# HUMAN SERVICES PLAN SUSQUEHANNA COUNTY

**FISCAL YEAR 2017-2018** 



#### SUSQUEHANNA COUNTY COMMISSIONERS

Alan M. Hall, Chairman Elizabeth M. Arnold, Vice Chairman MaryAnn Warren, Commissioner

570-278-4600 (Phone) 570-278-9268 (Fax)



Martin Kane, Chief Clerk Michael J. Giangrieco, Solicitor

> PO Box 218 105 Maple Street Montrose, PA 18801

June 22, 2017

Dear Secretary Dallas,

On behalf of the residents of Susquehanna County, we are pleased to submit our Human Services Plan and Proposed Budget for Fiscal Years 2017-2018 for your review and endorsement.

This plan submission represents Susquehanna County's planning document as developed in conjunction with persons receiving services, family members, advocates, and providers. We feel that this planning document focuses upon the local needs of our constituents in the context of human services for the following program areas: Behavioral Health Services Initiative, Intellectual Disabilities Services, Children and Youth Services, Drug and Alcohol Services, Homeless Assistance Funds and Human Services Development Fund (HSDF).

As a Non-Block Grant County involved in two (2) county Joinder Programs, the Lackawanna-Susquehanna Behavioral Health / Intellectual Disabilities / Early Intervention Program and the Lackawanna-Susquehanna County Drug and Alcohol Program; we are committed to working closely with Lackawanna County in the delivery of these critical services to Susquehanna County residents.

For the preparation of this Fiscal Year 2017-2018 Human Services Plan, the County engaged stakeholders in a focus group process to solicit their specific needs. This process was very successful in providing valuable input for Plan Development purposes. The need to develop ongoing strategies to transform human services in partnership with consumers and families, county government, and the provider network will be a priority for the Susquehanna County Commissioners in fiscal year 2017-2018.

Our human service network in Susquehanna County has always maintained a strong partnership with a focus on providing quality services to eligible individuals and families within the County. We embrace this opportunity to enhance our local human services delivery system to meet the growing needs of our constituents.

Sincerely.

Alan M. Hall Chairperson

Vice-Chair

Elizabeth M. Arnold

MaryAnn Warren Commissioner

## Appendix A Fiscal Year 2017-2018

### COUNTY HUMAN SERVICES PLAN

#### **ASSURANCE OF COMPLIANCE**

| COUNTY OF: SUSQUEHANNA |  |
|------------------------|--|
|------------------------|--|

- A. The County assures that services will be managed and delivered in accordance with the County Human Services Plan submitted herewith.
- B. The County assures, in compliance with Act 80, that the County Human Services Plan submitted herewith has been developed based upon the County officials' determination of County need, formulated after an opportunity for public comment in the County.
- C. The County and/or its providers assures that it will maintain the eligibility records and other records necessary to support the expenditure reports submitted to the Department of Human Services.
- D. The County hereby expressly, and as a condition precedent to the receipt of state and federal funds, assures that in compliance with Title VI of the Civil Rights Act of 1964; Section 504 of the Federal Rehabilitation Act of 1973; the Age Discrimination Act of 1975; and the Pennsylvania Human Relations Act of 1955, as amended; and 16 PA Code, Chapter 49 (Contract Compliance regulations):
  - The County does not and will not discriminate against any person because of race, color, religious creed, ancestry, origin, age, sex, gender identity, sexual orientation, or disability in providing services or employment, or in its relationship with other providers; or in providing access to services and employment for individuals with disabilities.
  - 2. The County will comply with all regulations promulgated to enforce the statutory provisions against discrimination.

#### COUNTY COMMISSIONERS/COUNTY EXECUTIVE

| <b>√</b> 2) | Signatures | Please Print       |               |
|-------------|------------|--------------------|---------------|
| Mina        | <i>.</i>   | ALAN M. HALL       | Date: 5-25-17 |
| Hilled M.   | Am L       | ELIZABETH M ARNOLD | Date: 6-1-17  |
| 12mh        | Dan I      | MARYANN WARREN     | Date: 5-25-17 |
| $\Lambda$   |            |                    |               |

#### FOR RELEASE/PRINT – Daily Review

#### **DATE June 8, 2017**

#### ANNOUNCEMENT OF PUBLIC HEARINGS

The Susquehanna County Board of Commissioners is developing a coordinated plan and budgets for human services the Year July 1, 2017 through June 30, 2018. In order to assist the County in completing this task, the Susquehanna County Service for Children and Youth, Special Services, Lackawanna-Susquehanna Behavioral Health/Intellectual Disabilities/Early Intervention Program, Lackawanna — Susquehanna Office of Drug and Alcohol Programs, Human Services Development Fund and Homeless Assistance Program are requesting input from all interested residents and/or from agency representatives of Susquehanna County as the County is finalizing this plan. A public hearing will be held as follows: Thursday, June 22, 2017 at 9:30 a.m. in the Susquehanna County Children & Youth Conference Room, 75 Public Ave., Montrose, PA.

All residents of Susquehanna County are encouraged to participate in the development of the plan for services.

If we can help you with any special needs you may have, to enable you to attend, please contact:

Rachel Carrico, Deputy Chief Clerk Susquehanna County Board of Commissioners 570-278-6602

#### LEGAL AD

The Susquehanna County Board of Commissioners is developing a coordinated plan and budgets for human services the Year July 1, 2017 through June 30, 2018. In order to assist the County in completing this task, the Susquehanna County Service for Children and Youth, Special Services, Lackawanna-Susquehanna Behavioral Health/Intellectual Disabilities/Early Intervention Program, Lackawanna – Susquehanna Office of Drug and Alcohol Programs, Hu-man Services Development Fund and Homeless Assistance Program are requesting input from all interested residents and/or from agency representatives of Susquehanna County as the County is finalizing this plan. A public hearing will be held as follows: Thursday, June 22, 2017 at 9:30 a.m. in the Susquehanna County Children & Youth Conference Room, 75 Public Ave., Montrose, PA.

All residents of Susquehanna County are encouraged to participate in the development of the plan for services.

of the plan for services,

If we can help you with any
special needs you may have,
to enable you to attend, please
contact:

Rachel Carrico, Deputy Chief Clerk Susquehanna County Board of Commissioners 570-278-6602

U

Tim/Greg-Mulligans

The Susquehanna County Board of Commissioners is developing a coordinated plan and budgets for human services the Year July 1, 2017 through June 30, 2018. In order to assist the County in completing this task, the Susquehanna County Service for Children and Youth, Special Services, Lackawanna-Susquehanna Behavioral Health/Intellectual Disabilities/Early Intervention Program. Lackawanna — Susquehanna Office of Drug and Alcohol Programs, Human Services Development Fund and Homeless Assistance Program are requesting input from all interested residents and/or from agency representatives of Susquehanna County as the County is finalizing this plan. A public hearing will be held as follows: Thursday, June 22, 2017 at 9:30 a.m. in the Susquehanna County Children & Youth Conference Room, 75 Public Ave., Montrose, PA.

All residents of Susquehanna County are encouraged to participate in the development of the plan for services,

If we can help you with any special needs you may have, to enable you to attend, please contact:

Rachel Carrico, Deputy Chief Clerk Susquehanna County Board of Commissioners 570-278-6602

## SUSQUEHANNA COUNTY HUMAN SERVICES PLAN PUBLIC INPUT HEARING PLAN YEAR 2017-2018

THURSDAY, JUNE 22, 2017

|    | PRINTED NAME      | SIGNATURE       | AGENCY             | TELEPHONE      |
|----|-------------------|-----------------|--------------------|----------------|
| 1  | Bruce Kossman     | Janes Connon    | Resident           | (510) 278-0925 |
| 2  | Michelle Gratians | Michelle Grazi- | CMS (SC)           | (576) 278-5120 |
| 3  | DIANA ROSZEL      | Praid Toyl      | CYS                | //             |
| 4  | Mary Ann Waren    | Mary Jan        | 1 5050. Co.        | 570-533-3716   |
| 5  | Jun al            | Dorch           | 6-5BA11051         | 570 346 3741   |
| 6  | MARYANN COLBERT   | maryann Crevert | LACK-SUSO BH/ID/EI |                |
| 7  |                   | 0               | ,                  |                |
| 8  |                   |                 |                    |                |
| 9  |                   |                 |                    |                |
| 10 |                   |                 |                    |                |
| 11 |                   |                 |                    |                |
| 12 |                   |                 |                    |                |
| 13 |                   |                 |                    |                |
| 14 |                   |                 |                    |                |
| 15 |                   |                 |                    |                |

#### SUSQUEHANNA COUNTY, PENNSYLVANIA

#### **FISCAL YEAR 2017-2018**

#### HUMAN SERVICE BLOCK GRANT PLAN PUBLIC MEETING

**JUNE 22, 2017** 

#### **Meeting Summary**

The Susquehanna County Board of Commissioners in cooperation with the Lackawanna-Susquehanna Behavioral Health / Intellectual Disabilities / Early Intervention Program, Lackawanna-Susquehanna Drug and Alcohol Program, Susquehanna County Services for Children and Youth and the TreHab Center which is responsible for the delivery of services funded through the County's Housing Assistance and Human Services Development Fund (HSDF) conducted a Public Meeting on Thursday, June 22, 2017 at the County Children and Youth Offices in Montrose.

Those individuals in attendance at the meeting are listed below:

MaryAnn Warren, Susquehanna County Commissioner
Jeremy Yale, Administrator, Lack-Susq BH/ID/EI Program
Michelle Graziano, Director, Susquehanna County Services for Children and Youth
Maryann Colbert, ID Director, Lack-Susq BH/ID/EI Program
Bruce Rossman, Resident
Dianna Roszel, Susquehanna County Services for Children and Youth

The meeting began at 9:30 with a brief description of the planning process that was undertaken by Susquehanna County to develop the Counties Fiscal Year 2017-2018 Human Services Plan. Meeting participants discussed services to be provided by the programs included within the Plan as well as special populations to be served within the County.

The meeting adjourned at 10:30 am.

The Public Meeting signature page is included as an attachment to this meeting summary.

## Appendix B County Human Services Plan Template

The County Human Services Plan is to be submitted using the Template outlined below. It is to be submitted in conjunction with Appendices A and C (C-1 or C-2, as applicable) to the Department of Human Services (DHS) as directed in the Bulletin.

#### **PART I: COUNTY PLANNING PROCESS**

At the present time, the County of Susquehanna does not have a formal Department of Human Services to take the lead responsibility for the planning and implementation of services across the human services community within the County. The County participates in two (2) human service Joinders with programs and services included within the Commonwealth's Block Grant Initiative, the Lackawanna-Susquehanna Behavioral Health / Intellectual Disabilities / Early Intervention Program (LSBHIDEI) and the Lackawanna-Susquehanna Drug and Alcohol Program (LSDAP). Children and Youth Services are delivered through county based programs. The Susquehanna County Human Services Development Fund (HSDF) and Homeless Assistance Program (HAP) are appropriations received by the County of Susquehanna and those funds are in turn allocated to the TreHab Center, a local private not for profit agency which delivers services directly and subcontracts with other agencies to provide eligible services to targeted populations within the County.

The planning team for the development of the Susquehanna County Human Services Plan is as follows:

- **Michelle Graziano**, *Executive Director*, Susquehanna County Children and Youth Services (Susquehanna County Human Services Task Force Lead)
- Jeremy Yale, Administrator, Lackawanna-Susquehanna BH/ID/EI Program
- Maryann Colbert, Director of Intellectual Disability Services, Lackawanna-Susquehanna BH/ID/EI Program
- **Dennis Phelps**, *Executive Director*, The TreHab Center
- Edlyn Flannery, Administration, The TreHab Center

The County uses all funds to support individuals in their own homes or in other community based setings which are the least restrictive.

There have been no programmatic or funding changes made to the current plan based on last year's outcomes.

Trehab is a Community Action Agency. Continuum of services for individuals and families facing eviction, utility shutoff and for the homeless or near homeless are utilized with referral to other Trehab services such as: utility mediation, Homeowner Emergency Assistance Program for individuals/families facing foreclosure, weatherization, workforce development services for the unemployed and underemployed, Home Services for the homebound, food bank and transportation services. Homelessness is tracked and reported to the PA Regional Homeless Consortium in which Trehab is a member.

Meetings are held with other community agencies at least 2 times a year or more to address current issues and needs in the County. In attendance are representatives from Salvation Army, Interfaith, County Commissioners, Children and Youth, and area churches. Concerns/Issues are reviewed and addressed with Trehab being a key Point of Contact. Trehab periodically sends a community needs assessment out to area agencies for completion. This assessment allows Trehab to address issues and needs that are essential. The shortage of housing continues to be a main concern due to the Susquehanna County Marcellus Shale boom as

drilling and pipelines continues in the area. Trehab addressed the housing issue with a Pennsylvania Housing Finance Agency (PHFA) approved Housing Development, The Meadows at Tiffany Pines. Construction was initiated in the spring of 2013 and completed in December 2014. This 40-unit housing development is fully rented to low-moderate income families and currently has a waiting list of future tenants.

#### **Community Data and Indicators**

Trehab client's data is entered in the Output Results System (ORS); which includes general demographic data, family size, income, program type, goals and progress. Data is tracked accordingly. This data is reported to Department of Community and Economic Development (DCED) in accordance with Community Services Block Grant plan as part of compliance monitoring of the agency. Results are reported quarterly.

#### PART II: PUBLIC HEARING NOTICE

One (1) public hearing was held on Thursday, June 22, 2017. Documentation attached.

#### PART III: CROSS-COLLABORATION OF SERVICES

Susquehanna County was included in the planning process for this service category. The complete description of services may be found in The Lackawanna County Plan. Susquehanna County is in agreement with the information provided in the Plan.

#### PART IV: HUMAN SERVICES NARRATIVE

#### **MENTAL HEALTH SERVICES**

Susquehanna County was included in the planning process for this service category. The complete description of services may be found in The Lackawanna County Plan. Susquehanna County is in agreement with the information provided in the Plan.

#### INTELLECTUAL DISABILITY SERVICES

Susquehanna County was included in the planning process for this service category. The complete description of services may be found in The Lackawanna County Plan. Susquehanna County is in agreement with the information provided in the Plan.

#### **HOMELESS ASSISTANCE SERVICES**

With Homeless Assistant Program Funding, Trehab assists individuals and families facing eviction, utility shutoff and homeless or near home homelessness. Referrals to Agency from services such as Susquehanna County Assistance Office, Susquehanna County Children and Youth, Woman's Resource Center, Sheriff's office, State and local police, utility companies and many other area agencies working with people in need and in crisis. With Susquehanna County Homeless Assistance Program funding, assistance granted allows families, individuals and seniors to avoid homelessness. Trehab has 24 hours, 7 days a week coverage, with

afterhours on call staff to assist in off hours housing emergencies. Reports are sent to County Commissioners and Trehab Board of Directors for Review.

#### **Bridge Housing:**

The County has not offered services in this category.

#### **Case Management:**

Previously provided case management services, discontinued due to reduced funding.

#### **Rental Assistance:**

During the fiscal year of 2016-2017 and data thru May 31, 2017, the Susquehanna County Homeless Assistance Program, Trehab was able to assist a total of 47 Households with Rental Assistance. Of the 47 households served, 77 Adults and 45 Children = 121 individuals were assisted rental /eviction issues, emergency fuel and utility situations thus preventing homelessness, avoiding eviction and utility shutoffs.

#### **Emergency Shelter:**

Homeless individuals assisted were a total of 6 adults with a total of 12 nights assisted thru the Susquehanna County HAP program. Trehab Community Services must utilize area motels to help with emergency homeless situations being there are no local shelters in the County. Finding emergency housing is very difficult due to the influx of the Marcellus Shale workers using all available hotels in area. Trehab Staff meets with the individuals to develop a plan of action along with referrals to supportive services.

#### **Other Housing Supports:**

Upon meeting with all clients, Trehab staff directs clients to other Trehab supportive services such as Food Banks, Workforce Development for the unemployed and underemployed, Weatherization, Home Services for homebound, and Transportation Services. Those facing foreclosure, Trehab Community Services assists in completing Pennsylvania Housing Finance Agency's HEMAP (Homeowners Emergency Mortgage Assistance Program) Loan application to help save home from foreclosure/sheriff sale.

All client files are documented with the need, action plan and referrals. Client data is input in the Output Results System (ORS) which includes demographic data, family size, income, goals and progress. Data is tracked accordingly and reported quarterly to Trehab Board and County Commissioners for review along with quarterly compliance reporting to Department of Community and Economic Development (DCED).

PA Regional Homeless Consortium in which Trehab is a member, reports on the National Homeless Night Count.

#### **Homeless Management Information Systems:**

Reports are sent to County Commissioners and Trehab Board of Directors for Review.

#### SUBSTANCE USE DISORDER SERVICES

Susquehanna County was included in the planning process for this service category. The complete description of services may be found in The Lackawanna County Plan. Susquehanna County is in agreement with the information provided in the Plan.

#### **HUMAN SERVICES AND SUPPORTS/ HUMAN SERVICES DEVELOPMENT FUND**

For each of these categories (Adult Services, Aging Services, Children and Youth Services, Generic Services and Specialized Services), please use the fields and dropdowns to describe how the county intends to utilize HSDF funds on allowable expenditures (please refer to the HSDF Instructions and Requirements for more detail).

Copy and paste the template for <u>each service</u> offered under each categorical, ensuring each service aligns with the service category when utilizing Adult, Aging, Children and Youth, or Generic Services.

| aligns with the service category when | i utilizing Addit, Aging, Child | nen and routh, of Gener | ic Services |
|---------------------------------------|---------------------------------|-------------------------|-------------|
| Adult Services: Please provide the f  | following:                      |                         |             |

Program Name:

Description of Services:

Service Category: Please choose an item.

Aging Services: Please provide the following:

Program Name:

Description of Services:

Service Category: Please choose an item.

Children and Youth Services: Please provide the following:

Program Name:

Description of Services:

Service Category: Please choose an item.

**Generic Services**: Please provide the following:

Program Name:

Description of Services:

Service Category: Please choose an item.

Please indicate which client populations will be served (must select at least **two**):

| □ Adult □ Aging | □ CYS |  | MH |  | ☐ HAP |
|-----------------|-------|--|----|--|-------|
|-----------------|-------|--|----|--|-------|

**Specialized Services**: Please provide the following: (Limit of 1 paragraph per service description)

Program Name:

Description of Services:

#### **Interagency Coordination:** (Limit of 1 page)

If the county utilizes funds for Interagency Coordination, describe how the funding will be utilized by the county for planning and management activities designed to improve the effectiveness of categorical county human services. The narrative should explain both:

- how the funds will be spent (e.g. salaries, paying for needs assessments, etc.).
- how the activities will impact and improve the human services delivery system.

#### Other HSDF Expenditures – Non-Block Grant Counties Only

If you plan to utilize HSDF for Mental Health, Intellectual Disabilities, Homeless Assistance, or Substance Use Disorder, please provide a brief description of the use and complete the chart below. Only HSDF-allowable cost centers are included in the dropdowns.

| Category                  | Allowable Cost Center Utilized |
|---------------------------|--------------------------------|
| Mental Health             |                                |
| Intellectual Disabilities |                                |
| Homeless Assistance       |                                |
| Substance Use Disorder    |                                |

Note: Please refer to Appendix C-2, Planned Expenditures for reporting instructions.

## Appendix D Eligible Human Services Cost Centers

#### Mental Health

For further detail refer to Cost Centers for County Based Mental Health Services Bulletin (OMHSAS-12-02), effective July 1, 2012.

#### **Administrative Management**

Activities and administrative functions undertaken by staff in order to ensure intake into the county mental health system and the appropriate and timely use of available resources and specialized services to best address the needs of individuals seeking assistance.

#### Administrator's Office

Activities and services provided by the Administrator's Office of the County MH Program.

#### **Adult Development Training (ADT)**

Community-based programs designed to facilitate the acquisition of prevocational, behavioral activities of daily living, and independent living skills.

#### Assertive Community Treatment (ACT) Teams and Community Treatment Teams (CTT)

SAMHSA-recognized Evidence Based Practice (EBP) delivered to individuals with serious mental illness (SMI) who have a Global Assessment of Functioning (GAF) score of 40 or below and meet at least one other eligibility criteria (psychiatric hospitalizations, co-occurring mental health and substance abuse disorders, being at risk for or having a history of criminal justice involvement, and a risk for or history of homelessness).

#### Children's Evidence Based Practices

Practices for children and adolescents that by virtue of strong scientific proof are known to produce favorable outcomes. A hallmark of these practices is that there is sufficient evidence that supports their effectiveness.

#### Children's Psychosocial Rehabilitation Services

Activities designed to assist a child or adolescent (e.g., a person aged birth through 17, or through age 21 if enrolled in a special education service) to develop stability and improve capacity to function in family, school and community settings. Services may be delivered to the child or adolescent in the home, school, community or a residential care setting.

#### **Community Employment and Employment Related Services**

Employment in a community setting or employment-related programs, which may combine vocational evaluation, vocational training and employment in a non-specialized setting such as a business or industry.

#### **Community Residential Services**

Care, treatment, rehabilitation, habilitation, and social and personal development services provided to persons in a community based residential program which is a DHS-licensed or approved community residential agency or home.

#### **Community Services**

Programs and activities made available to community human service agencies, professional personnel, and the general public concerning the mental health service delivery system and mental health disorders, in order to increase general awareness or knowledge of same.

#### **Consumer-Driven Services**

Services that do not meet the licensure requirements for psychiatric rehabilitation programs, but which are consumer-driven and extend beyond social rehabilitation services.

#### **Emergency Services**

Emergency related activities and administrative functions undertaken to proceed after a petition for voluntary or involuntary commitment has been completed, including any involvement by staff of the County Administrator's Office in this process.

#### **Facility Based Vocational Rehabilitation Services**

Programs designed to provide paid development and vocational training within a community-based, specialized facility (sheltered workshop) using work as the primary modality.

#### **Family-Based Mental Health Services**

Comprehensive services designed to assist families in caring for their children or adolescents with emotional disturbances at home.

#### **Family Support Services**

Services designed to enable persons with serious mental illness (SMI), children and adolescents with or at risk of serious emotional disturbance (SED), and their families, to be maintained at home with minimal disruption to the family unit.

#### **Housing Support Services**

Services provided to mental health consumers which enable the recipient to access and retain permanent, decent, affordable housing, acceptable to them.

#### **Mental Health Crisis Intervention Services**

Crisis-oriented services designed to ameliorate or resolve precipitating stress, which are provided to adults or children and their families who exhibit an acute problem of disturbed thought, behavior, mood or social relationships.

#### **Other Services**

Activities or miscellaneous programs which could not be appropriately included in any of the cited cost centers.

#### Outpatient

Treatment-oriented services provided to a consumer who is not admitted to a hospital, institution, or community mental health facility for twenty-four hour a day service.

#### **Partial Hospitalization**

Non-residential treatment services licensed by the Office of Mental Health & Substance Abuse Services (OMHSAS) for persons with moderate to severe mental illness and children and adolescents with serious emotional disturbance (SED) who require less than twenty-four hour continuous care but require more intensive and comprehensive services than are offered in outpatient treatment.

#### **Peer Support Services**

Refers specifically to the Peer Support Services which meet the qualifications for peer support services as set forth in the Peer Support Services Bulletin (OMHSAS 08-07-09), effective November 1, 2006.

#### **Psychiatric Inpatient Hospitalization**

Treatment or services provided an individual in need of twenty-four hours of continuous psychiatric hospitalization.

#### **Psychiatric Rehabilitation**

Services that assist persons with long-term psychiatric disabilities in developing, enhancing, and/or retaining: psychiatric stability, social competencies, personal and emotional adjustment and/or independent living competencies so that they may experience more success and satisfaction in the environment of their choice, and can function as independently as possible.

#### **Social Rehabilitation Services**

Programs or activities designed to teach or improve self-care, personal behavior and social adjustment for adults with mental illness.

#### **Targeted Case Management**

Services that provide assistance to persons with serious mental illness (SMI) and children diagnosed with or at risk of serious emotional disturbance (SED) in gaining access to needed medical, social, educational, and other services through natural supports, generic community resources and specialized mental health treatment, rehabilitation and support services.

#### **Transitional and Community Integration Services**

Services that are provided to individuals who are residing in a facility or institution as well as individuals who are incarcerated, diversion programs for consumers at risk of incarceration or institutionalization, adult outreach services, and homeless outreach services.

#### Intellectual Disabilities

#### Administrator's Office

Activities and services provided by the Administrator's Office of the County ID Program. The Administrator's Office cost center includes the services provided relative to the Administrative Entity Agreement, Health Care Quality Units (HCQU) and Independent Monitoring for Quality (IM4Q).

#### **Case Management**

Coordinated activities to determine with the individual what services are needed and to coordinate their timely provision by the provider and other resources.

#### **Community Residential Services**

Residential habilitation programs in community settings for individuals with intellectual disabilities.

#### **Community Based Services**

Community-based services are provided to individuals who need assistance in the acquisition, retention, or improvement of skills related to living and working in the community and to prevent institutionalization.

#### Other

Activities or miscellaneous programs which could not be appropriately included in any of the cited cost centers.

#### **Homeless Assistance**

#### **Bridge Housing**

Transitional services that allow individuals who are in temporary housing to move to supportive long-term living arrangements while preparing to live independently.

#### **Case Management**

Case management is designed to provide a series of coordinated activities to determine, with each individual, what services are needed to prevent the reoccurrence of homelessness and to coordinate their timely provision by administering agency and community resources.

#### Rental Assistance

Provides payments for rent, mortgage arrearage for home and trailer owners, rental costs for trailers and trailer lots, security deposits, and utilities to prevent and/or end homelessness or possible eviction by maintaining individuals and families in their own residences.

#### **Emergency Shelter**

Refuge and care services to persons who are in immediate need and are homeless; e.g., have no permanent legal residence of their own.

#### **Other Housing Supports**

Other supportive housing services outside the scope of existing Homeless Assistance Program components for individuals and families who are experiencing homelessness or facing eviction. An individual or family is facing eviction if they have received either written or verbal notification from the landlord that they will lose their housing unless some type of payment is received.

#### Substance Use Disorder

#### **Care/Case Management**

A collaborative process, targeted to individuals diagnosed with substance use disorders or cooccurring psychiatric disorders, which assesses, plans, implements, coordinates, monitors, and evaluates the options and services to meet an individual's health needs to promote self-sufficiency and recovery.

#### **Inpatient Non-Hospital**

#### Inpatient Non-Hospital Treatment and Rehabilitation

A licensed residential facility that provides 24-hour professionally directed evaluation, care, and treatment for individuals with substance use disorder in acute distress, whose addiction symptomatology is demonstrated by moderate impairment of social, occupation, and/or school functioning. Rehabilitation is a key treatment goal.

#### **Inpatient Non-Hospital Detoxification**

A licensed residential facility that provides a 24-hour professionally directed evaluation and detoxification of an individual with a substance use disorder.

#### **Inpatient Non-Hospital Halfway House**

A licensed community based residential treatment and rehabilitation facility that provides services for individuals to increase self-sufficiency through counseling, employment and other services. This is a live in/work out environment.

#### **Inpatient Hospital**

#### **Inpatient Hospital Detoxification**

A licensed inpatient health care facility that provides 24-hour medically directed evaluation and detoxification of individuals diagnosed with substance use disorders in an acute care setting.

#### **Inpatient Hospital Treatment and Rehabilitation**

A licensed inpatient health care facility that provides 24-hour medically directed evaluation, care and treatment for individuals with substance use disorder with co-existing biomedical, psychiatric and/or behavioral conditions which require immediate and consistent medical care.

#### Outpatient/Intensive Outpatient

#### **Outpatient**

A licensed organized, non-residential treatment service providing psychotherapy and substance use/disorder education. Services are usually provided in regularly scheduled treatment sessions for a maximum of five hours per week.

#### **Intensive Outpatient**

An organized non-residential treatment service providing structured psychotherapy and stability through increased periods of staff intervention. Services are provided in regularly scheduled sessions at least three days per week for at least five hours (but less than ten).

#### **Partial Hospitalization**

Services designed for those individuals who would benefit from more intensive services than are offered in outpatient treatment projects, but do not require 24-hour inpatient care. Treatment consists of the provision of psychiatric, psychological and other types of therapies on a planned and regularly scheduled basis at least three days per week with a minimum of ten hours per week.

#### **Prevention**

The use of social, economic, legal, medical and/or psychological measures aimed at minimizing the use of potentially addictive substances, lowering the dependence risk in susceptible individuals, or minimizing other adverse consequences of psychoactive substance use.

#### **Medication Assisted Therapy (MAT)**

Any treatment for opioid addiction that includes a medication approved by the U.S. Food and Drug Administration for opioid addiction detoxification or maintenance treatment. This may include methadone, buprenorphine, naltrexone, or vivitrol.

#### **Recovery Support Services**

Services designed and delivered by individuals who have experience with substance-related disorders and recovery to help others initiate, stabilize, and sustain recovery from substance abuse. These services are forms of social support not clinical interventions. This does not include traditional 12 step programs.

#### **Recovery Specialist**

An individual in recovery from a substance-related disorder that assists individuals in gaining access to needed community resources to support their recovery on a peer to peer basis.

#### **Recovery Centers**

A location where a full range of Recovery Support Services are available and delivered on a peer to peer basis.

#### **Recovery Housing**

A democratically run, self-sustaining and drug-free group home for individuals in recovery from substance related disorders.

#### **Human Services Development Fund**

#### Administration

Activities and services provided by the Administrator's Office of the Human Services Department.

#### **Interagency Coordination**

Planning and management activities designed to improve the effectiveness of county human services.

#### **Adult Services**

Services for adults (a person who is at least 18 years of age and under the age of 60, or a person under 18 years of age who is head of an independent household) include: adult day care, adult placement, chore, counseling, employment, home delivered meals, homemaker, housing, information and referral, life skills education, protective, service planning/case management, transportation, or other service approved by DHS.

#### **Aging**

Services for older adults (a person who is 60 years of age or older) include: adult day service, assessments, attendant care, care management, congregate meals, counseling, employment, home delivered meals, home support, information and referral, overnight shelter, personal assistance service, personal care, protective services, socialization/recreation/education/health promotion, transportation (passenger), volunteer services or other service approved by DHS.

#### Children and Youth

Services for individuals under the age of 18 years; under the age of 21 years who committed an act of delinquency before reaching the age of 18 years or under the age of 21 years who was adjudicated dependent before reaching the age of 18 years and while engaged in a course of instruction or treatment requests the court to retain jurisdiction until the course has been completed and their families include: adoption services counseling/intervention, day care, day treatment, emergency placement services, foster family services (except room & board), homemaker, information and referral, life skills education, protective and service planning.

#### **Generic Services**

Services for individuals that meet the needs of two or more populations include: adult day care, adult placement, centralized information and referral, chore, counseling, employment, homemaker, life skills education, service planning/case management, and transportation services.

#### **Specialized Services**

New services or a combination of services designed to meet the unique needs of a specific population that are difficult to meet with the current categorical programs.

#### **Bridge Housing:**

The County has not offered services in this category.

#### **Case Management:**

Previously provided case management services, discontinued due to reduced funding.

#### **Rental Assistance:**

During the fiscal year of 2016-2017 and data thru May 31, 2017, the Susquehanna County Homeless Assistance Program, Trehab was able to assist a total of 47 Households with Rental Assistance. Of the 47 households served, 77 Adults and 45 Children = 121 individuals were assisted rental /eviction issues, emergency fuel and utility situations thus preventing homelessness, avoiding eviction and utility shutoffs.

#### **Emergency Shelter:**

Homeless individuals assisted were a total of 6 adults with a total of 12 nights assisted thru the Susquehanna County HAP program. Trehab Community Services must utilize area motels to help with emergency homeless situations being there are no local shelters in the County. Finding emergency housing is very difficult due to the influx of the Marcellus Shale workers using all available hotels in area. Trehab Staff meets with the individuals to develop a plan of action along with referrals to supportive services.

#### **Other Housing Supports:**

Upon meeting with all clients, Trehab staff directs clients to other Trehab supportive services such as Food Banks, Workforce Development for the unemployed and underemployed, Weatherization, Home Services for homebound, and Transportation Services. Those facing foreclosure, Trehab Community Services assists in completing Pennsylvania Housing Finance Agency's HEMAP (Homeowners Emergency Mortgage Assistance Program) Loan application to help save home from foreclosure/sheriff sale.

#### **Homeless Management Information Systems:**

Reports are sent to County Commissioners and Trehab Board of Directors for Review.

#### SUBSTANCE USE DISORDER SERVICES

Susquehanna County was included in the planning process for this service category. The complete description of services may be found in The Lackawanna County Plan. Susquehanna County is in agreement with the information provided in the Plan.

#### **HUMAN SERVICES AND SUPPORTS/ HUMAN SERVICES DEVELOPMENT FUND**

#### **Adult Services:**

Not Applicable

#### **Aging Services:**

Program Name: Trehab

**Description of Services:** Home Support Services (i.e. Trehab Home Services/Home Support) provides non-medical in home care to homebound seniors. Assistance is provided by Personal Care Aides and includes assistance with personal care, light housekeeping duties, shopping, and errands. Help to maintain normal household functioning when a consumer has a disruption by long or short–term illness or disability. This program assists those that are functionally impaired consumers to remain at home and enables individuals to return to their homes at the earliest possible time following hospitalization.

**Service Category:** Home Support

Which client populations are served: Aging

Planed Expenditures: \$32,464

Program Name: Trehab

**Description of Service:** In collaboration with the local Area Agency on Aging, Trehab HSDF funds help to support Susquehanna County residents over 60 by delivering meals and providing volunteer services to approximately 125 seniors. Home delivered meals are cooked and prepared in a central location; volunteers deliver meals to homebound individuals over 60 years old.

**Service Category:** Home Delivered Meals

Planned Expenditures: \$4,000

Program Name: Trehab

**Description of Service:** Volunteer services are utilized in programs for Susquehanna County seniors that include Friendly Visitor Program, Home Delivered Meals, Drivers for the Meals, Senior Center Volunteers,

Transportation, Exercise Program, Foster Grandparent Program, Apprise and Ombudsman.

Service Category: Volunteer Services

Planned Expenditures: \$6,000

#### **Children and Youth Services:**

Not Applicable

#### **Generic Services:**

Program Name: Trehab

**Description of Services:** Provision of transportation services to low income individuals and seniors, enables individuals to travel to and from community facilities to receive medical needs, senior centers and food banks.

**Service category:** Transportation

Which client populations are served: Adult and Aging

Planned Expenditures: \$600

Program Name: Trehab

**Description of services:** This is an Administrative support only; no direct funds are distributed to clients. Administrative funds are used to support approximately 75 low income adults living in Susquehanna County funded by HSDF income eligible programs. Under HSDF funding provision and guidelines, Trehab serves low income adults and seniors living in Susquehanna County. The Program provides staffing for administration of HSDF income eligible programs i.e. landlord/tenant mediation, eviction, rental assistance, utility assistance, shut offs, emergency shelter, and households facing foreclosure. Trehab is the key point of contact in Susquehanna County assisting those in need with staff coverage 24/7.

Service Category: Service Planning

Which client populations are served: Adult and Aging

Planned expenditures: \$5,580

Please indicate which client populations will be served (must select at least two):

✓ Adult ✓ Aging ✓ CYS ☐ SUD ☐ MH ☐ ID ☐ HAP

#### **Specialized Services**:

Not Applicable

## Interagency Coordination: Not Applicable

#### **Other HSDF Expenditures**

Not Applicable

## APPENDIX C-2 : NON-BLOCK GRANT COUNTIES HUMAN SERVICES PROPOSED BUDGET AND INDIVIDUALS TO BE SERVED

| County:                                  | 1.                 | 2.                         | 3.                          | 4.                           | 5.            |
|--|--------------------|----------------------------|-----------------------------|------------------------------|---------------|
|  | ESTIMATED          | DHS ALLOCATION (STATE      | PLANNED EXPENDITURES        | COUNTY MATCH                 | OTHER PLANNED |
|  | INDIVIDUALS SERVED | & FEDERAL)                 | (STATE & FEDERAL)           | COUNTY MATCH                 | EXPENDITURES  |
| MENTAL HEALTH SERVICES                   |                    |                            |                             |                              |               |
| ACT and CTT                              |                    |                            |                             |                              |               |
| Administrative Management                |                    |                            |                             |                              |               |
| Administrator's Office                   |                    |                            |                             |                              |               |
| Adult Developmental Training             |                    |                            |                             |                              |               |
| Children's Evidence Based Practices      |                    |                            |                             |                              |               |
| Children's Psychosocial Rehabilitation   |                    |                            |                             |                              |               |
| Community Employment                     |                    |                            |                             |                              |               |
| Community Residential Services           |                    |                            |                             |                              |               |
| Community Services                       |                    |                            |                             |                              |               |
| Consumer-Driven Services                 |                    |                            |                             |                              |               |
| Emergency Services                       |                    |                            |                             |                              |               |
| Facility Based Vocational Rehabilitation |                    |                            |                             |                              |               |
| Family Based Mental Health Services      |                    |                            |                             |                              |               |
| Family Support Services                  |                    |                            |                             |                              |               |
| Housing Support Services                 |                    |                            |                             |                              |               |
| Mental Health Crisis Intervention        |                    |                            |                             |                              |               |
| Other                                    |                    |                            |                             |                              |               |
| Outpatient                               |                    |                            |                             |                              |               |
| Partial Hospitalization                  |                    |                            |                             |                              |               |
| Peer Support Services                    |                    |                            |                             |                              |               |
| Psychiatric Inpatient Hospitalization    |                    |                            |                             |                              |               |
| Psychiatric Rehabilitation               |                    |                            |                             |                              |               |
| Social Rehabilitation Services           |                    |                            |                             |                              |               |
| Targeted Case Management                 |                    |                            |                             |                              |               |
| Transitional and Community Integration   |                    |                            |                             |                              |               |
| TOTAL MENTAL HEALTH SERVICES             | -                  |                            | \$ -                        | \$ -                         | \$ -          |
|  |                    | Please enter the MH alloca | ation above (unless your co | unty is a non-submitting joi | nder county). |
| INTELLECTUAL DISABILITIES SERVICES       |                    |                            |                             |                              |               |
| Administrator's Office                   |                    |                            |                             |                              |               |
| Case Management                          |                    |                            |                             |                              |               |
| Community-Based Services                 |                    |                            |                             |                              |               |
| Community Residential Services           |                    |                            |                             |                              |               |
| Other                                    |                    |                            |                             |                              |               |
| TOTAL INTELLECTUAL DISABILITIES SERVICES | -                  |                            | \$ -                        | \$ -                         | \$ -          |

Please enter the ID allocation above (unless your county is a non-submitting joinder county).

## APPENDIX C-2: NON-BLOCK GRANT COUNTIES HUMAN SERVICES PROPOSED BUDGET AND INDIVIDUALS TO BE SERVED

| County:  | 1.                 | 2.                         | 3.                           | 4.                           | 5.              |
|--|--------------------|----------------------------|------------------------------|------------------------------|-----------------|
|  | ESTIMATED          | DHS ALLOCATION (STATE      | PLANNED EXPENDITURES         |                              | OTHER PLANNED   |
|  | INDIVIDUALS SERVED | & FEDERAL)                 | (STATE & FEDERAL)            | COUNTY MATCH                 | EXPENDITURES    |
| HOMELESS ASSISTANCE SERVICES                                   |                    |                            |                              |                              |                 |
| Bridge Housing   |                    |                            |                              |                              |                 |
| Case Management  |                    |                            |                              |                              |                 |
| Rental Assistance  | 100                |                            | \$ 23,385                    |                              |                 |
| Emergency Shelter  | 10                 |                            | \$ 1,800                     |                              |                 |
| Other Housing Supports   |                    |                            | \$ 6,457                     |                              |                 |
| Administration   |                    |                            | \$ 498                       |                              |                 |
| TOTAL HOMELESS ASSISTANCE SERVICES                             | 110                | \$ 32,140                  | \$ 32,140                    |                              | \$ -            |
| CURSTANCE LISE DISCORDED SERVICES                              |                    |                            |                              |                              |                 |
| SUBSTANCE USE DISORDER SERVICES Act 152 Inpatient Non-Hospital |                    |                            |                              |                              |                 |
| Act 152 Administration   |                    | -                          |                              |                              |                 |
| BHSI Administration  |                    | +                          |                              |                              |                 |
| BHSI Case/Care Management                                      |                    |                            |                              |                              |                 |
| BHSI Inpatient Hospital  |                    |                            |                              |                              |                 |
| BHSI Inpatient Non-Hospital                                    |                    |                            |                              |                              |                 |
| BHSI Medication Assisted Therapy                               |                    |                            |                              |                              |                 |
| BHSI Other Intervention  |                    | 1                          |                              |                              |                 |
| BHSI Outpatient/IOP  |                    |                            |                              |                              |                 |
| BHSI Partial Hospitalization                                   |                    | 1                          |                              |                              |                 |
| BHSI Recovery Support Services                                 |                    |                            |                              |                              |                 |
| TOTAL SUBSTANCE USE DISORDER SERVICES                          | -                  |                            | \$ -                         | \$ -                         | -               |
|  | •                  | Please enter the SUD alloc | cation above (unless your co | ounty is a non-submitting jo | oinder county). |
| HUMAN SERVICES DEVELOPMENT FUND                                |                    |                            |                              |                              |                 |
| Adult Services   |                    |                            |                              |                              |                 |
| Aging Services   | 190                |                            | \$ 42,464                    |                              |                 |
| Children and Youth Services                                    |                    |                            |                              |                              |                 |
| Generic Services   | 95                 |                            | \$ 6,180                     |                              |                 |
| Specialized Services   |                    |                            |                              |                              |                 |
| Interagency Coordination                                       |                    |                            |                              |                              |                 |
| Administration   |                    |                            | \$ 1,356                     |                              |                 |
| TOTAL HUMAN SERVICES DEVELOPMENT FUND                          | 285                | \$ 50,000                  | \$ 50,000                    |                              | \$ -            |
|  |                    |                            |                              |                              |                 |
| Please note any utilization of HSDF funds in other categ       |                    |                            |                              |                              |                 |
| categorical and cost center, estimated individuals, estir      | •                  |                            |                              |                              |                 |
| GRAND TOTAL  | 395                | \$ 82,140                  | \$ 82,140                    | \$ -                         | \$ -            |