, and ongoing	recommendation and will be documented in the Complaint Follow Up
		riduit 1001, and ongoing	Checklist.
			Complaint Follow-Up Checklist: In May 2021, the Complaint Files were
			updated to include a new Complaint Follow Up Checklist that is expected to
			be completed in each file by the Complaint Investigator. This practice has
			been put into place instead of the previously used individual follow-up
			trackers to prevent any further errors.
			Complaint Audit Tool: In May 2021, the audit tool used for compliance
			audits completed by a QM Analyst on 100% of complaints was updated to

Reference	Opportunity for	Date(s) of Follow-up Action(s)	
Number	Improvement	Taken/Planned	MCO Response
			include a prompt to confirm that follow up was completed. The QM Analyst will monitor for completion of follow-up items and if one is not present or the Complaint Follow Up checklist was not used correctly, the Complaint Investigator will be notified. A redacted sample of those audits is included below.
		Date(s) of future action planned: Development of a corrective action work plan based on the 2020 triennial review findings - October 2021 and ongoing through completion	Beacon-PA Response: Address findings from the Mercer triennial review. This will require the development of a corrective action work plan.
		Date(s) of follow-up action taken through 6/30/21 /Ongoing	CMS EQR Protocol 3: Compliance with Grievance System – Grievance and Appeal Systems (PEPS Standard 71.1) – Interview with the Grievance Coordinator demonstrates a clear understanding of the grievance process, including how grievance rights and procedures are made know to members, BH-MCO staff, and the provider network: 1. Internal, 2. External, 3. Expedited, 4. Fair Hearing.
		July 2018 and ongoing for action steps to address RY2017 CAP related to grievance processes and role of coordinator	Beacon-PA Response: PEPS RY2017: Beacon-PA was notified in February 2021 that OMHSAS completed their review of the PEPS RY2017 response for Standard 71.1 related to the role of the grievance coordinator. Based on their review, the response for Standard 71.1 was considered completed and closed. Please note: although indicated in the EQR summary, there was no review of Standard 71 in RY2018.
		March/April 2021 for triennial review of the grievance process by OMHSAS	Comments from OMHSAS' final summary of the RY2017 CAP noted that further review would be conducted during the next triennial review. The findings from the 2020 triennial report noted: "Beacon Grievance staff Laverne Hartle and Karalee Pickerd were interviewed. They explained that grievance cases are assigned through Erin Leuthold, Administrative Supervisor of Complaints and
			Grievance, and she coordinates the staff designated to process grievances. Ms. Hartle and Ms. Pickerd demonstrated a clear understanding regarding the grievance process and member options after a Grievance decision. OMHSAS interviewed Erin Leuthold as Administrative Supervisor of Complaints and Grievances, and Jess Lampman as Manager of Quality Management as part of the Triennial Review Process. Staff were able to

Reference Number	Opportunity for Improvement	Date(s) of Follow-up Action(s) Taken/Planned	MCO Response
Number	improvement	Takeny Flainteu	adequately explain their oversight of the Grievances process. Both Ms.
			Lampman and Ms. Leuthold assured OMHSAS that there are ample staff to
			adequately support the Grievance process. The management of the
			grievance process is a shared responsibility between Beacon Health Options
			and its Primary Contractors. BHO's management staff performs a quality
			review on all Grievances monthly. They check for completeness, review
			letters sent to the members and on a case by case basis the manager will
			provide additional support if needed. The Administrative Supervisor of
			Complaints and Grievances will also monitor Grievance meetings by listening
			to meeting recordings. There were no additional recommendations or
			required corrective actions indicated in the 2020 triennial review findings.
		Date(s) of future action(s)	Beacon-PA Response: Beacon-PA QM will continue to implement current
		planned/None	approved grievance practices, and will adhere to any changes in
		No additional actions at this time.	requirements as needed.
		Date(s) of follow-up action taken	CMS EQR Protocol 3: Compliance with Grievance System – Grievance and
		through 6/30/21 /Ongoing	Appeal Systems (PEPS Standard 71.4) – Grievance decision letters must be
			written in clear, simple language that includes a statement of all services
			reviewed and a specific explanation and reason for the decision, including
			the medical necessity criteria utilized.
		May 2018 and ongoing for action	Beacon-PA Response:
		steps to address RY2017 CAP related	PEPS RY 2017: Beacon-PA was notified in February 2021 that OMHSAS
		to grievance decision letters	completed their review of the PEPS RY2017 response for Standard 71.3 and
		8	71.4 related to grievance decision letters. Based on their review, the
			response for Standard 71.3 and 71.4 was considered completed and closed.
			Please note: although indicated in the EQR summary, there was no review of
			Standard 71 in RY2018. Although listed as Standard 71.4 in the EQR
			summary, the review tool used by OMHSAS for RY2017 lists this as Standard
			71.3. Therefore the CAP documentation below is being sent for both 71.3
			and 71.4.
			Comments from ONALISAS' final summers of the DV2017 CAR noted that
			Comments from OMHSAS' final summary of the RY2017 CAP noted that
			further review would be conducted during the next triennial review. The
			findings from the 2020 triennial report noted: "Grievance Acknowledgement and Decision letters that were reviewed used clear language and identified
			the issues and the reasons for the corresponding decisions. The grievance
			issues in the
	1	1	ווו נוול

Reference	Opportunity for	Date(s) of Follow-up Action(s)	
Number	Improvement	Taken/Planned	MCO Response
			Decision Letter did correspond to the issues in the Acknowledgement Letter,
			and relevant medical necessity criteria was used." There were no additional
			recommendations or required corrective actions indicated in the 2020
			triennial review findings.
		Date(s) of future action(s)	Beacon-PA Response: Beacon-PA QM will continue to implement current
		planned/None	approved grievance practices, and will adhere to any changes in
		No additional actions at this time.	requirements as needed.
		Date(s) of follow-up action taken	CMS EQR Protocol 3: Compliance with Grievance System – Grievance and
		through 6/30/21 /Ongoing	Appeal Systems (PEPS Standard 71.9) – Grievance case files must include
			documentation of any referrals to Primary Contractor / BH-MCO committees
			for further review and follow-up. Evidence of subsequent corrective action
			and follow-up by the respective Primary Contractor/BH-MCO Committee
			must be available to the Grievance staff, either by inclusion in the Grievance
			case file or reference in the case file to where the documentation can be
			obtained for review.
			PEPS RY2017: Beacon-PA was notified in February 2021 that OMHSAS
		September 2018 and ongoing for	completed their review of the PEPS RY2017 response for Standard 71 related
		action steps to address RY2017 CAP	to referrals for further review and follow-up. Please note: although
		related to grievance processes	indicated in the EQR summary, there was no review of Standard 71 in
		related to grievarioe processes	RY2018. Although listed as Standard 71.9 in the EQR summary, the review
			tool used by OMHSAS for RY2017 lists this as Standard 71.4. Therefore the
			CAP documentation below is being sent for 71.4.
			8
			Comments from OMHSAS' final summary of the RY2017 CAP noted that
			further review would be conducted during the next triennial review. The
			findings from the 2020 triennial report noted: "Of the 24 Grievance cases
			reviewed, all but one of the cases did not require follow-up activity. For the
			one case for which follow-up activity was identified, it was sufficiently
			addressed. Beacon consistently ensures that the Primary Contractor receives
			a copy of the Grievance Decision Letter." There were no additional
			recommendations or required corrective actions indicated in the 2020
			triennial review findings.
		Date(s) of future action(s)	Beacon-PA Response: Beacon-PA QM will continue to implement current
		planned/None	approved grievance practices, and will adhere to any changes in
		No additional actions at this time.	requirements as needed.

Reference Number	Opportunity for Improvement	Date(s) of Follow-up Action(s) Taken/Planned	MCO Response
		Date(s) of follow-up action taken through 6/30/21 /Ongoing See above for Enrollee Rights and Protections — Coverage and Authorization of Services (PEPS Standard 72.2)	CMS EQR Protocol 3: Compliance with Grievance System – Grievance and Appeal Systems (PEPS Standard 72.2) - The content of the notices adhere to OMHSAS requirements (e.g. easy to understand and free from medical jargon; contains explanation of member rights and procedures for filing a grievance, requesting a DPW Fair Hearing, and continuation of services; contains name of contact person; contains specific member demographic information; contains specific reason for denial; contains detailed description of requested services, denied services, and any approved service if applicable; contains date denial decision will take effect). Beacon-PA Response: See above for Enrollee Rights and Protections –
		Date(s) of future action planned: See above for Enrollee Rights and Protections – Coverage and Authorization of Services (PEPS Standard 72.2)	Coverage and Authorization of Services (PEPS Standard 72.2) Beacon –PA Response: See above for Enrollee Rights and Protections – Coverage and Authorization of Services (PEPS Standard 72.2)

BHO: Beacon Health Options of Pennsylvania; MCO: managed care organization; RY: reporting year; PEPS: Program Evaluation Performance Summary; OMHSAS: Office of Mental Health & Substance Abuse Services; MA: Medical Affairs; QM: quality management; EQR: external quality review; BH: behavioral health; PSRs: Place of Service Review; EBPs: evidence-based practices; MAT: medication-assisted therapies; DHS: Department of Human Services; PA: peer advisor; PR: peer review; PEDTAR: Prevention, Early Detection, Treatment and Recovery; UM: utilization management; BBA: Balanced Budget Act; QC: quality control.

Root Cause Analysis and Quality Improvement Plan

For PMs that are noted as opportunities for improvement in the EQR Technical Report, BH-MCOs are required to submit:

- a goal statement;
- root cause analysis and analysis findings;
- action plan to address findings;
- implementation dates; and
- a monitoring plan to assure action is effective and to address what will be measured and how often that measurement will occur.

Following several years of underperformance in the key quality indicator areas, OMHSAS determined in 2017 that it was necessary to change the PM remediation process so that BH-MCOs would set goals for the coming year. In 2017, this change meant, among other things, eliminating the requirement to complete root cause analyses (RCAs) and quality improvement plans (QIPs) responding to MY 2015. Instead, BH-MCOs were required to submit member-level files for MY 2016 in the summer of 2017, from which rates were calculated and validated by IPRO. MY 2016 Results of HEDIS Follow-Up After Hospitalization for Mental Illness (7- and 30-day) were then used to determine RCA and QIP assignments.

The change coincided with the coming phase-in of value-based payment (VBP) at the Primary Contractor level in January 2018. Thus, for the first time, RCA and QIP assignments were made at the Contractor level as well as at the BH-MCO level. Contractors receiving assignments completed their RCAs and QIPs in November 2017, while BH-MCOs completed their RCAs and QIPs by December 31, 2017. In 2018, coinciding with the carve-in of long-term care, OMHSAS directed BH-MCOs to begin focusing their RCA and QIP work on the HEDIS FUH All Ages measure and implemented a new goal-setting logic to spur performance improvement in the measure. Based on the MY 2017 performance, BH-MCOs were required to submit RCAs on the HEDIS FUH All Ages 7- and/or 30-day measure and QIPs to achieve their MY 2019 goals. Primary Contractors that scored below the 75th NCQA Quality Compass percentile were also asked to submit RCAs, with the option of submitting a QIP, either through their BH-MCO submission, or separately. BH-MCOs submitted their RCAs and QIPs on April 1, 2019. Primary Contractors submitted their RCAs and QIPs by April 30, 2019. As a result of this shift to a proactive process, MY 2019 goals for FUH All-Ages were never set.

Instead, in late 2020, MY 2019 results were calculated and compared to the MY 2019 goals to determine RCA and QIP assignments, along with goals, for MY 2021. In MY 2020, BHO scored below the 75th percentile on both the 7- and 30-day measures and, as a result, was required to complete an RCA and QIP response for both measures. **Table 6.2** presents BHO's submission of its RCA and QIP for the FUH All-Ages 7-day measure, and **Table 6.3** presents BHO's submission of its RCA and QIP for the FUH All-Ages 30-day measure. Objects embedded within the tables have been removed as exhibits but are available upon request.

<u>Discussion of Analysis (What data and analytic methods were employed to identify and link factors contributing to underperformance in the performance indicator in question?):</u>

Beacon, in partnership with our 12 county partners, inpatient, outpatient, and case management providers conducted a root cause analysis to effectively determine the causal factors for Follow-up After Hospitalization (FUH) 7- and 30-day measures that scored below the identified goals. The following information was considered to determine the causal factors:

- Patient level detail for members who failed to attend their aftercare follow-up appointments for each primary contractor
- FUH performance across high volume facilities, both inpatient and outpatient
- Member reports on barriers to non-adherence
- Inpatient, outpatient, and case management delivery systems
- Race/ethnicity gaps in follow up appointments

Beacon utilized several analytic methods including fish bone diagramming, causal loop diagramming, and process identification and gap analysis. These methods were employed to further define the factors (influencing and causal) that contributed to performance below standards.

Describe here your overall findings. Please explain the underperformance and any racial (White vs non-White cohorts) and/or ethnic disparities using some kind of model linking causes and effects (logic model of change). The linkages and overall conclusions should be empirically supported whenever possible. Logic Model of Change templates, Causal Loop Diagrams, and similar best (RCA) practices are encouraged:

A comprehensive RCA was conducted for each of Beacon's primary contractors to ensure understanding of the barriers across the specific systems of care (Fayette, Greene, Beaver, NW3, and SW6). Each RCA included inpatient facilities, outpatient providers (varying levels of OP care), and supportive service/case management providers.

The RCAs varied in length dependent upon the number of participants and the service region. At the beginning of each RCA, Beacon provided each group with education regarding the root cause analysis process and defined the purpose of the activity. A data demonstration for MY2019 7- and 30-day follow up rates and goals was provided to each group, which included a detailed review of provider rates and performance (IP and OP), county by county performance, service code follow-up appointments, member race and ethnicity analysis, and age. Cause and effect probing was utilized during the RCA sessions to uncover barriers.

To conduct further analysis for the identification of impactful and actionable systemic improvements, once each of the RCA sessions were complete, information was aggregated and analyzed to identify overall thematic findings. To conduct the analysis and identify opportunities for improvement, an ideal-state process flow was completed, which was complimented by a process evaluation gap/barrier flow diagram, a causal loop diagram was modeled, and a high-level Fishbone diagram was constructed.

In consideration of each of the analytic methods employed, the overall findings are as follows for the Beacon network:

- Social determinates of health/heath equity
 - o Member needs are not being addressed consistently during aftercare/discharge planning

RCA for MY 2020 Underperformance: FUH 7-Day Measure (All Ages) o Cultural considerations are being monitored consistently MY2020 findings demonstrated no disparity Failed outreach following IP stay – need further analysis o Could be due to excessive outreach by all parties (BH-MCO, county, IP, OP, case management, etc.). o Invalid/inaccurate contact information for member Coordination of care efforts between all stakeholders o Inconsistency in case management/Certified Peer Specialist (CPS) services o Redundant referral loops; communication of outcomes minimal o IP/OP/County system of care communications overlap or are **COVID 19 Impact on the Mental Health System** Providers – The impact to providers has been extensive, with some providers closing, many unable to staff appropriately, wait lists for children referred to IBHS, hospitals overwhelmed with COVID, BH not a priority, and discharge planning not a priority. o Facilities - No authorizations required for INPT stay with suspensions of UM reviews, with no UM review the case shaping does not start at admission, and with less OP providers for Aftercare appointments discharge planning is difficult. o Transportation – MATP ceased to function during COVID, limited capabilities remain o Community Supports – Lack of available "safety nets" in the community, i.e., schools closed, no peer support face to face, churches closes or not meeting indoors, housing insecurity due to work loss, daycare closing affecting family dynamics/support and the increased SDoH needs of members and their families. Minority members were disproportionately impacted by COVID Attachments Beacon FUH RCA Fishbone 2022 and Beacon COVID RCA Fishbone 2022. Discuss each factor's role in contributing to underperformance and any List out below the factors you identified in your RCA. Insert more rows as needed (e.g., if there are three provider factors to be addressed, insert disparities(as defined above) in the performance indicator in question. another row, and split for the second column, to include the third factor). Assess its "causal weight" as well as your MCO's current and expected capacity to address it ("actionability").

COVID Impact

- Providers Inability to provide services, lack of trained staff, no telehealth capability, Children wait list to IBHS services, and the overflow into Family based services
- Facilties Hospital BH beds filled with COVID patients, hospitals overwhelmed with COVID need, unable to focus on adequate discharge planning due to COVID.
- Transportation MATP ceased to function
- Community Supports lack of community "safety nets" like schools, peer supports, religious meetings, day care closings and housing insecurity.
- Health Equity increased need in the area of Social Determinants of Health (SDoH), member focusing on basic needs, increased mental health needs due to isolation, and minority members disproportionately impacted by COVID

Causal Role (relationship to other factors and to the overall performance indicator) and Weight (Critical, Important, Somewhat Important, Not Very Important, Unknown):

COVID 19 had a devastating impact to the Mental Health System and Medical systems in the State as a whole

- The impact to providers and facilities was critical.
- Transportation, Community Supports and Health Equity are important factors in supporting the overall performance

Current and expected actionability: It has been determined that this is of critical importance and is somewhat attainable in some areas of community support and facilities. The OP provider community will require system action to stabilize which may be very challenging, but is incrementally actionable.

People (1) (e.g., personnel, patients)

Members/clients/patients

- Member "feels better" following discharge and doesn't attend follow up appointment
- Member insists on making their own follow-up appointment/refuses aftercare plan
- Contact information for member is inaccurate or member does not respond to outreach calls
- Returning home to a stressful environment
- Member fear or distrust of the system
- Past history of member not showing for follow up appointments; OP providers not willing to schedule due to history with member/patient
- Members 65+ often follow up with PCP; not willing to go to BH provider

Causal Role (relationship to other factors and to the overall performance indicator) and Weight (Critical, Important, Somewhat Important, Not Very Important, Unknown):

Members do not have a full understanding of the importance of follow up appointments with behavioral health care providers and therefore do not consistently make or keep scheduled follow up visits at 7 days.

- Individuals with dual diagnoses and/or complex needs with chronic medical and substance use issues often require more coordination across the continuum of care and they may not feel the need to follow up with a psychiatrist or therapist.
- Individuals often lack family support with treatment (such as parents not bringing

their child to follow up appointments, no family involvement in discharge planning,

parent(s)/caretaker(s) unwillingness to sign releases to coordinate care, family not accepting appropriate levels of care for the child, changing patient /family dynamics, etc.).

- Members may have their first experience with the BH care system and feel their needs can be met by their PCP.
- Individuals may be reluctant to seek treatment and continue with follow up care due to mental health stigma.

RCA for MY 2020 Underperformance: FUH 7-Day Measure (All Ages) Current and expected actionability: It has been determined that this is of critical importance and attainable action. Providers (1) Causal Role (relationship to other factors and to the overall performance (e.g. provider facilities, provider network) indicator) and Weight (Critical, Important, Somewhat Important, Not Very Important, Unknown): IP/OP Not including natural supports in process Walk-in/open access not available in all counties There is a perceived lack of coordinated and well established processes and OP Providers not prioritizing IP d/c appointments communication channels across the continuum of care (inpatient to Limited appointment availability within 7 or 14days outpatient) to adequately address the continuity of care needs of the Discharge instructions/paperwork is cumbersome members upon admission through discharge. Continuity of communication Communication breakdown between IP, OP, & county liaison and coordination across providers is of critical weight to this performance OP providers indicate difficulty in timely response from hospital indicator. County liaison not receiving discharge summary from IP provider Current and expected actionability: Developing/improving the comprehensive communication system may be challenging, but is incrementally actionable. Policies / Procedures (1) Causal Role (relationship to other factors and to the overall performance (e.g., data systems, delivery systems, payment/reimbursement) indicator) and Weight (Critical, Important, Somewhat Important, Not Very Important, Unknown): Coordination, notification, and aftercare planning across the continuum of care upon IP admission is burdensome on IP providers Following evaluation of the causal loop diagram, it is evident that the administrative burden placed on IP providers to coordinate care across the Data and information sharing is limited across the system of care system of care is significant. This is an important relationship to the performance indicator, as FUH Performance-Based Incentives for IP providers are intended support in facilitating improvement in this area. It is unknown at this time whether the high volume IP providers who are eligible for the incentives are utilizing incentives to improve coordination efforts. Additionally, performance indicator data and associated analysis sharing across the system of care is important to ensure payment/reimbursement systems are efficiently improving transitions to community for Beacon members. Current and expected actionability: Opportunities to improve in these areas are attainable, but may take up to a year to fully implement action. Policies / Procedures (2) Causal Role (relationship to other factors and to the overall performance (e.g., data systems, delivery systems, payment/reimbursement) indicator) and Weight (Critical, Important, Somewhat Important, Not Very Important, Unknown):

- Outreach to member following discharge:
 - o Excessive and duplicative outreach Beacon, county, IP, OP, support service providers
 - Member contact information is not accurate across systems/multiple points of contact

There appear to be opportunities to confirm the member's contact information prior to discharge, which would improve success with follow up outreach. However, it has been identified that multiple points of outreach may impact the member's desire to engage with aftercare follow up. This causal role appears to weigh heavily on the delivery system's ability to engage with the member following an inpatient discharge. To fully understand the causal role between these two barriers, further measurement and analysis should be conducted.

Current and expected actionability:

Current reporting of aggregate outreach success/failure attempts is not currently monitored collectively across the system of care. Actions will be taken to improve upon this gap, as indicated in the QIP.

Provisions (1)

(e.g., screening tools, medical record forms, transportation)

Social determinates of health and health equity

- Member has basic needs that are not met (e.g., housing, food insecurity, transportation); barrier to attending follow up appointment
- Cultural disparities and needs were not known and not explicitly addressed

Causal Role (relationship to other factors and to the overall performance indicator) and Weight (Critical, Important, Somewhat Important, Not Very Important, Unknown):

Health equity, inclusive of culturally and linguistically appropriate services and social determinates of health have not been coordinated effectively throughout the system of care. There appears to be a lack of data and information sharing among all involved in a member's care, leading to unaddressed health inequities across the Beacon network. Ensuring that a member's most basic needs and cultural considerations are met is a critical component to ensuring that the individual is able to navigate their recovery journey successfully.

Current and expected actionability:

Currently, race and ethnicity data are being stratified into performance indicator reports for dissemination and information sharing to primary contractors, providers, and members. Beacon is in the process of undertaking a Health Equity Transformation, where we will be taking essential steps to ensure that the needs of our members are understood and addressed, in partnership with our Primary Contractor network and system of care. Actions will be taken to improve upon this gap, as indicated in the QIP.

Quality Improvement Plan for CY 2021

Rate Goal for 2022 (State the 2022 rate goal from your MY2020 FUH Goal Report here): 45.95%

The factors above can be thought of as barriers to improvement. For each barrier identified on the previous page (except those deemed Not Very Important), indicate the actions planned and/or actions taken since March 2021 to address that barrier. Actions should describe the Why (link back to factor discussion), What, How, Who, and When of the action. To the extent possible, actions should fit into your overall logic model of change (taking into account the interaction of factors) and align with Primary Contractor QIPs. Then, indicate implementation date of the action, along with a plan for how your MCO will monitor that the action is being faithfully implemented. For factors of Unknown weight, please describe your plan to test for and monitor its importance with respect to the performance indicator.

perjormance malcator.			
<u>Barrier</u>	Action Include those planned as well as already implemented.	Implementation Date Indicate start date (month, year) duration and frequency (e.g., Ongoing, Quarterly)	Monitoring Plan How will you know if this action is taking place? How will you know the action is having its intended effect? What will you measure and how often? Include what measurements will be used, as applicable.
People: Members do not have a full understanding of the importance of follow up appointments with behavioral health care providers and therefore do not consistently make or keep scheduled follow up visits at 7 days.	 Beacon after care coordinators conduct outreach to members within two days following IP discharge Beacon Complete Care Coordinators (C3) conduct intensive outreach to members engaged in the C3 program within two days following IP discharge Monitoring case management (CM)/Certified Peer Specialist (CPS) utilization for individuals with an inpatient admission 	 Implemented early 2000s; ongoing Implemented 2017; ongoing Monitoring CM and CPS services specifically for those with an IP admission will begin in April 2021; quarterly 	1. Aftercare coordination process measure will be monitored by the Beacon QM department to determine the number of contacts made by the clinical aftercare coordinators within two days following an inpatient admission. Process Measure: # AC contacts made within two days of IP d/c #IP discharges Frequency of measurement: Quarterly Effectiveness will be identified via compliance with FUH appointment. Additional analysis will be conducted for attempted to contacts that were not successful and members who were noncompliant with FUH appointment. 2. Complete Care Coordination (C3) process measure will be monitored by the Beacon QM department to determine the number of contacts made by the clinical complete care coordination team to members who are engaged in the

RCA for MY 2020 Underperformance: FUH 7–Day Measure (All Ages)					
Providers There is a perceived lack of coordinated and well	Coordinated monitoring by PCs, BH-MCO, and providers regarding barriers to ensure continuity of	Beacon facilitates a quarterly FUH QIP subcommittee (established 2020) that includes primary contractor and county	intensive care management (C3) program. Process Measure: # C3 contacts made within two days of IP d/c #Engaged C3 program member IP discharges Frequency of measurement: Quarterly Analysis will be conducted to determine demonstrable effective intensive outreach by C3 team for members who are engaged in the program via compliance with FUH appointment. 3. Monitoring of CM and CPS services for individuals with an inpatient discharge will be conducted by Beacon QM Process Measure: CM/CPS 1 month pre/post IP discharge # IP discharges Frequency of measurement: Biannual (every 6 months) Analysis will be conducted to determine demonstrable effectiveness of CM/CPS services as a conduit for member transitions to community via compliance with FUH appointment. The FUH QIP subcommittee will document discussions and follow up action items to be addressed in the subcommittee meeting minutes.		
established processes and communication channels across the continuum of care (inpatient to outpatient) to adequately address the continuity of care needs of the members upon admission through discharge.	processes.	representatives. A standing agenda item regarding systemic coordination of care barriers will be identified and agreed upon by all committee members; to be implemented by July 2021; reporting on a quarterly basis.	Any follow-up items identified for action will be completed and reported by the responsible party and reflected in the subcommittee minutes.		

	RCA for MY 2020 Underperformance: FUH 7-Day Measure (All Ages)						
Policies/Procedures	Beacon will monitor the reason(s)	Monitoring and analysis of unsuccessful	Aftercare coordination process measure will be				
There appear to be	indicated for unsuccessful	member contact outcomes will begin in	monitored by the Beacon QM department to				
opportunities to confirm	contacts made by the clinical	July 2021; quarterly.	determine the number of contacts made by the				
the member's contact	aftercare coordinators.		clinical aftercare coordinators within two days				
information prior to			following an inpatient admission.				
discharge, which would			Process Measure: # AC contacts made within two				
improve success with			days of IP d/c				
follow up outreach.			_ #IP discharges				
However, it has been			Frequency of measurement: Quarterly				
identified that multiple			Effectiveness will be identified via compliance				
points of outreach may			with FUH appointment. Additional analysis will be				
impact the member's			conducted for attempted to contacts that were				
desire to engage with			not successful and members who were non-				
aftercare follow up. To			compliant with FUH appointment.				
fully understand the							
causal role between							
these two barriers,							
further measurement							
and analysis should be							
conducted.							
Policies/Procedures	Beacon will monitor IP providers	VBP monitoring reports will be provided	Beacon QM will provide VBP monitoring reports				
FUH Performance-Based	who are contracted for Value	to the FUH QIP subcommittee for review	that are developed in accordance with the VBP				
Incentives for IP	Based Payment (VBP)	and analysis beginning in April 2021.	methodology for IP providers that are eligible for				
providers are intended	arrangements and share		the current Pay for Performance model.				
support in facilitating	information with the FUH QIP						
improvement in this	subcommittee for further action		The FUH QIP subcommittee will document				
area. It is unknown at	with counties/providers.		discussions and follow up action items to be				
this time whether the			addressed in the subcommittee meeting minutes.				
high volume IP providers							
who are eligible for the			Any follow-up items identified for action will be				
incentives are utilizing			completed and reported by the responsible party				
incentives to improve			and reflected in the subcommittee minutes.				
coordination efforts.							
Additionally,							
performance indicator							
data and associated							
analysis sharing across							
the system of care is							

RCA for MY 2020 Underperformance: FUH 7-Day Measure (All Ages)					
important to ensure payment/reimbursement systems are efficiently improving transitions to community for Beacon members. Provisions: Health equity, inclusive of culturally and linguistically appropriate services and social determinates of health have not been coordinated effectively throughout the system of care. There appears to be a lack of data and information sharing among all involved in a member's care, leading to unaddressed health inequities across the Beacon network. Ensuring that a member's most basic needs and cultural considerations are met is	Health Equity Transformation: Quality Improvement Activity 1. Integrate race/ethnicity data into intervention reports 2. Conduct provider network cultural assessment 3. Educate providers on cultural disparity findings from data analysis; call to action 4. Discuss health equity with member forums/committees 5. Increase provider utilization of z-codes to indicate social determinate of health needs 6. Beacon and Primary	15. Implementation of Beacon's Health Equity Transformation Initiative started in November/December 2020. This initiative is in the final stages of planning; educational components are slated to begin in April 2021 and ongoing. 6. CBO integration is under contract development as of March 2021. 7. CBCM programs are awaiting final feedback and approval of proposals from OMHSAS prior to implementation as of March 2021 8. Primary Contractors are partnering with Religious /faith based organizations to determine barriers to MH treatment	Success of this initiative will be determined by Beacon's ability to: • Stratify performance, process, and intervention measures by race and ethnicity to address any disparities found. • Integration of provider cultural competency into the standard treatment of care; ensuring the provider network is robust in culturally and linguistically appropriate services for the population served. • Providers will increase utilization of z-codes on claims to indicate social determine needs; Beacon will have the ability to conduct z-code analysis to evaluate and target specific basic needs of the system of care geographically. • CBOs will be successfully integrated into Beacon/Primary Contractor system of care.		
Ensuring that a member's most basic	determinate of health needs 6. Beacon and Primary Contractors will integrate Community Based Organizations into VBP arrangements to support facilitation and streamlining of member needs. 7. Beacon and Primary Contractors will		CBOs will be successfully integrated into Beacon/Primary Contractor system of		
	implement a Community Based Care Management program intended to				

	RCA for MY 2020 Underperformance: FUH 7-Day Measure (All Ages)					
	support members in the community to navigate their social and healthcare needs.					
COVID: The COVID pandemic has devastated both the mental health and medical delivery system. This was evidenced by the impact to INPT facilities, closing of many OP providers, severe staffing shortages, lack of community supports and "safety nets" that all went down when COVID hit.	The total impact of the pandemic is still being determined to the health delivery systems. With vaccines readily available, the decline in cases, deaths providing relief to the healthcare system we should be able to determine the total impact in 2022 provided another COVID variant does not surface.	COVID interventions: 1. Wellness calls to members at risk 2. Monitoring calls to INPT units to assist with planning during UM review suspensions 3. Provider trainings and webinars on delivering telehealth services when face to face interventions were not possible 4. Increased funding for OP providers to help them stay whole and retain staff	Success of these interventions may be difficult to quantify. Some potential measures are included below: • An increase in the OP providers who have sufficient staffing • Decrease in the number of inadequate discharge plans • An increase in members accessing OP providers			

Table 6.3: BHO RCA and QIP for the FUH 30-Day Measure (All Ages)

<u>Discussion of Analysis (What data and analytic methods were employed to identify and link factors contributing to underperformance in the performance indicator in question?):</u>

Beacon, in partnership with our 12 county partners, inpatient, outpatient, and case management providers conducted a root cause analysis to effectively determine the causal factors for Follow-up After Hospitalization (FUH) 7- and 30-day measures that scored below the identified goals. The following information was considered to determine the causal factors:

- Patient level detail for members who failed to attend their aftercare follow-up appointments for each primary contractor
- FUH performance across high volume facilities, both inpatient and outpatient
- Member reports on barriers to non-adherence

Describe here your overall findings. Please explain the underperformance and any racial (White vs non-White cohorts) and/or ethnic disparities using some kind of model linking causes and effects (logic model of change). The linkages and overall conclusions should be empirically supported whenever possible. Logic Model of Change templates, Causal Loop Diagrams, and similar best (RCA) practices are encouraged:

A comprehensive RCA was conducted for each of Beacon's primary contractors to ensure understanding of the barriers across the specific systems of care (Fayette, Greene, Beaver, NW3, and SW6). Each RCA included inpatient facilities, outpatient providers (varying levels of OP care), and supportive service/case management providers.

The RCAs varied in length dependent upon the number of participants and the service region. At the beginning of each RCA, Beacon provided each group

- Inpatient, outpatient, and case management delivery systems
- Race/ethnicity gaps in follow up appointments

Beacon utilized several analytic methods including fish bone diagramming, causal loop diagramming, and process identification and gap analysis. These methods were employed to further define the factors (influencing and causal) that contributed to performance below standards.

with education regarding the root cause analysis process and defined the purpose of the activity. A data demonstration for MY2019 7- and 30-day follow up rates and goals was provided to each group, which included a detailed review of provider rates and performance (IP and OP), county by county performance, service code follow-up appointments, member race and ethnicity analysis, and age. Cause and effect probing was utilized during the RCA sessions to uncover barriers.

To conduct further analysis for the identification of impactful and actionable systemic improvements, once each of the RCA sessions were complete, information was aggregated and analyzed to identify overall thematic findings. To conduct the analysis and identify opportunities for improvement, an ideal-state process flow was completed, which was complimented by a process evaluation gap/barrier flow diagram, a causal loop diagram was modeled, and a high-level Fishbone diagram was constructed.

In consideration of each of the analytic methods employed, the overall findings are as follows for the Beacon network:

- Social determinates of health/heath equity
 - o Member needs are not being addressed consistently during aftercare/discharge planning
 - o Cultural considerations are being monitored consistently
 - MY2020 findings demonstrated no disparity with the exception of NW3 – when aggregated across all three counties, there is a statistically significant difference with 30-day follow up for Black or African American individuals compared to their white cohorts (SSD >.05); however, when disaggregated by individual county, there is no statistically significant difference.
- Failed outreach following IP stay need further analysis
 - o Could be due to excessive outreach by all parties (BH-MCO, county, IP, OP, case management, etc.).
 - o Invalid/inaccurate contact information for member
- Coordination of care efforts between all stakeholders.
 - o Inconsistency in case management/Certified Peer Specialist (CPS) services
 - o Redundant referral loops; communication of outcomes minimal

RCA for MY 2020 Underperformance: FUH 30-Day Measure (All Ages) o IP/OP/County system of care communications overlap or are lacking **COVID 19 Impact on the Mental Health System** o Providers – The impact to providers has been extensive, with some providers closing, many unable to staff appropriately, wait lists for children referred to IBHS, hospitals overwhelmed with COVID, BH not a priority, and discharge planning not a priority. o Facilities - No authorizations required for INPT stay with suspensions of UM reviews, with no UM review the case shaping does not start at admission, and with less OP providers for Aftercare appointments discharge planning is difficult. o Transportation – MATP ceased to function during COVID, limited capabilities remain o Community Supports – Lack of available "safety nets" in the community, i.e., schools closed, no peer support face to face, churches closes or not meeting indoors, housing insecurity due to work loss, daycare closing affecting family dynamics/support and the increased SDoH needs of members and their families. o Minority members were disproportionately impacted by COVID Attachment: Beacon FUH RCA Fishbone 2022 and Beacon COVID RCA Fishbone 2022 List out below the factors you identified in your RCA. Insert more rows as Discuss each factor's role in contributing to underperformance and any disparities(as defined above) in the performance indicator in question. needed (e.g., if there are three provider factors to be addressed, insert another row, and split for the second column, to include the third factor). Assess its "causal weight" as well as your MCO's current and expected capacity to address it ("actionability"). Causal Role (relationship to other factors and to the overall performance **COVID** Impact **Providers** – Inability to provide services, lack of trained staff, no indicator) and Weight (Critical, Important, Somewhat Important, Not Very telehealth capability, Children wait list to IBHS services, and the Important, Unknown): overflow into Family based services COVID 19 had a devastating impact to the Mental Health System and Facilties – Hospital BH beds filled with COVID patients, hospitals Medical systems in the State as a whole overwhelmed with COVID need, unable to focus on adequate • The impact to providers and facilities was critical. discharge planning due to COVID. Transportation, Community Supports and Health Equity are **Transportation – MATP** ceased to function

important factors in supporting the overall performance Current and expected actionability:

It has been determined that this is of critical importance and is somewhat attainable in some areas of community support and facilities. The OP

insecurity.

Community Supports – lack of community "safety nets" like schools,

Health Equity – increased need in the area of Social Determinants of Health (SDoH), member focusing on basic needs, increased mental

peer supports, religious meetings, day care closings and housing

health needs due to isolation, and minority members disproportionately impacted by COVID

provider community will require system action to stabilize which may be very challenging, but is incrementally actionable.

People (1)

(e.g., personnel, patients)

Members/clients/patients

- Member "feels better" following discharge and doesn't attend follow up appointment
- Member insists on making their own follow-up appointment/refuses aftercare plan
- Contact information for member is inaccurate or member does not respond to outreach calls
- Returning home to a stressful environment
- Member fear or distrust of the system
- Past history of member not showing for follow up appointments; OP providers not willing to schedule due to history with member/patient
- Members 65+ often follow up with PCP; not willing to go to BH provider

Causal Role (relationship to other factors and to the overall performance indicator) and Weight (Critical, Important, Somewhat Important, Not Very Important, Unknown):

Members do not have a full understanding of the importance of follow up appointments with behavioral health care providers and therefore do not consistently make or keep scheduled follow up visits at 30 days.

- Individuals with dual diagnoses and/or complex needs with chronic medical and substance use issues often require more coordination across the continuum of care and they may not feel the need to follow up with a psychiatrist or therapist.
- Individuals often lack family support with treatment (such as parents not bringing

their child to follow up appointments, no family involvement in discharge planning,

parent(s)/caretaker(s) unwillingness to sign releases to coordinate care, family not accepting appropriate levels of care for the child, changing patient /family dynamics, etc.).

- Members may have their first experience with the BH care system and feel their needs can be met by their PCP.
- Individuals may be reluctant to seek treatment and continue with follow up care due to mental health stigma.

Current and expected actionability:

It has been determined that this is of critical importance and attainable action.

Providers (1)

(e.g. provider facilities, provider network)

- IP/OP Not including natural supports in process
- Walk-in/open access not available in all counties
- OP Providers not prioritizing IP d/c appointments
- Limited appointment availability within 7 or 14days
- Discharge instructions/paperwork is cumbersome
- Communication breakdown between IP, OP, & county liaison
- OP providers indicate difficulty in timely response from hospital
- County liaison not receiving discharge summary from IP provider

Causal Role (relationship to other factors and to the overall performance indicator) and Weight (Critical, Important, Somewhat Important, Not Very Important, Unknown):

There is a perceived lack of coordinated and well established processes and communication channels across the continuum of care (inpatient to outpatient) to adequately address the continuity of care needs of the members upon admission through discharge. Continuity of communication and coordination across providers is of critical weight to this performance indicator.

Current and expected actionability:

RCA for MY 2020 Underperformance: FUH 30-Day Measure (All Ages) Developing/improving the comprehensive communication system may be challenging, but is incrementally actionable. Policies / Procedures (1) Causal Role (relationship to other factors and to the overall performance (e.g., data systems, delivery systems, payment/reimbursement) indicator) and Weight (Critical, Important, Somewhat Important, Not Very Important, Unknown): Coordination, notification, and aftercare planning across the Following evaluation of the causal loop diagram, it is evident that the continuum of care upon IP admission is burdensome on IP providers Data and information sharing is limited across the system of care administrative burden placed on IP providers to coordinate care across the system of care is significant. This is an important relationship to the performance indicator, as FUH Performance-Based Incentives for IP providers are intended support in facilitating improvement in this area. It is unknown at this time whether the high volume IP providers who are eligible for the incentives are utilizing incentives to improve coordination efforts. Additionally, performance indicator data and associated analysis sharing across the system of care is important to ensure payment/reimbursement systems are efficiently improving transitions to community for Beacon members. Current and expected actionability: Opportunities to improve in these areas are attainable, but may take up to a year to fully implement action. Policies / Procedures (2) Causal Role (relationship to other factors and to the overall performance (e.g., data systems, delivery systems, payment/reimbursement) indicator) and Weight (Critical, Important, Somewhat Important, Not Very Important, Unknown): Outreach to member following discharge: o Excessive and duplicative outreach – Beacon, county, IP, OP, There appear to be opportunities to confirm the member's contact information prior to discharge, which would improve success with follow up support service providers Member contact information is not accurate across outreach. However, it has been identified that multiple points of outreach may impact the member's desire to engage with aftercare follow up. This systems/multiple points of contact causal role appears to weigh heavily on the delivery system's ability to engage with the member following an inpatient discharge. To fully understand the causal role between these two barriers, further measurement and analysis should be conducted. Current and expected actionability: Current reporting of aggregate outreach success/failure attempts is not

currently monitored collectively across the system of care. Actions will be

taken to improve upon this gap, as indicated in the QIP.

Provisions (1)

(e.g., screening tools, medical record forms, transportation)

Social determinates of health and health equity

- Member has basic needs that are not met (e.g., housing, food insecurity, transportation); barrier to attending follow up appointment
- Cultural disparities and needs were not known and not explicitly addressed

Causal Role (relationship to other factors and to the overall performance indicator) and Weight (Critical, Important, Somewhat Important, Not Very Important, Unknown):

Health equity, inclusive of culturally and linguistically appropriate services and social determinates of health have not been coordinated effectively throughout the system of care. There appears to be a lack of data and information sharing among all involved in a member's care, leading to unaddressed health inequities across the Beacon network. Ensuring that a member's most basic needs and cultural considerations are met is a critical component to ensuring that the individual is able to navigate their recovery journey successfully.

Current and expected actionability:

Currently, race and ethnicity data are being stratified into performance indicator reports for dissemination and information sharing to primary contractors, providers, and members. Beacon is in the process of undertaking a Health Equity Transformation, where we will be taking essential steps to ensure that the needs of our members are understood and addressed, in partnership with our Primary Contractor network and system of care. Actions will be taken to improve upon this gap, as indicated in the QIP.

Quality Improvement Plan for CY 2022

Rate Goal for 2022 (State the 2022 rate goal from your MY2020 FUH Goal Report here): 66.95%

The factors above can be thought of as barriers to improvement. For each barrier identified on the previous page (except those deemed Not Very Important), indicate the actions planned and/or actions taken since March 2021 to address that barrier. Actions should describe the Why (link back to factor discussion), What, How, Who, and When of the action. To the extent possible, actions should fit into your overall logic model of change (taking into account the interaction of factors) and align with Primary Contractor QIPs. Then, indicate implementation date of the action, along with a plan for how your MCO will monitor that the action is being faithfully implemented. For factors of Unknown weight, please describe your plan to test for and monitor its importance with respect to the performance indicator.

<u>Barrier</u>	Action Include those planned as well as	Implementation Date	Monitoring Plan
	already implemented.	Indicate start date (month, year) duration	How will you know if this action is
		and frequency	taking place? How will you know the
		(e.g., Ongoing, Quarterly)	action is having its intended effect?
			What will you measure and how
			often?
			Include what measurements will be
			used, as applicable.

People:

Members do not have a full understanding of the importance of follow up appointments with behavioral health care providers and therefore do not consistently make or keep scheduled follow up visits at 30 days.

- Beacon after care coordinators conduct outreach to members within two days following IP discharge
- 2. Beacon Complete Care
 Coordinators (C3) conduct
 intensive outreach to members
 engaged in the C3 program
 within two days following IP
 discharge
- Monitoring case management (CM)/Certified Peer Specialist (CPS) utilization for individuals with an inpatient admission

- Implemented early 2000s; ongoing
- 2. Implemented 2017; ongoing
- Monitoring CM and CPS services specifically for those with an IP admission will begin in April 2021; quarterly

1. Aftercare coordination process measure will be monitored by the Beacon QM department to determine the number of contacts made by the clinical aftercare coordinators within two days following an inpatient admission.

Process Measure: # AC contacts made within two days of IP d/c

#I

discharges

Frequency of measurement:

Quarterly

Effectiveness will be identified via compliance with FUH appointment. Additional analysis will be conducted for attempted to contacts that were not successful and members who were non-compliant with FUH appointment.

2. Complete Care Coordination (C3) process measure will be monitored by the Beacon QM department to determine the number of contacts made by the clinical complete care coordination team to members who are engaged in the intensive care management (C3) program.

Process Measure: # C3 contacts made within two days of IP d/c

_ #Engaged C3 program member IP discharges Frequency of measurement: Quarterly

	RCA for MY 2020 Underperformance: FUH 30-Day Measure (All Ages)			
	RCA for MY 2020 Underperform	mance: FUH 30-Day Measure (All Ages)	Analysis will be conducted to determine demonstrable effective intensive outreach by C3 team for members who are engaged in the program via compliance with FUH appointment. 3. Monitoring of CM and CPS services for individuals with an inpatient discharge will be conducted by Beacon QM Process Measure: CM/CPS 1 month pre/post IP discharge # IP discharges Frequency of measurement: Biannual (every 6 months) Analysis will be conducted to determine demonstrable effectiveness of CM/CPS services as a conduit for member transitions to community via compliance with FUH	
Providers There is a perceived lack of coordinated and well established processes and communication channels across the continuum of care (inpatient to outpatient) to adequately address the continuity of care needs of the members upon admission through discharge.	Coordinated monitoring by PCs, BH-MCO, and providers regarding barriers to ensure continuity of processes.	Beacon facilitates a quarterly FUH QIP subcommittee (established 2020) that includes primary contractor and county representatives. A standing agenda item regarding systemic coordination of care barriers will be identified and agreed upon by all committee members; to be implemented by July 2021; reporting on a quarterly basis.	appointment. The FUH QIP subcommittee will document discussions and follow up action items to be addressed in the subcommittee meeting minutes. Any follow-up items identified for action will be completed and reported by the responsible party and reflected in the subcommittee minutes.	
Policies/Procedures There appear to be opportunities to confirm the member's contact information prior to	Beacon will monitor the reason(s) indicated for unsuccessful contacts made by the clinical aftercare coordinators.	Monitoring and analysis of unsuccessful member contact outcomes will begin in July 2021; quarterly.	Aftercare coordination process measure will be monitored by the Beacon QM department to determine the number of contacts made by the clinical aftercare	

RCA for MY 2020 Underperformance: FUH 30-Day Measure (All Ages)				
discharge, which would improve success with follow up outreach. However, it has been identified that multiple points of outreach may impact the member's desire to engage with aftercare follow up. To fully understand the causal role between these two barriers, further measurement and analysis should be conducted. Policies/Procedures FUH Performance-Based Incentives for IP providers are intended support in facilitating improvement in this area. It is unknown at this time whether the high volume IP providers who are eligible for the incentives are utilizing incentives to improve coordination efforts. Additionally, performance indicator data and associated analysis sharing across the system of care is important to ensure payment/reimbursement systems are efficiently improving transitions to community for Beacon	Beacon will monitor IP providers who are contracted for Value Based Payment (VBP) arrangements and share information with the FUH QIP subcommittee for further action with counties/providers.	VBP monitoring reports will be provided to the FUH QIP subcommittee for review and analysis beginning in April 2021.	coordinators within two days following an inpatient admission. Process Measure: # AC contacts made within two days of IP d/c #IP discharges Frequency of measurement: Quarterly Effectiveness will be identified via compliance with FUH appointment. Additional analysis will be conducted for attempted to contacts that were not successful and members who were non-compliant with FUH appointment. Beacon QM will provide VBP monitoring reports that are developed in accordance with the VBP methodology for IP providers that are eligible for the current Pay for Performance model. The FUH QIP subcommittee will document discussions and follow up action items to be addressed in the subcommittee meeting minutes. Any follow-up items identified for action will be completed and reported by the responsible party and reflected in the subcommittee minutes.	
members. Provisions:	Health Equity Transformation: Quality	15. Implementation of Beacon's Health	Success of this initiative will be	
	Improvement Activity	Equity Transformation Initiative started in	determined by Beacon's ability to:	

RCA for MY 2020 Underperformance: FUH 30-Day Measure (All Ages)

Health equity, inclusive of culturally and linguistically appropriate services and social determinates of health have not been coordinated effectively throughout the system of care. There appears to be a lack of data and information sharing among all involved in a member's care, leading to unaddressed health inequities across the Beacon network. Ensuring that a member's most basic needs and cultural considerations are met is a critical component to ensuring that the individual is able to navigate their recovery journey successfully.

- 1. Integrate race/ethnicity data into intervention reports
- 2. Conduct provider network cultural assessment
- Educate providers on cultural disparity findings from data analysis; call to action
- Discuss health equity with member forums/committees
- Increase provider utilization of zcodes to indicate social determinate of health needs
- Beacon and Primary Contractors will integrate Community Based Organizations into VBP arrangements to support facilitation and streamlining of member needs.
- Beacon and Primary Contractors will implement a Community Based Care Management program intended to support members in the community to navigate their social and healthcare needs.

- November/December 2020. This initiative is in the final stages of planning; educational components are slated to begin in April 2021 and ongoing.
- 6. CBO integration is under contract development as of March 2021.
- 7. CBCM programs are awaiting final feedback and approval of proposals from OMHSAS prior to implementation as of March 2021
- 8. Primary Contractors are partnering with Religious /faith based organizations to determine barriers to MH treatment

- Stratify performance, process, and intervention measures by race and ethnicity to address any disparities found.
- Integration of provider cultural competency into the standard treatment of care; ensuring the provider network is robust in culturally and linguistically appropriate services for the population served.
- Providers will increase
 utilization of z-codes on
 claims to indicate social
 determine needs; Beacon
 will have the ability to
 conduct z-code analysis to
 evaluate and target specific
 basic needs of the system of
 care geographically.
- CBOs will be successfully integrated into Beacon/Primary Contractor system of care.
- The CBCM program will be staffed and assisting members to access resources by June 2021.
- Community Listening Forums began in Q4 2021 with faith based organizations

COVID:

The COVID pandemic has devastated both the mental health and medical delivery system. This was evidenced The total impact of the pandemic is still being determined to the health delivery systems. With vaccines readily available, the decline in cases, deaths providing relief to the healthcare system we should

COVID interventions:

- 1. Wellness calls to members at risk
- 2. Monitoring calls to INPT units to assist with planning during UM review suspensions

Success of these interventions may be difficult to quantify. Some potential measures are included below:

	RCA for MY 2020 Underperformance: FUH 30-Day Measure (All Ages)				
by the impact to INPT facilities, closing of many OP providers, severe staffing shortages, lack of community supports and "safety nets" that all went down when COVID hit.	be able to determine the total impact in 2022 provided another COVID variant does not surface.	3. Provider trainings and webinars on delivering telehealth services when face to face interventions were not possible4. Increased funding for OP providers to help them stay whole and retain staff	 An increase in the OP providers who have sufficient staffing Decrease in the number of inadequate discharge plans An increase in members accessing OP providers 		

VII: 2021 Strengths, Opportunities for Improvement and Recommendations

The section provides an overview of BHO's MY 2020 performance in the following areas: structure and operations standards, performance improvement projects, and PMs, with identified strengths and opportunities for improvement. This section also provides an assessment of the strengths and weaknesses of BHO with respect to (a) quality, (b) timeliness, and (c) access to the health care services furnished by each MCO, PIHP, PAHP, or PCCM entity (as described in 42 CFR 438.310(c)(2)).

Strengths

- Under MMC regulations, BHO was fully compliant with the provisions under CMS section Quality Assessment and Performance Improvement Program.
- BHO's MY 2020 HEDIS 7-Day and 30-Day Follow-Up After Hospitalization for Mental Illness rates (QI 1 and QI 2) for the 18-64 and All Ages age set populations significantly improved over the previous year.
- BHO's MY 2020 HEDIS 7-Day Follow-Up After Hospitalization for Mental Illness rates (QI 2) for the 6–17 years age set population significantly improved over the previous year.
- BHO's MY 2020 PA-specific 7-Day and 30-Day Follow-Up After Hospitalization for Mental Illness rates (QI 1 A and QI
 B) for the 18-64 and All Ages age set populations significantly improved over the previous year.
- Review of compliance with standards conducted by the Commonwealth in RY 2018, RY 2019, and RY 2020 found BHO
 to be compliant with Network Adequacy.

Opportunities for Improvement

- Review of compliance with standards conducted by the Commonwealth in RY 2018, RY 2019, and RY 2020 found BHO
 to be partially compliant with two sections associated with Medicaid Managed Care regulations.
 - BHO was partially compliant with 4 out of 9 categories within Compliance with Standards, including Enrollee Rights and Protections. The partially compliant categories are: Availability of Services, Coordination and continuity of care, Coverage and authorization of services, and Practice Guidelines.
 - o BHO was partially compliant with the single category of Grievance and Appeal Systems within Grievance System.
- BHO's MY 2020 Readmission Within 30 Days of Inpatient Psychiatric Discharge rate significantly increased (worsened) and did not meet the OMHSAS designated performance goal of 10.0%.

Assessment of Quality, Timeliness, and Access

Responsibility for quality, timeliness, and access to health care services and supports is distributed among providers, payers, and oversight entities. Due to the BH carve-out within Pennsylvania's HealthChoices program, BH-MCOs and PH-MCOs operate under separate contracts, with BH-MCOs contracting with non-overlapping Primary Contractors, making this distribution even more complex. That said, when it comes to improving healthcare quality, timeliness, and access, the BH-MCO can focus on factors closer to its locus of control.

Table 7.1 details the full list of recommendations that are made for the MCO for each of the applicable EQR activities. For PIPs, the recommendations are based on the review that was conducted for the year. The PIP recommendations may include issues from prior years if they remain unresolved. Since 2020 was the baseline year, and the MCO met all requirements of the proposal stage, there are no recommendations applicable for this review period. For performance measures, the strengths and opportunities noted above in this section are determined for the current year, while recommendations are based on issues that were not only identified as opportunities for the current 2021 (MY 2020) year but were also identified as outstanding opportunities from 2020 (MY 2019).

Table 7.1: EQR Recommendations

Measure/Project	IPRO's Recommendation	Domains
Beacon Health Options of Pen	nsylvania (BHO)	
Performance Improvement Pr	ojects (PIPs)	
Prevention, Early Detection, Treatment, and Recovery (PEDTAR) for Substance Use Disorders	No recommendations	Quality, Timeliness, Access
Performance Measures		
HEDIS Follow-Up After Hospitalization for Mental Illness rates	IPRO concurs with BHO's findings of its RCA and proposed remediations in its QIP, which center on addressing: increasing timely outreach post-discharge, while addressing social determinants of health, and improving communication and coordination among providers and related resources.	Timeliness, Access
PA Follow-Up After Hospitalization for Mental Illness rates	IPRO concurs with BHO's findings of its RCA and proposed remediations in its QIP, which center on addressing: increasing timely outreach post-discharge, while addressing social determinants of health, and improving communication and coordination among providers and related resources.	Timeliness, Access
Readmission Within 30 Days of Inpatient Psychiatric Discharge	BHO should continue conduct RCA into the drivers of readmissions among members discharged from an inpatient psychiatric stay. It should leverage the barrier analyses already conducted for its PEDTAR PIP, but also conduct additional RCA for members without AOD diagnoses.	Timeliness, Access
Compliance with Medicaid Ma	anaged Care Regulations	
Availability of Services	BHO was partially compliant with two substandards centered on a defined program of care that incorporates longitudinal disease management. BHO should focus on rationalizing allocation of case management resources which will furthermore strengthen documentation related to the application of medical necessity criteria.	Quality, Timeliness, Access
BHO was partially compliant with two substandards centered on a defined program of care that incorporates longitudinal disease management. BHO should focus on rationalizing allocation of case management resources which will furthermore strengthen documentation related to the application of medical necessity criteria.		Quality, Timeliness, Access
Coverage and authorization of services	BHO was partially compliant with two substandards centered on a defined program of care that incorporates longitudinal disease management. BHO should focus on rationalizing allocation of case management resources which will furthermore strengthen documentation related to the application of medical necessity criteria.	Quality, Timeliness, Access
Practice Guidelines	BHO was partially compliant with two substandards centered on a defined program of care that incorporates longitudinal disease management. BHO should focus on rationalizing allocation of case management resources which will furthermore strengthen documentation related to the application of medical necessity criteria.	Quality, Timeliness, Access
Grievance and appeal systems	BHO was found not compliant with the substandard that Complaint case files include documentation of any referrals and subsequent corrective action and follow-up related to complaint issues. BHO	Quality, Timeliness, Access

should ensure that any follow-up and corrective actions are documented in a member's file or appropriately referenced for ready	
access.	

EQR: external quality review; MCO: managed care organization; N/A: not applicable.

VIII: Summary of Activities

Performance Improvement Projects

BHO successfully submitted a new PIP proposal on the PEDTAR topic for 2020.

Performance Measures

• BHO reported all PMs and applicable quality indicators for 2020.

Structure and Operations Standards

• BHO was partially compliant with Standards, including Enrollee Rights and Protections and Grievance System. As applicable, compliance review findings from RY 2020, RY 2019, and RY 2018 were used to make the determinations.

Quality Studies

• DHS and OMHSAS launched ICWC in 2020. For any of its members receiving ICWC services, BHO covered those services under a Prospective Payment System rate.

2020 Opportunities for Improvement MCO Response

• BHO provided a response to the opportunities for improvement issued in 2021.

2021 Strengths and Opportunities for Improvement

• Both strengths and opportunities for improvement were noted for BHO in 2021 (MY 2020). The BH-MCO will be required to prepare a response in 2022 for the noted opportunities for improvement.

References

- ¹ Code of Federal Regulations, Title 42: Public Health. (2022, March 8). 42 CFR § 438.358 Activities related to external quality review. https://www.ecfr.gov/cgi-bin/ECFR?page=browse.
- ²Centers for Medicare & Medicaid Services (CMS). (2019, October). *CMS external quality review (EQR) protocols* (OMB Control No. 0938-0786). Department of Health & Human Services. https://www.medicaid.gov/medicaid/quality-of-care/downloads/2019-eqr-protocols.pdf.
- ³ National Committee for Quality Assurance (NCQA). (2020). *HEDIS® volume 2: Technical specifications for health plans*. NCQA. https://store.ncqa.org/hedis-2020-volume-2-epub.html.
- ⁴ National Quality Forum (NQF). (2020, August 12). 3400: Use of pharmacotherapy for opioid use disorder (OUD). *Quality positioning system (QPS) measure description display information*.
- http://www.qualityforum.org/QPS/MeasureDetails.aspx?standardID=3400&print=0&entityTypeID=1.
- ⁵ Centers for Medicare & Medicaid Services (CMS). (2019, October). *CMS external quality review (EQR) protocols* (OMB Control No. 0938-0786). Department of Health & Human Services. https://www.medicaid.gov/medicaid/quality-of-care/downloads/2019-eqr-protocols.pdf.
- ⁶ Substance Abuse and Mental Health Services Administration. (2020, August 4). *Key substance use and mental health indicators in the United States: Results from the 2019 National Survey on Drug Use and Health* (HHS Pub. No. PEP19-5068, NSDUH Series H-54). https://www.samhsa.gov/data/sites/default/files/cbhsq-reports/NSDUHNationalFindingsReport2019/NSDUHNationalFindingsReport2019.pdf.
- ⁷ Substance Abuse and Mental Health Services Administration. (2020, August 4). *Key substance use and mental health indicators in the United States: Results from the 2019 National Survey on Drug Use and Health* (HHS Pub. No. PEP19-5068, NSDUH Series H-54). https://www.samhsa.gov/data/sites/default/files/cbhsq-reports/NSDUHNationalFindingsReport2019/NSDUHNationalFindingsReport2019.pdf.
- ⁸ Substance Abuse and Mental Health Services Administration. (2020, August 4). *Key substance use and mental health indicators in the United States: Results from the 2019 National Survey on Drug Use and Health* (HHS Pub. No. PEP19-5068, NSDUH Series H-54). https://www.samhsa.gov/data/sites/default/files/cbhsq-reports/NSDUHNationalFindingsReport2019/NSDUHNationalFindingsReport2019.pdf.
- ⁹ Substance Abuse and Mental Health Services Administration. (2020, August 4). *Key substance use and mental health indicators in the United States: Results from the 2019 National Survey on Drug Use and Health* (HHS Pub. No. PEP19-5068, NSDUH Series H-54). https://www.samhsa.gov/data/sites/default/files/cbhsq-reports/NSDUHNationalFindingsReport2019/NSDUHNationalFindingsReport2019.pdf.
- ¹⁰ Pal, S. (2015). The economic burden of mental health care. *US Pharmacist, 40*(11), 20–21. http://bt.editionsbyfry.com/publication/?m=22400&i=280644&p=54.
- ¹¹ Carson, N. J., Vesper, A., Chen, C.-N., & Le Cook, B. (2014). Quality of follow-up after hospitalization for mental illness among patients from racial-ethnic minority groups. *Psychiatric Services*, *65*(7), 888–896. https://doi.org/10.1176/appi.ps.201300139.
- ¹² National Committee for Quality Assurance (NCQA). (2007). *The state of health care quality report.* https://www.ncqa.org/report-cards/health-plans/state-of-health-care-quality-report/thank-you/.
- ¹³ Carson, N. J., Vesper, A., Chen, C.-N., & Le Cook, B. (2014). Quality of follow-up after hospitalization for mental illness among patients from racial-ethnic minority groups. *Psychiatric Services*, *65*(7), 888–896. https://doi.org/10.1176/appi.ps.201300139.
- ¹⁴ Ride, J., Kasteridis, P., Gutacker, N., Doran, T., Rice, N., Gravelle, H., Kendrick, T., Mason, A., Goddard, M., Siddiqi, N., Gilbody, S., Williams, R., Aylott, L., Dare, C., & Jacobs, R. (2020). Impact of family practice continuity of care on unplanned hospital use for people with serious mental illness. *Health Services Research*, 54(6), 1316–1325. https://doi.org/10.1111/1475-6773-13211.
- ¹⁵ Ride, J., Kasteridis, P., Gutacker, N., Doran, T., Rice, N., Gravelle, H., Kendrick, T., Mason, A., Goddard, M., Siddiqi, N., Gilbody, S., Williams, R., Aylott, L., Dare, C., & Jacobs, R. (2020). Impact of family practice continuity of care on unplanned hospital use for people with serious mental illness. *Health Services Research*, 54(6), 1316–1325. https://doi.org/10.1111/1475-6773-13211.

- ¹⁶ Smith, M. W., Stocks, C., & Santora, P. B. (2015). Hospital readmission rates and emergency department visits for mental health and substance abuse conditions. *Community Mental Health Journal*, *51*(2), 190–197. https://doi.org/10.1007/s10597-014-9784-x.
- ¹⁷ Mark, T., Tomic, K. S., Kowlessar, N., Chu, B. C., Vandivort-Warren, R., & Smith, S. (2013). Hospital readmission among Medicaid patients with an index hospitalization for mental and/or substance use disorder. *Journal of Behavioral Health Services & Research*, 40(2), 207–221. https://doi.org/10.1007/s11414-013-9323-5.
- ¹⁸ Smith, M. W., Stocks, C., & Santora, P. B. (2015). Hospital readmission rates and emergency department visits for mental health and substance abuse conditions. *Community Mental Health Journal*, *51*(2), 190–197. https://doi.org/10.1007/s10597-014-9784-x.
- ¹⁹ U.S. Department of Health & Human Services. (2016). *Facing addiction in America: The Surgeon General's report on alcohol, drugs, and health*. https://addiction.surgeongeneral.gov/sites/default/files/surgeon-generals-report.pdf. ²⁰ Wu, T., Jia, X., Shi, H., Niu, J., Yin, X., Xie, J., & Wang, X. (2021). Prevalence of mental health problems during the COVID-19 pandemic: A systematic review and meta-analysis. Journal of affective disorders, 281, 91–98. https://doi.org/10.1016/j.jad.2020.11.117.
- ²¹ Centers for Medicare & Medicaid Services (CMS). (2019, October). *CMS external quality review (EQR) protocols October 2019* (OMB Control No. 0938-0786). Department of Health & Human Services. https://www.medicaid.gov/medicaid/quality-of-care/downloads/2020-egr-protocols.pdf.
- ²² Centers for Medicare & Medicaid Services (CMS). (2019, October). *CMS external quality review (EQR) protocols October 2019* (OMB Control No. 0938-0786). Department of Health & Human Services. https://www.medicaid.gov/medicaid/quality-of-care/downloads/2019-eqr-protocols.pdf.
- ²³ Luke Horner, Jung Kim, Megan Dormond, Kiana Hardy, Jenna Libersky, Debra J. Lipson, Mynti Hossain, and Amanda Lechner (2020). *Behavioral Health Provider Network Adequacy Toolkit*. Baltimore, MD: Division of Managed Care Policy, Center for Medicaid and CHIP Services, CMS, U.S. Department of Health and Human Services.
- ²⁴ Code of Federal Regulations, Title 42: Public Health. (2022, March 8). 42 CFR § 438.358 Activities related to external quality review. https://www.ecfr.gov/cgi-bin/ECFR?page=browse.

Appendices

Appendix A. Required PEPS Substandards Pertinent to BBA Regulations

Refer to **Table A.1** for required PEPS substandards pertinent to BBA Regulations.²⁵

Table A.1: Required PEPS Substandards Pertinent to BBA Regulations

BBA Category	PEPS Reference	PEPS Language
Assurances of adequate	Substandard 1.1	A complete listing of all contracted and credentialed providers.
capacity and services		Maps to demonstrate 30 minutes (20 miles) urban and 60 minutes
		(45 miles) rural access time frames (the mileage standard is used by
42 C.F.R. § 438.207		DOH) for each level of care.
		• Group all providers by type of service (e.g., all outpatient providers
		should be listed on the same page or consecutive pages).
		Excel or Access database with the following information: Name of
		Agency (include satellite sites); Address of Agency (and satellite
		sites) with zip codes; Level of Care (e.g., Partial Hospitalization, D&A
		Outpatient, etc.); Population served (e.g., adult, child and
		adolescent); Priority Population; Special Population.
	Substandard 1.2	100% of members given choice of two providers at each level of care
		within 30/60 miles urban/rural met.
	Substandard 1.4	BH-MCO has identified and addressed any gaps in provider network
		(e.g., cultural, special priority, needs pops or specific services).
	Substandard 1.5	BH-MCO has notified the Department of any drop in provider
		network.
		Monitor provider turnover.
		Network remains open where needed.
	Substandard 1.6	BH-MCO must require providers to notify BH-MCO when they are at
		capacity or not accepting any new enrollees.
Availability of Services	Substandard 1.1	A complete listing of all contracted and credentialed providers.
42.05.05.420.205.42		• Maps to demonstrate 30 minutes (20 miles) urban and 60 minutes
42 C.F.R § 438.206, 42		(45 miles) rural access time frames (the mileage standard is used by
C.F.R. § 10(h)		DOH) for each level of care.
		• Group all providers by type of service (e.g., all outpatient providers
		should be listed on the same page or consecutive pages). • Excel or Access database with the following information: Name of
		Agency (include satellite sites); Address of Agency (and satellite
		sites) with zip codes; Level of Care (e.g., Partial Hospitalization, D&A
		Outpatient, etc.); Population served (e.g., adult, child and
		adolescent); Priority Population; Special Population.
	Substandard 1.2	100% of members given choice of two providers at each level of care
		within 30/60 miles urban/rural met.
	Substandard 1.3	Provider Exception report submitted and approved when choice of
		two providers is not given.
	Substandard 1.4	BH-MCO has identified and addressed any gaps in provider network
		(e.g., cultural, special priority, needs pops or specific services).
	Substandard 1.5	BH-MCO has notified the Department of any drop in provider
		network.
		Monitor provider turnover.
		Network remains open where needed.
	Substandard 1.6	BH-MCO must require providers to notify BH-MCO when they are at
		capacity or not accepting any new enrollees.

BBA Category	PEPS Reference	PEPS Language
	Substandard 1.7	Confirm FQHC providers.
	Substandard 23.1	BH-MCO has assessed if 5% requirement is applicable.
	Substandard 23.2	BH-MCO phone answering procedures provide instruction for non-
		English members if 5% requirement is met.
	Substandard 23.3	List of oral interpreters is available for non-English speakers.
	Substandard 23.4	BH-MCO has provided documentation to confirm if Oral
		Interpretation services were provided for the calendar year being
		reviewed. The documentation includes the actual number of
		services, by contract, that were provided. (Oral Interpretation is
		identified as the action of listening to something in one language and orally translating into another language.)
	Substandard 23.5	BH-MCO has provided documentation to confirm if Written
	Substantial a 25.5	Translation services were provided for the calendar year being
		reviewed. The documentation includes the actual number of
		services, by contract, that were provided. (Written Translation is
		defined as the replacement of a written text from one language into
		an equivalent written text in another language.)
	Substandard 24.1	BH-MCO provider application includes information about
	6 1 1 1242	handicapped accessibility.
	Substandard 24.2	Provider network database contains required information for ADA
-	Substandard 24.3	compliance. BH-MCO phone answering uses TTY or PA telecommunication relay
	Substanuaru 24.5	services.
	Substandard 24.4	BH-MCO is able to access interpreter services.
	Substandard 24.5	BH-MCO has the ability to accommodate people who are hard of
	Sabstandard 2 ns	hearing.
	Substandard 24.6	BH-MCO can make alternate formats available upon request.
	Substandard 28.1	Clinical/chart reviews reflect appropriate consistent application of
		medical necessity criteria and active care management that identify
		and address quality of care concerns.
	Substandard 28.2	The medical necessity decision made by the BH-MCO
		Physician/Psychologist Advisor is supported by documentation in
		the denial record and reflects appropriate application of medical
	Substandard 93.1	necessity criteria. The BH-MCO reports monitoring results for access to services
	Substantial d 55.1	(routine, urgent and emergent), provider network adequacy and
		penetration rates.
	Substandard 93.2	The BH-MCO reports monitoring results for appropriateness of
		service authorization and inter-rater reliability.
	Substandard 93.3	The BH-MCO reports monitoring results for: authorizations;
		complaint, grievance and appeal processes; rates of denials; and
	Substandard 02.4	rates of grievances upheld or overturned.
	Substandard 93.4	The BH-MCO reports monitoring results for treatment outcomes: readmission rates, follow up after hospitalization rates, and
		consumer satisfaction.
Confidentiality 42 C.F.R.	Substandard 120.1	The County/BH-MCO uses the required reference files as evidenced
§ 438.224		through correct, complete and accurate encounter data.
Coordination and	Substandard 28.1	Clinical/chart reviews reflect appropriate consistent application of
continuity of care		medical necessity criteria and active care management that identify
		and address quality of care concerns.

BBA Category	PEPS Reference	PEPS Language
42 C.F.R. § 438.208	Substandard 28.2	The medical necessity decision made by the BH-MCO
		Physician/Psychologist Advisor is supported by documentation in
		the denial record and reflects appropriate application of medical
		necessity criteria.
Coverage and	Substandard 28.1	Clinical/chart reviews reflect appropriate consistent application of
authorization of services		medical necessity criteria and active care management that identify
		and address quality of care concerns.
42 C.F.R. Parts §	Substandard 28.2	The medical necessity decision made by the BH-MCO
438.210(a–e), 42 C.F.R. §		Physician/Psychologist Advisor is supported by documentation in
441, Subpart B, and §		the denial record and reflects appropriate application of medical
438.114		necessity criteria.
	Substandard 72.1	Denial notices are issued to members according to required
	Substantial 72.1	timeframes and use the required template language.
	Substandard 72.2	The content of the notices adhere to OMHSAS requirements (e.g.,
	Substantial d 72.2	easy to understand and free from medical jargon; contains
		explanation of member rights and procedures for filing a grievance,
		requesting a DPW Fair Hearing, and continuation of services;
		contains name of contact person; contains specific member
		demographic information; contains specific reason for denial;
		contains detailed description of requested services, denied services,
		·
		and any approved services if applicable; contains date denial
Health information	Substandard 120.1	decision will take effect).
	Substandard 120.1	The County/BH-MCO uses the required reference files as evidenced
systems 42 C.F.R. § 438.242		through correct, complete and accurate encounter data.
Practice guidelines	Substandard 28.1	Clinical/chart reviews reflect appropriate consistent application of
_		medical necessity criteria and active care management that identify
42 C.F.R. § 438.236		and address quality of care concerns.
	Substandard 28.2	The medical necessity decision made by the BH-MCO
		Physician/Psychologist Advisor is supported by documentation in
		the denial record and reflects appropriate application of medical
		necessity criteria.
	Substandard 93.1	The BH-MCO reports monitoring results for access to services
		(routine, urgent and emergent), provider network adequacy and
		penetration rates.
	Substandard 93.2	The BH-MCO reports monitoring results for appropriateness of
		service authorization and inter-rater reliability.
	Substandard 93.3	The BH-MCO reports monitoring results for: authorizations;
		complaint, grievance and appeal processes; rates of denials; and
		rates of grievances upheld or overturned.
	Substandard 93.4	The BH-MCO reports monitoring results for treatment outcomes:
		readmission rates, follow up after hospitalization rates, and
		consumer satisfaction.
Provider selection	Substandard 10.1	100% of credentialed files should contain licensing or certification
		required by PA law, verification of enrollment in the MA and/or
42 C.F.R. § 438.214		Medicare program with current MA provider agreement,
		malpractice/liability insurance, disclosure of past or pending
		lawsuits or litigation, board certification or eligibility BH-MCO on-
		site review, as applicable.
	Substandard 10.2	100% of decisions made within 180 days of receipt of application.
	Substandard 10.3	Recredentialing incorporates results of provider profiling.
		. 9 5

BBA Category	PEPS Reference	PEPS Language
Subcontractual	Substandard 99.1	The BH-MCO reports monitoring results for quality of individualized
relationships and		service plans and treatment planning.
delegation	Substandard 99.2	The BH-MCO reports monitoring results for adverse incidents.
42 C.F.R. § 438.230	Substandard 99.3	The BH-MCO reports monitoring results for collaboration and
		cooperation with member complaints, grievance and appeal
		procedures, as well as other medical and human services programs.
	Substandard 99.4	The BH-MCO reports monitoring results for administrative
		compliance.
	Substandard 99.5	The BH-MCO has implemented a provider profiling process which
		includes performance measures, baseline thresholds and
		performance goals.
	Substandard 99.6	Provider profiles and individual monitoring results are reviewed with providers.
	Substandard 99.7	Providers are evaluated based on established goals and corrective
		action taken as necessary.
	Substandard 99.8	The BH-MCO demonstrates that provider profiling results are
		incorporated into the network management strategy.
Quality assessment and	Substandard 91.1	The QM Program Description clearly outlines the BH-MCO QM
performance		structure.
improvement program	Substandard 91.2	The QM Program Description clearly outlines the BH-MCO QM
42 C.F.R. § 438.330	Cultata a da ad 01.2	content.
42 C.F.N. 9 456.550	Substandard 91.3	The QM Program Description includes the following basic elements: Performance improvement projects Collection and submission of
		performance measurement data Mechanisms to detect
		underutilization and overutilization of services Emphasis on, but not
		limited to, high volume/high-risk services and treatment, such as
		Behavioral Health Rehabilitation Services Mechanisms to assess the
		quality and appropriateness of care furnished to enrollees with
		special health needs.
	Substandard 91.4	The QM Work Plan includes: Objective Aspect of care/service Scope
		of activity Frequency Data source Sample size Responsible person
		Specific, measurable, attainable, realistic and timely performance
		goals, as applicable.
	Substandard 91.5	The QM Work Plan outlines the specific activities related to
		coordination and interaction with other entities, including but not
	Substandard 91.6	limited to, Physical Health MCO's (PH-MCO). The QM Work Plan outlines the formalized collaborative efforts
	Substandard 91.6	(joint studies) to be conducted.
	Substandard 91.7	The QM Work Plan includes the specific monitoring activities
	Substantial 51.7	conducted to evaluate the effectiveness of the services received by
		members: Access to services (routine, urgent and emergent),
		provider network adequacy, and penetration rates Appropriateness
		of service authorizations and inter-rater reliability Complaint,
		grievance and appeal processes; denial rates; and upheld and
		overturned grievance rates Treatment outcomes: readmission rate,
		follow-up after hospitalization rates, initiation and engagement
		rates, and consumer satisfaction.
	Substandard 91.8	The QM Work Plan includes a provider profiling process.
	Substandard 91.9	The QM Work Plan includes the specific monitoring activities
		conducted to evaluate access and availability to services: Telephone

BBA Category	PEPS Reference	PEPS Language
		access and responsiveness rates Overall utilization patterns and
		trends including BHRS and other high volume/high risk services.
	Substandard 91.10	The QM Work Plan includes monitoring activities conducted to
		evaluate the quality and performance of the provider network:
		Quality of individualized service plans and treatment planning
		Adverse incidents Collaboration and cooperation with member
		complaints, grievance, and appeal procedures as well as other
		medical and human services programs and administrative
		compliance.
	Substandard 91.11	The QM Work Plan includes a process for determining provider
		satisfaction with the BH-MCO.
	Substandard 91.12	The QM Work Plan outlines the specific performance improvement
		projects conducted to evaluate the BH-MCO's performance related
		to the following: Performance based contracting selected indicator:
		Mental Health; and, Substance Abuse External Quality Review:
		Follow up After Mental Health Hospitalization QM Annual Evaluation
	Substandard 91.13	The identified performance improvement projects must include the
		following: Measurement of performance using objective quality
		indicators Implementation of system interventions to achieve
		improvement in quality Evaluation of the effectiveness of the
		interventions Planning and initiation of activities for increasing or
		sustaining improvement Timeline for reporting status and results of
		each project to the Department of Human Services (DHS)
		Completion of each performance Improvement project in a
		reasonable time period to allow information on the success of
		performance improvement projects to produce new information on
		quality of care each year
	Substandard 91.14	The QM Work Plan outlines other performance improvement
		activities to be conducted based on the findings of the Annual
		Evaluation and any Corrective Actions required from previous
		reviews.
	Substandard 91.15	The Annual Program Evaluation evaluates the impact and
		effectiveness of the BH-MCO's quality management program. It
		includes an analysis of the BH-MCO's internal QM processes and
	0.1	initiatives, as outlined in the program description and the work plan.
	Substandard 93.1	The BH-MCO reports monitoring results for access to services
		(routine, urgent and emergent), provider network adequacy and
	Cubatan dend 02.2	penetration rates.
	Substandard 93.2	The BH-MCO reports monitoring results for appropriateness of
	Substandard 93.3	service authorization and inter-rater reliability.
	Substandard 93.3	The BH-MCO reports monitoring results for: authorizations;
		complaint, grievance and appeal processes; rates of denials; and
	Substandard 93.4	rates of grievances upheld or overturned. The BH MCO reports monitoring results for treatment outcomes:
	Substantial d 93.4	The BH-MCO reports monitoring results for treatment outcomes: readmission rates, follow up after hospitalization rates, and
		consumer satisfaction.
	Substandard 98.1	The BH-MCO reports monitoring results for telephone access
	Substantial d 38.1	standard and responsiveness rates. Standard: Abandonment rate
	Substandard 98.2	The BH-MCO reports monitoring results for overall utilization
	Jubstanuaru 30.2	patterns and trends, including BHRS service utilization and other
		high volume/high risk services patterns of over- or under-utilization.
		men volume/men hak services patterns of over- of under-utilization.

BBA Category	PEPS Reference	PEPS Language
		BH-MCO takes action to correct utilization problems, including
		patterns of over- and under-utilization.
	Substandard 98.3	The BH-MCO reports monitoring results for coordination with other
		service agencies and schools.
	Substandard 104.1	The BH-MCO must measure and report its performance using
		standard measures required by DHS.
	Substandard 104.2	The BH MCO must submit data to DHS, as specified by DHS, that
		enables the measurement of the BH-MCO's performance. QM
		program description must outline timeline for submission of QM
		program description, work plan, annual QM summary/evaluation,
		and member satisfaction including Consumer Satisfaction Team
		reports to DHS.
	Substandard 104.3	Performance Improvement Plans status reported within the
		established time frames.
	Substandard 104.4	The BH-MCO submitted the following within established
		timeframes: Annual Evaluation QM Program Description QM Work
		Plan Quarterly PEPS Reports
Grievance and appeal	Substandard 68.1	Interview with Complaint Coordinator(s) demonstrate a clear
systems		understanding of the Complaint process including how Member
		rights and Complaint procedures are made known to Members, BH-
42 C.F.R. § 438 Parts 228,		MCO staff and the provider network.
402, 404, 406, 408, 410,		• 1st level
414, 416, 420, 424		• 2nd level
		• External
		• Expedited
		• Fair Hearing
	Substandard 68.2	Interview with the Complaint Manager(s) demonstrates effective
	6 1 1 1 1 60 0	oversight of the Complaint process.
	Substandard 68.3	100% of Complaint Acknowledgement and Decision letters reviewed
		adhere to the established time lines. The required letter templates
	6 1 1 1 1 1 1 60 4	are utilized 100% of the time.
	Substandard 68.4	Complaint Acknowledgement and Decision letters must be written
		in clear, simple language that includes each issue identified in the
		Member's Complaint and a corresponding explanation and reason
	Substandard 68.7	for the decision(s). Complaint case files include documentation that Member rights and
	Substantial d 08.7	the Complaint process were reviewed with the Member.
	Substandard 68.9	Complaint case files include documentation of any referrals of
		Complaint issues to Primary Contractor/BH-MCO committees for
		further review and follow-up. Evidence of subsequent corrective
		action and follow-up by the respective Primary Contractor/BH-MCO
		Committee must be available to the Complaint staff, either by
		inclusion in the Complaint case file or reference in the case file to
		where the documentation can be obtained for review.
	Substandard 71.1	Interview with Grievance Coordinator demonstrates a clear
		understanding of the Grievance process, including how Grievance
		rights and procedures are made known to Members, BH-MCO staff
		and the provider network:
		Internal
		• External

BBA Category	PEPS Reference	PEPS Language
		Expedited
		Fair Hearing
	Substandard 71.2	Interview with the Grievance Manager(s) demonstrates effective
		oversight of the Grievance process.
	Substandard 71.3	100% of Grievance Acknowledgement and Decision letters reviewed
		adhere to the established time lines. The required letter templates
		are utilized 100% of the time.
	Substandard 71.4	Grievance decision letters must be written in clear, simple language
		that includes a statement of all services reviewed and a specific
		explanation and reason for the decision including the medical
		necessity criteria utilized.
	Substandard 71.7	Grievance case files include documentation that Member rights and
		the Grievance process were reviewed with the Member.
	Substandard 71.9	Grievance case files must include documentation of any referrals to
		Primary Contractor/BH-MCO committees for further review and
		follow-up. Evidence of subsequent corrective action and follow-up
		by the respective Primary Contractor/BH-MCO Committee must be
		available to the Grievance staff either by inclusion in the Grievance
		case file or reference in the case file to where the documentation can be obtained for review.
	Substandard 72.1	Denial notices are issued to members according to required
		timeframes and use the required template language.
	Substandard 72.2	The content of the notices adhere to OMHSAS requirements (e.g.,
		easy to understand and free from medical jargon; contains
		explanation of member rights and procedures for filing a grievance,
		requesting a DPW Fair Hearing, and continuation of services;
		contains name of contact person; contains specific member
		demographic information; contains specific reason for denial;
		contains detailed description of requested services, denied services,
		and any approved services if applicable; contains date denial
		decision will take effect).

²⁵ In 2019, five MCO-specific substandards related to complaints and grievances provisions (four of which covered BBA provisions) were retired and replaced with eight new substandards related to complaints and grievances. Four of the substandards cover BBA provisions and four are OMHSAS-specific.

Appendix B. OMHSAS-Specific PEPS SubstandardsRefer to **Table B.1** for OMHSAS-specific PEPS substandards.²⁶

Table B.1: OMHSAS-Specific PEPS Substandards

Category	PEPS Reference	PEPS Language
Care Management		
Care Management (CM) Staffing	Substandard 27.7	Other: Significant onsite review findings related to Standard 27.
Longitudinal Care Management (and Care Management Record Review)	Substandard 28.3	Other: Significant onsite review findings related to Standard 28.
Complaints and Grievance	es	
Complaints	Substandard 68.1.1	Where applicable there is evidence of Primary Contractor oversight and involvement in the Complaint process, including, but not limited to: the Member Handbook, Complaint decisions, written notification letters, investigations, scheduling of reviews, staff trainings, adherence of review committees to the requirements in Appendix H and quality of care concerns.
	Substandard 68.1.2	Training rosters and training curriculums demonstrate that Complaint staff, as appropriate, have been adequately trained on Member rights related to the processes and how to handle and respond to Member Complaints.
	Substandard 68.5	A verbatim transcript and/or recording of the second level Complaint review meeting is maintained to demonstrate appropriate representation, adherence to the Complaint review meeting process, familiarity with the issues being discussed and that the decision was based on input from all panel members.
	Substandard 68.6	Sign-in sheets are included for each Complaint review meeting that document the meeting date and time, each participant's name, affiliation, job title, role in the meeting, signature and acknowledgement of the confidentiality requirement.
	Substandard 68.8	Complaint case files include Member and provider contacts related to the Complaint case, investigation notes and evidence, Complaint review summary and identification of all review committee participants, including name, affiliation, job title and role.
Grievances	Substandard 71.1.1	Where applicable there is evidence of Primary Contractor oversight and involvement in the Grievance process, included but not limited to the Member Handbook, Grievance decisions, written notification letters, scheduling of reviews, staff trainings, adherence of review committees to the requirements in Appendix H and quality of care concerns.
	Substandard 71.1.2	Training rosters and training curriculums identify that Grievance staff, as appropriate, have been adequately trained on Member rights related to the processes and how to handle and respond to Member Grievances.
	Substandard 71.5	A verbatim transcript and/or recording of the Grievance review meeting is maintained to demonstrate appropriate representation, adherence to the Grievance review meeting process, familiarity with the issues being discussed and that input was provided from all panel members.
	Substandard 71.6	Sign-in sheets are included for each Grievance review meeting that document the meeting date and time, each participant's name,

Category	PEPS Reference	PEPS Language
		affiliation, job title, role in the meeting, signature and
		acknowledgement of the confidentiality requirement.
	Substandard 71.8	Grievance case files include Member and provider contacts related
		to the Grievance case, Grievance review summary and identification
		of all review committee participants, including name, affiliation, job
		title and role.
Denials		
Denials	Substandard 72.3	BH-MCO consistently reports denial data/occurrences to OMHSAS
		on a monthly basis according to Appendix AA requirements.
Executive Management		
County Executive	Substandard 78.5	Other: Significant onsite review findings related to Standard 78.
Management		
BH-MCO Executive	Substandard 86.3	Other: Significant onsite review findings related to Standard 86.
Management		
Enrollee Satisfaction		
Consumer/Family	Substandard 108.3	County's/BH-MCO's role of fiduciary (if applicable) is clearly defined,
Satisfaction		and provides supportive function as defined in the C/FST Contract,
		as opposed to directing the program.
	Substandard 108.4	The C/FST Director is responsible for: setting program direction
		consistent with County direction; negotiating contract; prioritizing
		budget expenditures; recommending survey content and priority;
		and directing staff to perform high quality surveys.
	Substandard 108.9	Results of surveys by provider and level of care are reflected in BH-
		MCO provider profiling, and have resulted in provider action to
		address issues identified.

²⁶ In 2019, two Contractor-specific triennial substandards, 68.1.2 and 71.1.2, were added related to OMHSAS-specific provisions for complaints and grievances processes, respectively. Five MCO-specific substandards related to complaints and grievances provisions (four of which covered BBA provisions) were retired and replaced with eight new substandards related to complaints and grievances. Four of the substandards cover BBA provisions and four are OMHSAS-specific.

Appendix C: Program Evaluation Performance Summary: OMHSAS-Specific Substandards for BHO Counties

OMHSAS-specific substandards are not required to fulfill BBA requirements. In 2018, two Contractor-specific triennial substandards, 68.1.2 and 71.1.2, were added related to OMHSAS-specific provisions for complaints and grievances processes, respectively. Five MCO-specific substandards related to complaints and grievances provisions (four of which covered BBA provisions) were retired and replaced with eight new substandards related to complaints and grievances. Four of the substandards cover BBA provisions and four are OMHSAS-specific. In RY 2020, 18 OMHSAS-specific substandards were evaluated for BHO and most of its Contractors, with the exception of Greene County, which was evaluated on 15 substandards. **Table C.1** provides a count of the OMHSAS-specific substandards applicable in RY 2020, along with the relevant categories.

Table C.1: Tally of OMHSAS-Specific Substandards Reviewed for BHO

	Evaluated PEPS Substandards ¹		PEPS Substandards Under Active Review ²		
Category (PEPS Standard)	Total	NR	RY 2020	RY 2019	RY 2018
Care Management					
Care Management (CM) Staffing	1	0	1	0	0
Longitudinal Care Management (and Care Management Record Review)	1	0	1	0	0
Complaints and Grievances					
Complaints	5	0	5	0	0
Grievances	5	0	5	0	0
Denials					
Denials	1	0	1	0	0
Executive Management					
County Executive Management	1	0	1	0	0
BH-MCO Executive Management	1	0	1	0	0
Enrollee Satisfaction					
Consumer/Family Satisfaction	3	0	0	0	3
Total	18	0	15	0	3

¹The total number of OMHSAS-specific substandards required for the evaluation of HealthChoices Oversight Entity/BH-MCO compliance with OMHSAS standards. Any PEPS substandards not reviewed indicate substandards that were deemed not applicable to the HealthChoices Oversight Entity/BH-MCO.

Format

This document groups the monitoring standards under the subject headings Care Management, Complaints and Grievances, Denials, Executive Management, and Enrollee Satisfaction. The status of each substandard is presented as it appears in the PEPS Review Application (i.e., met, partially met, not met) and/or applicable RAI tools (i.e., complete, pending) submitted by OMHSAS. This format reflects the goal of this supplemental review, which is to assess the County/BH-MCO's compliance with selected ongoing OMHSAS-specific monitoring standards.

² The number of OMHSAS-specific substandards that came under active review during the cycle specific to the review year. OMHSAS: Office of Mental Health & Substance Abuse Services; PEPS: Program Evaluation Performance Summary; BHO: Beacon Health Options of Pennsylvania; RY: review year; NR: substandards not reviewed.

Findings

Care Management

The OMHSAS-specific PEPS substandards relating to Care Management are MCO-specific review standards. These two substandards were added to the PEPS Application for RY 2015. There are two substandards crosswalked to this category, and BHO and its Primary Contractors were compliant with both substandards. The status for these substandards is presented in **Table C.2**.

Table C.2: OMHSAS-Specific Requirements Relating to Care Management

			Status by Primary Contractor		
Category	PEPS Item	RY	Met	Partially Met	Not Met
Care Management					
Care Management (CM) Staffing	Substandard 27.7	2020	-	All BHO Primary Contractors	-
Longitudinal Care Management (and Care Management Record Review)	Substandard 28.3	2020	All BHO Primary Contractors	-	-

OMHSAS: Office of Mental Health & Substance Abuse Services; PEPS: Program Evaluation Performance Summary; RY: review year; BHO: Beacon Health Options of Pennsylvania.

All Primary Contractors associated with BHO were partially compliant with Substandard 7 of PEPS Standard 27 (RY 2020).

Standard 27: Care management staffing is sufficient to meet member needs. Appropriate supervisory staff, including access to senior clinicians (peer reviewers, physicians, etc.) is evident.

Substandard 7: Other: Significant onsite review findings related to Standard 27.

Complaints and Grievances

The OMHSAS-specific PEPS substandards relating to second-level complaints and grievances include MCO-specific and County-specific review standards. BHO and its Primary Contractors were evaluated on 10 of the 10 applicable substandards. Of the 10 substandards evaluated, BHO partially met 3 substandards as indicated in **Table C.3.**

Table C.3: OMHSAS-Specific Requirements Relating to Complaints and Grievances

			Status by Primary Contractor		
Category	PEPS Item	RY	Met	Partially Met	Not Met
Complaints and Grievances					
Complaints	Substandard 68.1.1	2020	Crawford/Mercer/ Venango, Fayette, Southwest Six	Beaver	-
	Substandard 68.1.2	2020	All BHO Primary Contractors	-	-
	Substandard 68.5	2020	All BHO Primary Contractors		-
	Substandard 68.6	2020		All BHO Primary Contractors	-
	Substandard 68.8	2020	All BHO Primary Contractors	-	-
Grievances	Substandard 71.1.1	2020	Crawford/Mercer/Venango, Fayette, Southwest Six	Beaver	-
	Substandard 71.1.2	2020	All BHO Primary Contractors	-	-

			Status by Primary Contractor		
Category	PEPS Item	RY	Met	Partially Met	Not Met
	Substandard 71.5	2020	All BHO Primary Contractors	-	-
	Substandard 71.6	2020	All BHO Primary Contractors	-	-
	Substandard 71.8	2020	All BHO Primary Contractors	-	-

OMHSAS: Office of Mental Health & Substance Abuse Services; PEPS: Program Evaluation Performance Summary; RY: review year; BHO: Beacon Health Options of Pennsylvania.

One Primary Contractors associated with BHO (Beaver) were partially compliant with Substandard 1 of PEPS Standard 68.1 (RY 2020).

Standard 68.1: Complaint (and BBA Fair Hearing) rights and procedures are made known to IEAP, members, BH-MCO staff, and the provider network through manuals, training, handbooks, etc.

Substandard 1: Where applicable there is evidence of Primary Contractor oversight and involvement in the Complaint process, including but not limited to: The Member Handbook, Complaint decisions, written notification letters, investigations, scheduling of reviews, staff trainings, adherence of review committees to the requirements in Appendix H and quality of care concerns

All Primary Contractors associated with BHO were partially compliant with Substandard 6 of PEPS Standard 68 (RY 2020).

Standard 68: The Complaint and Fair Hearing processes, procedures and Member rights related to the processes are made known to Members, BH-MCO staff and the provider network through manuals, training, handbooks, etc.

Substandard 6: Sign-in sheets are included for each Complaint review meeting that document the meeting date and time, each participant's name, affiliation, job title, role in the meeting, signature and acknowledgement of the confidentiality requirement.

One Primary Contractors associated with BHO (Beaver) was partially compliant with Substandard 1 of PEPS Standard 71.1 (RY 2020).

Standard 71.1: The Primary Contractor is responsible for monitoring the Grievance process for compliance with Appendix H and the Program Evaluation Performance Summary (PEPS).

Substandard 1: Where applicable there is evidence of Primary Contractor oversight and involvement in the Grievance process, including but not limited to: The Member Handbook, Grievance decisions, written notification letters, scheduling of reviews, staff trainings, adherence of review committees to the requirements in Appendix H and quality of care concerns.

Denials

The OMHSAS-specific PEPS substandard relating to Denials is an MCO-specific review standard. This substandard was added to the PEPS Application during RY 2015. BHO and its Primary Contractors were evaluated for and met the criteria of this substandard. The status for this substandard is presented in **Table C.4**.

Table C.4: OMHSAS-Specific Requirements Relating to Denials

			Status by Primary Contractor		
Category	PEPS Item	RY	Met	Partially Met	Not Met
Denials		•			
Denials	Substandard 72.3	2020	All BHO Primary Contractors	-	-

OMHSAS: Office of Mental Health & Substance Abuse Services; PEPS: Program Evaluation Performance Summary; RY: review year; BHO: Beacon Health Options of Pennsylvania.

Executive Management

There are two OMHSAS-specific PEPS substandards relating to Executive Management; the County Executive Management substandard is a County-specific review standard, and the BH-MCO Executive Management substandard is an MCO-specific review substandard. BHO and its Primary Contractors Beaver, Crawford/Mercer/Venango, Fayette, and Southwest Six were evaluated for the County Executive Management. BHO was compliant with County Executive Management. BHO and all its Primary Contractors were evaluated on the BH-MCO Executive Management substandard and were partially compliant. The status for these substandards is presented in **Table C.5**.

Table C.5: OMHSAS-Specific Requirements Relating to Executive Management

			Status by Primary Contractor		
Category	PEPS Item	RY	Met	Partially Met	Not Met
Executive Management					
County Executive Management	Substandard 78.5	2020	Beaver, Crawford/Mercer/Venango, Fayette, Southwest Six	-	-
BH-MCO Executive Management	Substandard 86.3	2020	-	All BHO Primary Contractors	-

OMHSAS: Office of Mental Health & Substance Abuse Services; PEPS: Program Evaluation Performance Summary; RY: review year; BHO: Beacon Health Options of Pennsylvania.

All Primary Contractors associated with BHO were partially compliant with Substandard 3 of PEPS Standard 86 (RY 2020).

PEPS Standard 86: Required duties and functions are in place. The BH-MCO's table of organization depicts organization relationships of the following functions/ positions: Chief Executive Officer, Chief Financial Officer, Director of Quality Management, Director of Utilization Management, Management Information Systems, Director of Prior/service authorization, Director of Member Services, Director of Provider Services. The appointed Medical Director is a board certified psychiatrist licensed in Pennsylvania with at least five years experience in mental health and substance abuse **Substandard 3:** Other: Significant onsite review findings related to Standard 86.

Enrollee Satisfaction

The OMHSAS-specific PEPS substandards relating to Enrollee Satisfaction are County-specific review standards. All three substandards crosswalked to this category were evaluated for the BHO counties which were compliant on all three substandards. The status by county for these is presented in **Table C.6**.

Table C.6: OMHSAS-Specific Requirements Relating to Enrollee Satisfaction

			Status by Primary Contractor			
Category	PEPS Item	RY	Met	Partially Met	Not Met	
Enrollee Satisfaction						
Consumer/Family Satisfaction	Substandard 108.3	2018	All BHO Primary Contractors	-	-	
	Substandard 108.4	2018	All BHO Primary Contractors	-	-	
	Substandard 108.9	2018	All BHO Primary Contractors	-	-	

OMHSAS: Office of Mental Health & Substance Abuse Services; PEPS: Program Evaluation Performance Summary; RY: review year; BHO: Beacon Health Options of Pennsylvania.