

# Plans of Safe Care



# General Housekeeping

- Due to the number of participants in the session mics have been muted by the presenter
- If you are experiencing any technical issues, let us know in the chat
- This training is being recorded, and will be posted to the Keep Kids Safe website

# Agenda

- Introduction of Panelists
- Plan of Safe Care Legislation
- Components of Plans of Safe Care
- Role of Partner Agencies
  - DDAP
  - DOH
  - DHS (OCDEL/OCYF/OMHSAS)
- Supports for POSC
- POSC Support Grants

# ROADMAP TO PLANS OF SAFE CARE



## FEDERAL HHS

- Requirements for State
- Reporting Requirements
- CAPTA

## STATE DEPARTMENTS

- DOH
- DDAP
- DHS
- OMHSAS, OCYF,
- OCDEL, OMAP



OPIOID EMERGENCY DECLARATION

**CPSL AMENDED  
& EFFECTIVE  
AS OF 10/01/2018**



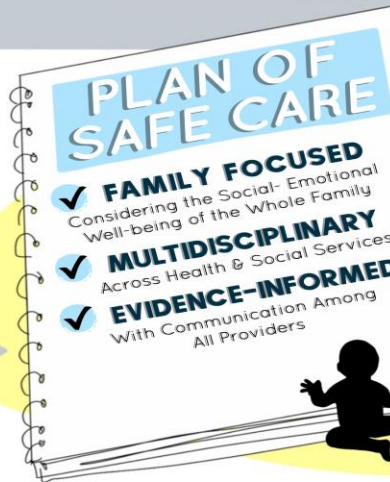
## GOVERNOR'S INSTITUTE

Spring/Summer 2019



Identification and orientation of individuals attending Governor's Institute

County planning teams mirror state partnerships



**PROCEDURES REFINED & IMPLEMENTED BY LOCAL COMMUNITY PARTNERS**

# Comprehensive Addiction and Recovery Act (2016)

After 2016, the word “illegal” was removed, and family/caregivers were added to Plans of Safe Care

“Illegal-  
substance  
abuse”

OR

Withdrawal symptoms  
resulting  
from prenatal substance  
exposure

OR

FASD

CARA required:

Health care providers “notify the child protective services systems”...

**AND**

Development of a plan of safe care for the infant and affected family member or caregiver

*Effective 2016*

# Act 54 of 2018

Act 54 amended the PA Child Protective Services Law (CPSL) to comply with the CAPTA changes.

“Substance  
use”

OR

Withdrawal  
symptoms resulting  
from prenatal  
substance exposure

OR

FASD

Reworks CPSL’s Section 6386 to shift from **“mandatory reporting”** to **“notification”**

Notification is for purpose of “assessing” a child and the child’s family for a Plan of Safe Care

Requires PA DHS to collaborate with Department of Health and PA Department of Drug and Alcohol Programs on “written protocols”

*Effective 2018*

# MINDSET SHIFT

**FROM**

**TO**

**PUNITIVE**



**SUPPORTIVE**

**REPORT**



**NOTIFICATION**

**ONLY ILLEGAL  
SUBSTANCE USE**



**ALL SUBSTANCES  
INCLUDING ALCOHOL & PRESCRIPTIONS**

# Plans of Safe Care are for:

- Infants (up to 1 year of age) affected by substance use or withdrawal symptoms from prenatal drug exposure, or a Fetal Alcohol Spectrum Disorder **and**
- Their families and/or caregivers with substance use disorders



# Plans of Safe Care

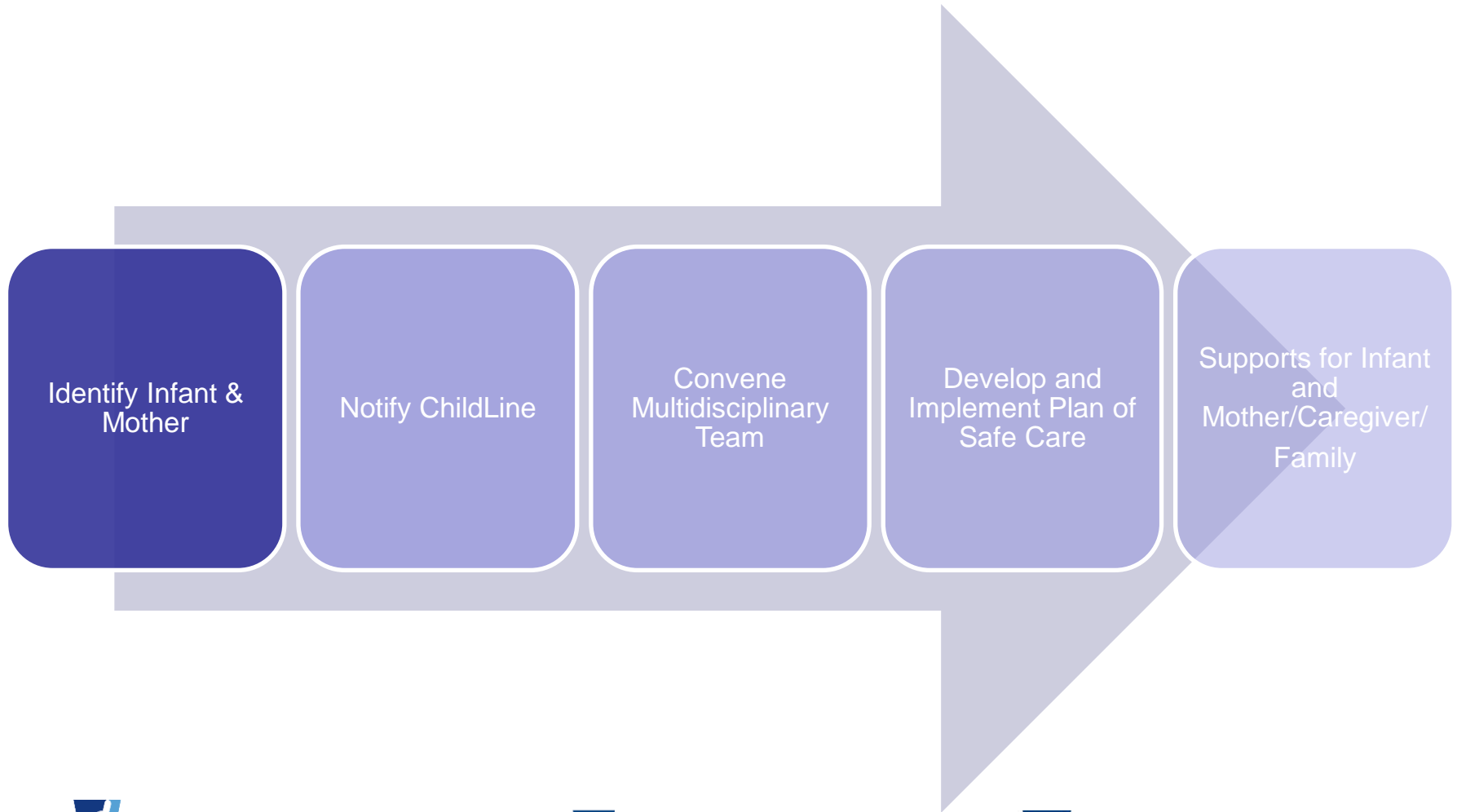
**A Plan of Safe Care is a Document that lists and directs services and supports to:**

- Provide for safety & well-being of the infant
- Meet the substance use/ MH needs of the family/ caregiver

# Effective Plans of Safe Care

- **Interdisciplinary** across health and social service agencies
- **Comprehensive** in their review of the physical, social-emotional, health, and safety needs of the infant and the parents or caregivers
- **Family-focused** as they assess and meet the needs of each family member, as well as overall family functioning and well-being
- **Timely** in their completion in the prenatal period or before the infant's discharge from the hospital

# Steps to Developing Plan of Safe Care



# Partners in Plans of Safe Care



# Department of Drug and Alcohol Programs (DDAP)

## Pregnant Women & Women with Dependent Children

**Federally Mandated Services:** As per 42 U.S.C. § 300x-22(b); 42 U.S.C. § 300x-27; 45 CFR § 96.124(c) (e); and 45 CFR § 96.131) re: Pregnant Women and Women with Dependent Children (PW/WWDC), DDAP is required to allocate a dedicated amount of SAPT Block Grant funds to support pregnant and parenting women.

- Monitor SCA PW/WWDC services and spending to ensure maintenance of effort that is required by the SABG for PW/WWDC
- Provide PW/WWDC specific guidance and technical assistance to SCAs and their contracted providers

**Commonwealth Mandated Services: Pennsylvania Act 65 of 1993, Sections 2123 and 2124,** authorizes DDAP to establish and fund residential drug and alcohol treatment programs for PW/WWDC.

## Pennsylvania's Statewide Capacity

**41** DDAP Licensed PW/WWDC Residential Programs/**863** Beds



# Department of Drug and Alcohol Programs (DDAP)

## DDAP Requirements

**DDAP Priority Populations include Pregnant Women who inject drugs & Pregnant Women who use substances.** DDAP's 47 SCAs & their contracted providers must:

- Screen for emergent care needs.
  - If emergent care needs are identified, make an immediate referral to the appropriate service.
- Conduct a Level of Care Assessment to determine the need for treatment.
- If treatment is indicated, refer the woman to a treatment provider immediately.
- Educate about and offer medication assisted treatment options;
- Ensure the availability of (MAT) FDA-approved medication and assist with payment for medication
- Coordination of care between therapeutic and pharmaceutical interventions is critical. Individuals with SUD who have a disorder for which there is an FDA-approved medication treatment must have access to those treatments based upon their individual needs and preferences.



## DDAP: Counties Responsibilities

DDAP's 47 SCAs and their contracted providers must deliver services to pregnant women, women with dependent children, and women who are seeking custody of their children and must treat the family as a unit. Services include:

- Gender-specific substance use treatment and other therapeutic interventions for women which may address issues of relationships, sexual and physical abuse, and parenting, as well as childcare while the women are receiving these services;
- Family therapy, nutrition education, and education to GED level;
- Therapeutic interventions for the children in the custody of the women receiving treatment services which may address the children's developmental needs, issues of sexual and physical abuse, and neglect;
- **CASE MANAGEMENT** (including transportation) to ensure women and their children have access to the services provided in all items listed above.

# Department of Drug and Alcohol Programs (DDAP)

## DDAP: Counties Responsibilities Plans of Safe Care

- Screening and Assessment is a required function of all SCAs and is considered one of many functions of case management
- Screening and Assessment focuses on the individual, the case management services should address the needs of the family as a unit
- Case management must be offered to all Pregnant Women and Women with Dependent Children regardless of the entity funding treatment services
- Case Managers go to hospitals & many other agencies to do level of care assessments as well as attend planning meetings to coordinate care
- Documentation of services offered/provided as well as attempts to engage clients in services should be noted in the file
- If a client accepts case management services, a Case Management Service Plans should be completed and kept in the clients file along with the POSC
- Certified Recovery Specialists (CRS) are available to assist with connecting individuals and their families with gaining the skills and resources needed to initiate, maintain, and sustain long-term recovery





# Department of Health (DOH)

- The mission of the Pennsylvania Department of Health (DOH) is to promote healthy behaviors, prevent injury and disease, and to assure the safe delivery of quality health care for all people in Pennsylvania.
- DOH is responsible for planning and coordinating health resources throughout the commonwealth. This includes:
  - Licensing and regulating health care facilities;
  - Outreach, education, prevention, and treatment services on a wide variety of health topics and issues; and
  - Providing grants and subsidies to community-based groups to provide essential services to commonwealth residents.
- DOH Community Health Districts
  - Health districts
  - County and municipal health departments
  - State health centers



## DOH and Plans of Safe Care

Work with health care providers through external and internal partnerships to increase awareness of POSC.

- Providing education and resources to hospitals and health care providers on notification requirements for infants born affected by substances and POSC development.

Neonatal Abstinence Syndrome (NAS) surveillance and reporting.

- Data collection through the Division of Newborn Screening and Genetics.
- NAS Annual Report
- Interagency collaboration through data sharing with DHS for Early Intervention.

# Department of Human Services (DHS)

## Office of Child Development & Early Learning (OCDEL)

- Bureau of Early Intervention Services and Family Supports (BEISFS)
- Infant Toddler Early Intervention Programs
- Family Support/Home Visiting Programs

## Office of Children Youth & Families (OCYF)

- State supervised, county-administered child welfare system
- Public and Private Children and Youth Agencies

## Office of Mental Health and Substance Abuse Services (OMHSAS)

- Mental Health and Substance Use Services
- County Mental Health



## OCDEL Statewide Supports for Plans of Safe Care



- Partnering with other state agencies
- Partnering with the medical community
- Partnering with Early Intervention and Family Support Stakeholders

## Family Support Interactive Map

EITA Portal Home Page ([www.eita-pa.org](http://www.eita-pa.org))

Professionals >The Pennsylvania Family Support Resources > Interactive Map

The screenshot displays the 'Family Support Interactive Map' interface. The main map area is titled 'Centre County' and shows a grid of county boundaries. On the left side, there is a sidebar with a header 'Pennsylvania Family Support Resources' and a list of categories: 'Interactive Map for ELMC and Family Support Contacts' (checked), 'Optimal Resources', 'Young Children and Their Families Experiencing Homelessness', 'Domestic Violence Resources', and 'Sexual Assault Centers'. Below the map, there are three stacked buttons: 'PA Early Intervention', 'EARLY LEARNING RESOURCE CENTER', and 'PA Family Support Programs'.

# Office of Child Development & Early Learning (OCDEL)

## Family Support Interactive Map

EITA Portal Home Page ([www.eita-pa.org](http://www.eita-pa.org))

Professionals >The Pennsylvania Family Support Resources > Interactive Map

The screenshot displays the 'Pennsylvania Family Support Resources' interactive map. A sidebar on the left contains a search bar and a list of resource categories: 'Interactive Map for EL, ELLC and Family Support Contacts', 'Opioid Resources', 'Young Children and Their Families Experiencing Homelessness', 'Domestic Violence Resources', and 'Sexual Assault Centers'. The main map area shows a callout for 'Centre County' with the following information:

- PA Early Intervention** (represented by a blue PA icon)
- Region 8** (represented by a purple icon with a leaf and a person)
- Family Support Programs** (represented by a blue PA icon)
- Child Development and Family Council of Centre County, Inc**  
2565 Park Center Blvd.  
Suite 100  
State College, PA 16801  
Phone 814-231-1352  
Toll Free: 1-888-440-2247
- Hours:**  
Monday – Friday  
8:30am – 5:30pm

# Office of Child Development & Early Learning (OCDEL)



Examples of Local Supports for Plans of Safe Care

## Supports for POSC

- MDWISE (Multi-disciplinary Workgroup for Infants with Substance Exposure)
- Project Manager through CWRC
- Funding
- Professional Development
- Communities of Practice



# Pennsylvania's Plans of Safe Care

## MDWISE Supports

### Subcommittees:

#### Education and Technical Assistance:

Development and dissemination of educational/  
promotional materials

#### Policy and Practice:

Review, update, and review policies as needed

# Pennsylvania's Plans of Safe Care

## Plans of Safe Care Support Grants:

Direct funds to county child welfare agencies:

100% Federal CAPTA Funds distributed at the State level to provide for County level impact

Participants:

- 35 counties started on July 1, 2021
- Anticipate an additional 10 counties starting on January 1, 2022



# Pennsylvania's Plans of Safe Care

## Plans of Safe Care Support Grant Update:

- The 2<sup>nd</sup> round for grant funding application submission was announced on 09/30/21 for the grant period beginning 01/1/22
- Grants are for Fiscal Year (FY) 21-22 and 22-23
- Beginning FY 23-24, OCYF plans to incorporate POSC into Needs Based Program Budget (NBPB)

# Pennsylvania's Plans of Safe Care

## POSC Supports:

- Currently, supporting counties interested in the grant
- Moving forward, supporting implementation of POSC for everyone
- Example: if current work plans are not working, can support counties to adjust their plans if needed and redirect funding to new activities

# Pennsylvania's Plans of Safe Care

## Professional Development & Communities of Practice

- Survey to assess POSC team needs
- Connecting counties/ teams by interest
- Utilizing information learned from the grant process to support ALL counties

2022 Professional Development Calendar

Coming Soon



## OMHSAS Supports

- County Mental Health Agencies
- Private Mental Health Providers
- Child & Adolescent Service System Providers

# Department/ Office Contact Information

## Department of Drug and Alcohol Programs:

- Erica Nocho, Bureau Director, Bureau of County & Program Oversight; [enocho@pa.gov](mailto:enocho@pa.gov)

## Department of Health:

- Kristen Rodack, Executive Policy Specialist, Office of Policy; [krodack@pa.gov](mailto:krodack@pa.gov)

## Department of Human Services:

### OCDEL

- Lisa Parker, Bureau Director, Bureau of Early Intervention Services and Family Supports; [liparker@pa.gov](mailto:liparker@pa.gov)
- Andrea Algatt, Executive Assistant; [aalgatt@pa.gov](mailto:aalgatt@pa.gov)

### OCYF:

- Dr. Michele Walsh, Executive Assistant; [michelewal@pa.gov](mailto:michelewal@pa.gov)

### OMHSAS

- Ann Litzelman, Child Psychologist, Bureau of Children's Behavioral Health Services; [c-alitzelm@pa.gov](mailto:c-alitzelm@pa.gov)



Questions related to POSC?

Please contact:

[RA-PWPLANSOFSAFECARE@pa.gov](mailto:RA-PWPLANSOFSAFECARE@pa.gov)

For Additional Information:

Please visit the Keep Kids Safe  
webpage: [Keep Kids Safe PA](#)